



Grafton Senior Center

Grafton Senior Center
1665 7th Avenue
Grafton, WI 53024
262-375-5311

Volume 10, Issue 5

September and October 2012

55 Plus Equals Fun!

Senior Coordinator
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Monday - Thursday

9 a.m. - 3:30 p.m.

Friday 9 a.m. - 1 p.m.

Grafton Dining / ADRC 2

Health & Wellness 3

Fireside Trips 4

September Calendar 5

October Calendar 6

Trips / Events 7

Parties / Classes 8
Friendship Club

Meal Site Calendar 9

Points of Interest

- * 30th Anniversary Celebration, Oct. 8-12
- * Shuffleboard League
- * New Computer Classes!

Member of:

Wisconsin Association of Senior Centers (WASC)
Wisconsin Park & Recreation Association (WPRA)

Senior Friendship Club Officers:

President: Ceil Albers

Vice President: Pat Baumann

Secretary: Vacant. Help needed!

Sunshine: Doris Schmidt

Crafts: Lu Newberry

Senior Meetings

Find out what events are coming up, voice your suggestions, and meet new friends.

Next meeting dates: **November 8, 2012, 1:00 p.m. and January 10, 2013, 1:00 p.m.**

Sign-in Policy

Please swipe your membership card at the podium near the east side entrance each day you visit the Center. Visitors are asked to sign the guest book.

2012 Senior Membership

Please note our policy requiring ALL users of the Grafton Senior Center to show proof of membership. Fees for **2012** are \$15.00 for Village of Grafton residents and \$25.00 for non-residents. Each member will receive a swipe card to sign in. Five dollars of the fee will go to the Grafton Senior Friendship Club with the remainder to help offset some of the operational costs of our building. Thank you.

Welcome New Members!

Mary Richmond
Tess Schlidt
Larry Harvey
Lauren Burnette
Betty Marshall

Irene Jordan
Betty Skebba
Kate Harvey
Janet Trapp

Recent Events



Senior Picnic, July 10th. Winners of the egg toss. 1st place Gail Thomas and Violet Roeske, 2nd place Jodie and Richard Wolf



Elvis impersonator, Alan Graveen, kept the Senior Picnic crowd happy and entertained.



Trudy Zarling, on violin and Patty Clemens, on piano, entertain our Tuesday August 21st lunch crowd.

Grafton Dining News / Events

Ozaukee County has a meal site at the Grafton Senior Center and provides delicious meals **catered by Taher Co. of Brown Deer** Monday - Friday. The cost of our meal is a donation to the program. Catch up with friends and meet new neighbors. Call **Lynn**, our Nutrition Site Manager, **one day in advance** at **262-483-1362** by noon. First time diners get a free lunch.

Upcoming Lunch Events:

September 7	Indian Summer Lunch
September 13	Packer Kick-Off Party
September 20	Movie and Lunch, 9:30
September 24	*Information Specialist here 11:30-1:00
September 27	Lunch and BINGO
October 3	October Fest Lunch
October 8-12	Open House at Grafton Senior Center
October 12	Packer Fridays Begin!
October 18	Movie and Lunch, 9:45
October 29	*Information Specialist here 11:30-1:00
October 31	Halloween Lunch Party, 11:30

Aging and Disability Resource Center of Ozaukee County is coming to the Grafton Senior Center.

To increase the outreach efforts to community seniors, the A.D.R.C. of Ozaukee County has a staff person here once a month from 11:30 a.m. - 1:00 p.m. Staff will answer your questions about services or resources available to you to help you stay healthy and independent. FREE!

Dates: September 24 and October 29.

BINGO LUNCH - September 27 and October 25 . Come eat lunch at noon. Bingo to follow sponsored by Comfort Keepers.

Packer Kick-Off Friday

Thursday, September 13. Come for lunch and get a number for Thursday night's game. Winner will receive a free lunch. GO-PACK-GO! Packer Fridays are back and will begin on Friday, October 12 and continue through the season. Wear your green and gold, come for lunch and get a Packer number.

