



Grafton Senior Center

Grafton Senior Center
1665 7th Avenue
Grafton, WI 53024
262-375-5311

Volume 10, Issue 6

November and December 2012

55 Plus Equals Fun!

Senior Coordinator
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Assistant

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Monday - Thursday

9 a.m. - 3:30 p.m.

Friday 9 a.m. - 1 p.m.

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Points of Interest

- * Beginner iPad class
- * Balance & Fall Prevention Screening. Free.
- * Ping Pong

Member of:
Wisconsin Association of Senior Centers (WASC)
Wisconsin Park & Recreation Association (WPRA)

Senior Friendship Club Officers:

President: Ceil Albers
Vice President: Pat Baumann
Secretary: Vacant. Help needed!
Sunshine: Doris Schmidt
Crafts: Lu Newberry

Senior Meetings

Find out what events are coming up, voice your suggestions, and meet new friends. Next meeting dates: **November 8, 2012, 1:00 p.m. and January 10, 2013, 1:00 p.m.**

Sign-in Policy

Please swipe your membership card at the podium near the east side entrance each day you visit the Center. Visitors are asked to sign the guest book.

2013 Senior Membership

Please note our policy requiring ALL users of the Grafton Senior Center to show proof of membership. Fees for **2013** remain the same at \$15.00 for Village of Grafton residents and \$25.00 for non-residents. Each member will receive a swipe card to sign in. Five dollars of the fee will go to the Grafton Senior Friendship Club with the remainder to help offset some of the operational costs of our building. Thank you.

Welcome New Members!

Shirley Schinker	Rachel Goldberg
Bonnie Orten	Gerry Orten
Carol Beaster	Una Eberfeld

30th Anniversary Celebration Week

Vi Roeske joins granddaughter Windy Bohn for a song to kick off the 30th Anniversary week celebration.



The Kitchen Band includes Pat B., Ceil A., Diane H., Lucy P., Lu N., Joan H.



The Golden Tones Chorus have fun singing with kazoos.



Karin presents Louise Zahn with a plant. Louise is 99 years young and has been a member here ALL 30 years!

Grafton Dining News / Events

Ozaukee County has a meal site at the Grafton Senior Center and provides delicious meals **catered by Taher Co. of Brown Deer** Monday - Friday. The cost of our meal is a donation to the program. Catch up with friends and meet new neighbors. Call **Lynn**, our Nutrition Site Manager, **one day in advance** at **262