MOVIE AND LUNCH - Thursday, September 20, 9:30 a.m.
"War Horse" Young Albert enlists to serve in World War I after his beloved horse is sold to the cavalry. His hopeful journey takes him out of England and across Europe as the war rages on. Rated PG 13, 146 min.

Thursday, October 18, 9:45 a.m. "Big Miracle" In small town Alaska, a news reporter recruits his ex-girlfriend-a Green-peace volunteer-on a campaign to save a family of gray whales trapped by rapidly forming ice in the Arctic Circle. Starring Drew Barrymore. Rated PG, 107 min.

Sign-up with Lynn for the movies and stay for lunch.

Halloween Party

Wednesday, October 31, 11:30 a.m. BOO! Wear your orange and black or Halloween attire, enjoy appetizers and a ghoulish lunch! What are you scared of? Come join us!

Ongoing Activities

Thursday Night Sheephead Play starts promptly at 7:00 p.m. We suggest arriving any time after 6:00 p.m. to ensure a spot, as set-up time needs to be completed by 7:00 p.m. Please call Ron and Fay Scheel at 377-3040 for more information.

500 and Canasta Do you or someone you know play 500? Canasta? 500 is **now played on Tuesday and Thursday** afternoons at 1:00 p.m. Canasta is played on Tuesdays at 1:00 p.m. Please join us!

Needlework (Many hands make light work.)

Thank you to everyone who has donated yarn. Donations of any color or length are appreciated. We have a group of talented, caring seniors, our "Needle workers", who enjoy knitting hats and booties for newborns at hospitals, gifts for nursing homes, and necessities for those less fortunate year-round. **Please consider joining them on Thursday mornings at 9:00 a.m., we need more hands!**

Calling All Crafters! 30th Anniversary

Decorating Help Needed Just in time for the 30th Anniversary of our senior center, Carol Polster will head up volunteers to make decorations for the ceiling. The theme will be "It's autumn...watch out for falling leaves and flying pumpkins!" See Carol in the craft room, lower level, Mondays 9:30 - 11:30. There are some easy take home painting tasks available too!

Dominoes

Chicken Foot is a fun dominoes game that is easy to learn and can be played with different numbers of players. No partner is needed and there is no pressure to win.

Mexican Train is a fascinating and challenging dominoes game. Domino sets are available in the dining room so you may play any day of the week. Rules for both games are available in the dining room.

Chorus

Chorus will resume on Tuesday, September 18 at 9:30 a.m. Our director is Sarah Roesch and the cost is \$1 each time you come. New voices always welcome! Try it!

Thank you Volunteer Leaders!

500: Ruth Patterson. Bingo: Ann Haugstad and Lu Newberry. Sheephead: Ron and Fay Scheel. Crafts: Peter Swatek, Lu Newberry, Carol Polster, Nancy Milbauer, Pat Baumann. Dominoes: Harvey and Carol Polster. Parties: Pat Baumann, Lu Newberry. Bridge: Peggy Giese. Meal site: Pat Bauman, Lu Newberry, Janet Traxel, and Norb Studelska. Generations Online Computer Help: Frances Bigari. Wii: June.

BINGO Bingo is played on the last Thursday of the month at 1:00 p.m. We provide easy finger slider boards so there is no mess. Sponsored by Comfort Keepers of Grafton.

Health and Wellness

Senior Exercise Class

Stop in and visit our most popular class. Our instructor is Evelyn Nowak. Classes are held every Monday, Wednesday and Friday morning from 10:30-11:30 a.m. Class fee is only \$1 whenever you come. The first half of class includes seated stretches, use of therabands and light hand weights followed by low impact aerobics to music. Fun!

Silver Belles

These ladies love to dance! They are part of the Senior Exercise class and perform for retirement homes, assisted living centers, nursing homes and wherever will have us. The group is choreographed by Evelyn Nowak.

FREE Blood Pressure Checks

Wednesday, Sept. 5 and Oct. 3, 9:30-10:30 a.m.

Meadowmere Northshore in Mequon is proud to sponsor free blood pressure checks on the first Wednesday of the month.

Toe Nail Trimmers Foot Clinic

At the Grafton Senior Center from 9:30 a.m. - 2:00 p.m. Tuesdays, September 11, 25, October 9, 23, November 13, 27 and December 11th. Cost is \$25 for a 30 minute appointment. Call ahead to make a reservation.

Wii

Come Play Wii and meet our awesome volunteer, June!

Wii is fun, improves your range of motion, standing and balance, endurance, posture and socialization. Play virtual bowling, golf, tennis, baseball and more! Open gaming is on the **third Thursday of the month** from 1-2 p.m.



Shuffleboard

Keep active this winter! Shuffleboard will begin October 24th. **Sign up to play on Wednesday mornings at 9:30 a.m.** It is a fun and easy game to learn. We will not play on days with bad weather.

Fitness Room

The Fitness Room is OPEN to all members of the Grafton Senior Center for no extra fee! All users are required to sign a waiver and sign up for an orientation to learn how to use the equipment correctly. This is a great improvement to our Center and will help keep our seniors healthy and active! Try the NEW Schwinn recumbent bike with extra lumbar support!

Swimming Hours– Grafton High School Pool

The indoor pool opens September 17, 2012– May 2013. Adult Swim: Monday and Wednesday 7:00-8:30 p.m. Senior Fees: \$3 Resident; \$4 Town; \$4 Non-Resident

AQUA DYNAMICS and **DEEP WATER AEROBICS** classes are held on Monday and Wednesday evenings from 7:00-8:00 p.m. Next session: September 17-October 31. Register at the Parks and Recreation Department, 675 N. Green Bay Rd. Fee: \$39 residents, \$50 non-residents.

Flu Clinic at Grafton Senior Center

Tuesday, October 2, 9:00 a.m. - 11:00 a.m.

No appointments, just walk in!

Seniors should bring their Medicare cards or pay \$28 for a flu shot. The Public Health Department can now bill Medicare HMO's and straight Medicare. **Questions: Please call Ozaukee County Health Department at 284-8170.**

The FLU + YOU

Each year in the United States, more than nine out of 10 flu-related deaths and more than six out of 10 flu-related hospital stays occur in people aged 65 and older. Older adults are more vulnerable to influenza (commonly called "flu"), a serious infectious disease that can lead to hospitalization, pneumonia, and even death.

FLU + YOU is a program of the National Council on Aging in collaboration with Sanofi Pasteur to educate older adults about the seriousness of influenza, importance of vaccination and available vaccine options for older adults.

The Centers for Disease Control and Prevention (CDC) recommends an annual flu vaccination for everyone 6 months of age and older as the BEST way to help protect themselves from influenza. For adults over the age of 65 it is still critically important to get an influenza vaccine each and every year. Despite these recommendations, immunization rates among this age group are still far below public health goals.

It is important to get immunized against influenza not only to help protect yourself, but also to prevent the spread of influenza and protect those around you, such as family members and friends.

No matter how healthy or youthful we feel or appear, as we age, our immune system weakens, leaving us more vulnerable to influenza and its related complications. As we age, the likelihood of developing other chronic medical conditions (ie: heart disease, COPD, diabetes) also increases, and having one or more underlying chronic conditions further increases the risk of influenza-related death in older patients.

The age-related decline in the immune system also affects the body's response to vaccination. Adults 65 and older have two vaccine options available-the traditional flu shot, as well as a higher dose flu vaccine designed specifically to address the age-related decline of the immune system. Talk to your health care provider today!

~To learn more, visit www.ncoa.org/Flu

The FIRESIDE Dinner Theatre

“Scrooge The Musical”

Thursday, November 15 and Wednesday, December 12. Depart 8:15 a.m.

Who, but The Fireside could present this merry, sparkling, tuneful, boisterous, big Broadway musical version of the world's most beloved Christmas story - Dickens' A Christmas Carol? *Scrooge the Musical* tells this time honored tale of redemption and love as only The Fireside can - with beautiful and rousing musical score (including the well-known "Thank You Very Much"), breath-taking dancing, gorgeous costumes, uproarious comedy, and heart-warming drama - performed by some of the country's finest Broadway and regional performers. Menu: Seafood St. Jaques, Gulf Shrimp and New England Scallops folded into a White Wine Cream Sauce, topped with Garlic Butter Toasted Croutons and baked in a ramekin. Freshly Baked Breads. Chicken Innsbruck, Skinless Breast of Chicken lightly breaded and sautéed, topped with Fresh Mushrooms, Caramelized Onions, Jones Canadian Bacon, Jarlsberg Swiss Cheese and Plum Tomato Wheels. Served with Sweet Potato Souffle with Pecan Crust; Edamame Soybeans, Sweet Corn and Roasted Red Pepper. Santa's Sacher Torte, Chocolate Cake layered with Apricot Filling alongside Bing Cherry Ice Cream. Coffee, Tea and Milk. Cost: \$87.

SIZZLIN' 60'S

Thursday, January 24th. Depart 8:15 a.m.

The 1960's was the most creative, the most turbulent, the most exciting and the most entertaining decade of the last half of the 20th Century. It was an era of new styles, new ideas, and fabulous new music. The Beatles; The Beach Boys; Rolling Stones; The Association; Chicago; The Doors, Crosby, Stills and Nash; Simon and Garfunkel; Peter, Paul and Mary; as well as the Motown sound of The Temptations, The Supremes, The Jackson 5; Stevie Wonder, and Aretha Franklin and much, much more! This season The Fireside will continue their tradition of spectacular live band shows with a tribute to that unforgettable decade! From the creator of VIVA VEGAS comes this all new production featuring Fireside favorite Steve Watts and The Fireside Band and a cast of talented singers and dancers in a dazzling, fast-moving, sizzling' extravaganza! Menu and Cost: TBA.

Footloose

Wednesday, March 6th. Depart 8:15 a.m.

When Chicago teenager Ren McCormack moves to the small town of Bomont he is shocked to find a gloomy place where dancing has been outlawed by the city fathers. He sets out to change the law and the minds of the town council and bring laughter and fun back to the town. His journey is the basis for one of the most exciting, vibrant, and entertaining musicals you'll ever see. FOOTLOOSE is filled with high energy singing, heart-pounding rhythms, and ultimately some of Broadway's most spectacular dancing. It is a show that will bring generations together and bring audiences to their feet in a dazzling production featuring hit songs "Let's Hear it For the Boy", "I Need a Hero" and the well known title song. Menu and Cost TBA.

2013 Shows!!! Annie Get Your Gun, Thursday, May 2; **Little Shop of Horrors**, Wednesday, July 10; **Run For Your Wife**, Thursday, August 1; **Once Upon a Mattress**, Thursday, September 12; **A Fireside Christmas**, Thursday, November 11 and Wednesday, December 11. Price and departure times to be determined after contracts received.

September 2012

Monday	Tuesday	Wednesday	Thursday	Friday
3 CLOSED! LABOR DAY	4 9:30 Bocce Ball 1:00 Canasta 500 Sheepshead	5 9:30-10:30 Blood Pressure Check 10:30 Exercise 12:30 Ceramics 1:00 Cribbage Bridge Dominoes	6 8:15 Fireside Trip 9:00 Needlework 1:00 DKG Book Discussion 1:00 Sheepshead 500 7:00 Sheepshead	7 9:00 Hand and Foot 10:30 Exercise
10 10:30 Exercise 1:00 Crafts Bridge Dominoes Scrapbooking	11 9:30 Bocce Ball 9:30-2 Foot Clinic	12 10:30 Exercise 12:30 Ceramics 1:00 Cribbage Bridge Dominoes	13 9:00 Needlework 1:00 Sheepshead 500 7:00 Sheepshead	14 9:00 Hand and Foot 9:30 Email Attachments 10:30 Exercise 10:45 Beginner Facebook
17 10:30 Exercise 1:00 Bridge Dominoes Scrapbooking	18 6:15 Amish Trip Departs 8:30 Bocce Breakfast 9:30 Golden Tones 1:00 Canasta 500 Sheepshead	19 10:30 Exercise 12:30 Ceramics 1:00 Cribbage Bridge Dominoes	20 9:00 Needlework 9:30 Movie and Lunch 1:00 Sheepshead 500 1:00 Wii with June! 7:00 Sheepshead	21 9:00 Hand and Foot 9:30 Email Attachments 10:30 Exercise 10:45 Beginner Facebook
24 10:30 Exercise 1:00 Bridge Dominoes Scrapbooking 11:30-1 A.D.R.C. Help	25 9:30 Golden Tones 9:30-2 Foot Clinic 1:00 Canasta 500 Sheepshead	26 10:30 Exercise 12:30 Ceramics 1:00 Cribbage Bridge Dominoes	27 9:00 Needlework 1:00 Sheepshead 500 ~L.L. 7:00 Sheepshead 1:00 BINGO	28 9:00 Hand and Foot 9:30 Email Attachments 10:30 Exercise 10:45 Beginner Facebook

Birthdays

2 Bob Reineck
4 Helga Haber
5 Val Wilde
11 Mary Schaub
16 Mary Poull
16 Bob Frea
17 Shrikar Bangalore
19 Charles Harmon
23 Mary Ann Bintzler
26 Charlotte Mielke
27 Doris Ahlers
30 Tom Johnston

Special Events this Month:

Golden Tones Chorus Begins! Tuesday, September 18, 9:30 a.m. \$1.00 per rehearsal. New voices ALWAYS welcome!

Wii Gaming, Thursday, September 20, 1:00 p.m. Learn to play those games on the Wii system that you've heard so much about while getting great exercise!

Movie and Lunch, Thursday, September 20, 9:30 a.m. "War Horse".

BINGO, Thursday, September 27, 1:00 p.m. Cash prizes donated by Comfort Keepers.

October 2012

Monday	Tuesday	Wednesday	Thursday	Friday
1 10:30 Exercise 1:00 Book Club Bridge Dominoes Scrapbooking	2 9-11 Flu Clinic 9:30 Golden Tones 1:00 Canasta 500 Sheepshead	3 9:30-10:30 Blood Pressure Check 10:30 Exercise 12:00 October Fest Lunch 12:30 Ceramics 1:00 Cribbage/Bridge Dominoes	4 7:15 Switzerland Trip Departs 9:00 Needlework 1:00 Sheepshead 500 1:00 D.K.G. Book Discussion 7:00 Sheepshead	5 9:00 Hand and Foot 9:30 Email Attachments 10:30 Exercise 10:45 Beginner Facebook
8 30TH ANNIVERSARY CELEBRATION WEEK! 10:30 Exercise 11:30 Musical Entertainment over the lunch hour 1:00 Bridge Dominoes Scrapbooking	9 9:30-2 Foot Clinic 11:30 Golden Tones Concert 1:00 Canasta 500 Sheepshead	10 10:30 Exercise Class Demo and Check out our Fitness Room! 12:30 Ceramics 1:00 Cribbage/Bridge Dominoes	11 9:00 Needlework 1:00 Wii Play w/June 1:00 OPEN GAME DAY- Come play the card or board game of your choice. Snacks and drinks served! 7:00 Sheepshead	12 9:00 Hand and Foot 9:30 Meet the Computer Teacher 10:30 Exercise 11:45 Packer Lunch w/ Lynn & 30th Anniversary Cake
15 10:30 Exercise 1:00 Crafts Bridge/Dominoes Scrapbooking	16 9:30 Golden Tones 1:00 Canasta/500 Sheepshead	17 10:30 Exercise 12:30 Ceramics 1:00 Cribbage/Bridge Dominoes	18 9:00 Needlework 9:45 Movie and Lunch 1:00 Sheepshead 500 7:00 Sheepshead	19 9:00 Hand and Foot 9:30 Computer Basics Part 1 10:30 Exercise 10:45 Digital Cameras
22 10:30 Exercise 1:00 Bridge Dominoes Scrapbooking	23 9:30-2 Foot Clinic 9:30 Golden Tones 1:00 Canasta / 500 Sheepshead	24 9:30 Shuffleboard 10:30 Exercise 12:30 Ceramics 1:00 Cribbage/Bridge Dominoes	25 9:00 Needlework 1:00 BINGO 1:00 Sheepshead~LL 500~LL 7:00 Sheepshead	26 9:00 Hand and Foot 9:30 Computer Basics Part 1 10:30 Exercise 10:45 Digital Cameras
29 10:30 Exercise 1:00 Bridge Dominoes Scrapbooking 11:30-1 A.D.R.C. Help	30 9:30 Golden Tones 1:00 Canasta / 500 Sheepshead	31 9:30 Shuffleboard 10:30 Exercise 11:30 Halloween Lunch 12:30 Ceramics 1:00 Cribbage/Bridge Dominoes		

Birthdays

- | | |
|---|---|
| 1 Rita Remitz
2 Nora Berndt
2 David Cook
4 Alice Wade
6 Irene Jordan
10 Lyle Fries
10 Nancy DeBrozzo
11 Miriam Shelstad
13 Ron Telega
13 Doris Linsley
13 Dorothy Lucht | 14 Clay Leque
15 Bob VanDyck
17 Joseph Stickney
21 Kate Harvey
22 Irene Ransom
22 Gail Thomas
23 Josephine Redemann
24 Tillie Smieja
26 Ken Trost
28 Anita Hoffmann
29 Scott Phillips
29 Jean Wagner |
|---|---|

Special Events this Month:

Ozaukee County Health Department Flu Clinic, Tuesday, October 2, 9:00 - 11:00 a.m. Lower level of Grafton Senior Center.

30th Anniversary Celebration and Open House, Monday, October 8 - Friday, October 12. Check calendar above for specific events each day.

Movie and Lunch, Thursday, October 18, 9:45 a.m. "Big Miracle".

Shuffleboard Begins! Wednesday, October 24, 9:30 a.m. FREE!

Bingo, Thursday, October 25, 1:00 p.m. Cash prizes donated by Comfort Keepers.

Day Trip Policies

Please park your car farthest from the entrances.

Policy: We have the right to cancel the trip if we do not have the minimum number of participants to cover the cost, so please sign up before the deadline. Cancellations within three weeks will be refunded only if someone fills the spot. Please notify us when registering if you have special needs.

A Day in Switzerland, Thursday, October 4.

Depart 7:15 a.m. Return 6:30 p.m. Enjoy a scenic tour with a step-on-guide. Shop at a Bäckerei, Maple Leaf Cheese & Chocolates, Esther's European Imports, an Antique Store, Brenda's Blumeladen and more in a quaint 2 block area with Swiss style architecture. Lunch at the New Glarus Hotel with a Cheese Fondue demonstration, musical entertainment and choice of entrée. (See flyer for choices.) Stops at Primrose Winery and New Glarus Beer for tastings. Cost: \$75 includes deluxe motor coach, escort, admissions, lunch, tastings and gratuities. Payment due September 4.

LaVerne & Shirley, Saturday, October 27, depart

7:45 a.m., return 5:30 p.m. Take a driving tour to see the opening shot of the Laverne & Shirley show, City Hall, the Polish flats where they lived, Brewery where they worked and the Fonz Statue. Tour the Lakefront Brewery with samples. Enjoy an Italian Pizza Buffet Lunch. Play a game of mini-bowling. After working off lunch enjoy a treat at Leon's Drive-In. Cost: \$85. Payment due October 5.

Sea Islands Travel Presentation

Thursday, November 8th at 1:30 p.m. Learn more about The Sea Islands tour featuring Beaufort, Savannah and Charleston departing on April 20, 2013. Receive a travel savings of \$50/person when you attend the presentation and make your reservation the same day! Enjoy light refreshments and door prizes!! Call Grafton Senior Center at 375-5311 to reserve your seat at the travel presentation and receive a complete itinerary. (Presented by Mayflower Tours)

Ho-Chunk, Friday, November 9, depart 8:15 a.m.,

return 7:30 p.m. Ho-Chunk is located in Baraboo, WI and just added a Poker room and a bar/lounge area plus over 1,000 new machines, even penny slots! They offer a non-smoking area in the casino, a large array of nickel machines, an Off-Track betting parlor and all Las Vegas-style gaming. Cost: \$35, includes deluxe motor coach transportation and \$25 slot credit. Receive 10% off your meal w/a valid Players Card at Standing Rock buffet. See flyer for itinerary details.

Shopping, Monday, November 19, depart 8:15 a.m.

return 6:00 p.m. Join us at the Fox River Valley Mall in Appleton as we shop 'til we drop! With over 180 stores you should be able to find something for everyone on your list. Cost: \$25 includes motor coach transportation, snack and a beverage. Lunch is on your own. Door prizes! Payment due November 9.

An All New Hooray for the Holidays!

Tuesday, December 4. Depart 9:45 a.m. Return 7:00 p.m.

Arrive at the *Winter Wonderland* at the Forum Theatre with the all new Festival of Trees, an elaborate display of Christmas trees and new this year, "Quilts of Christmas" display! Enjoy a three course lunch served in the Forum Theatre and a more elaborate show with more dancers and a larger six piece orchestra. See flyer for more information. Cost: \$93.

Extended Trips

See trip fliers for detailed itineraries and pricing.

California New Years Getaway, Dec. 29, - Jan. 2, 2013.

5 Days, 6 meals, with an optional 3 night Las Vegas post tour extension. Float Viewing, band fest, New Year's Eve Party, Tournament of Roses Parade, Legends in Concert Show. This trip is provided by Collette Vacations. Flyers with itinerary details and prices can be picked up here at the Senior Center.

The Sea Islands, featuring Beaufort, Savannah & Charleston. Departs April 20, 2013. 8 days, 11 meals. Free home pickup / return. 3 nights in Beaufort, SC. Tour the Int'l.

Museum of the Horse at the Kentucky Horse Park. Narrated trolley tour of Savannah. Narrated horse-drawn carriage tour of Beaufort's antebellum homes. Dolphin watching tour aboard the Prince of Tides, Barbara Jean's Restaurant, Penn Center Museum, Hunting Island State Park. Guided tour of historic Charleston, Boone Hall Plantation & Gardens and Great Smoky Mountains State Park. Hatfield and McCoy Dinner Show. \$40 Mayflower money.

Beijing City Stay with optional 2-night Hong Kong Post

Tour Extension departs February 25, 2013. Highlights include Beijing Zoo, Tiananmen Square, Forbidden City, Peking Duck Dinner and Opera, The Great Wall, Olympic Green Temple of Heaven and Rickshaw Tour. Cost: \$2059, includes all this and your stay at a five-star hotel. Sign-up in the office with Karin or Janelle.

2012 At a Glance

September 6	<i>Hello Dolly</i> - Fireside
Sept. 18-21	Amish Indiana Adventures
October 4	A Day in Switzerland
October 12	30th Anniversary of the Senior Center Party
October 27	Laverne & Shirley
November 8	Sea Islands Travel Presentation
November 9	Ho-Chunk trip with High Rollers
November 15	<i>Scrooge The Musical</i> - Fireside
November 19	Fox River Mall Shopping Trip, Appleton
December 4	Hooray for the Holidays
December 12	<i>Scrooge The Musical</i> - Fireside
Dec. 29-Jan. 2	California New Year's Getaway, Collette

Thursday, January 10, Annual Membership Pizza Party and Travel Show. Plan on attending to find out more about 2013 trips!

2013 Fireside dates on page 4.

April 20-27, 2013 The Sea Islands - Mayflower Tours

Feb. 25, 2013 Beijing City Stay

Gift Certificates

When your families are wondering what to get you for your birthday or holiday, tell them to get a gift certificate from the Grafton Senior Center. They can be purchased for any amount and used for any day trip, party or special event.

Generations on Line

Generations on Line is a national non-profit program that promotes Internet access and literacy to elders 65 and over who are not familiar with computers. It provides simplified Internet access and on-screen basic training for elders for **FREE!** We have a computer set-up for this program in the dining room where you can learn at your own pace.

A few benefits it offers:

- Simplified email, with a free email account
- Internet searching in 36 languages
- Intergenerational section
- Easy links to other websites (Medicare, Social Security, Veterans information and newspapers from around the world).

Senior Friendship Club member, Frances Bigari has offered to help anyone who like to try this program. Please call (262) 377-6428 for an appointment.

Monday Book Club is back!

Our first Monday of the month book club will resume on October 1, 2012 at 1:00. Ann Vaughan will lead the group discussion of the book, **The Road to Grace** by Richard Paul Evans. **Free activity!** Pick up books or CD's at the Grafton Public Library. Upcoming books: November 5th, **Murder of a Beauty Shop Queen** by Bill Crider, December 3rd, **Sneaky Pie for President** by Rita Mae Brown & Sneaky Pie Brown and January 7th, **Harmless as Doves** by Paul L. Gaus.

Senior Scrapbook Free activity!

Help preserve some great memories at our Senior Center! We have photos and newspaper articles we would like to display in our scrapbooks. We will provide the materials. No experience necessary. The group meets on Mondays from 1:00-3:00 p.m.

Computer Classes Offered

Small classes of 5-6 people with hands-on training. Specific class subjects will be taught by **Sherry** through **Sandia Creations** on Friday mornings. Choices: Computer Basics Part 1 and 2; Internet; Email, Microsoft Word 2010; Email Attachments; Digital Cameras and Facebook. Agendas based on the needs of each class. You must pre-register for these classes.

Call 375-5311. Fee \$38. Students are welcome to bring their own laptops to class, or one will be provided for class use.

Email Attachments, 9:30-10:30 a.m., Fridays: September 14, 21, 28, and October 5, 2012. Fee: \$38.00

Do you know how to use email, but don't know how to send photos and documents as attachments to your email? You will also learn how to save incoming email attachments to your computer. Understanding of basic email is required for this class.

Beginner Facebook, 10:45-11:45 a.m., Fridays: September 14, 21, 28, and October 5, 2012. Fee: \$38.00

If you have friends and family living across the country, stay connected with Facebook. Learn how to connect by "friending", posting messages, navigating privacy settings, and learning how to navigate the News Feed. We will set you up with a Facebook account prior to the start of class. Understanding how to navigate the Internet is required for this class.

Computer Basics Part 1, 9:30- 10:30 a.m., Fridays: October 19, 26, November 2, and 9, 2012. Fee: \$38.00

Designed for individuals that have never used the computer before or to refresh their memory on basic computer function. Power on/off the computer, use the mouse, navigate the Start menu and open and close programs. You will learn WordPad, which is a basic program similar to Microsoft Word.

Digital Cameras, 10:45- 11:45 a.m., Fridays: October 19, 26, November 2 and 9, 2012. Fee: \$38.00

This class is for students who are new to digital cameras or need additional help in understanding the camera's function. We will work with the student's specific camera, so the student is encouraged to bring the camera's operating manual to class. Students will learn how to compose a picture, download pictures onto the computer, use basic editing tools, save pictures to the computer and burn a CD. Knowledge of understanding computer basics is required for this class. Students are welcome to bring their own laptop to use during this class.

Parties

30th Anniversary of the Senior Center Celebration!

Celebrate 30 Years of the Grafton Senior Center We will have several special events held the week of October 8th - 12th. Join us for class demonstrations, special lunches and live entertainment. **Friday, October 12th** we will cut the 30th Anniversary cake. If you would like to help with this celebration please contact Karin, Janelle or Ceil Albers. See details on the October calendar, page 6, of this newsletter.

Christmas Party

SAVE THE DATE! Wednesday, December 5, 3 p.m.

Membership Pizza Party

SAVE THE DATE! Thursday, January 10, 2013.

Senior Friendship Club meeting, pizza soda, and ice cream as well as a Travel Show!

Delta Kappa Gamma Book Discussions

1:00 p.m. here on the first Thursday of the month. Delta Kappa Gamma received a grant to purchase large print books, audio books and CD players in order to lead book discussions with groups of seniors residing in Ozaukee County.

Next book discussion will be held on September 6. The book to be discussed is **A Heart Mender** by Andy Andrews. A story of how some people's lives were affected when German U-Boats were attacking our country's merchant ships in the Gulf of Mexico in the early 1940's.

Upcoming books:

October 4: **Major Pettigrew's Last Stand** by Helen Simonson; November 1st: **The Personal History of Rachel Dupree** by Ann Weisgarber; January 3rd: **The Language of Flowers** by Vanessa Diffenbaugh; and February 7th: **Book Thief** by Markus Zusak.

Sign up in the office. FREE! Questions call 377-6380.

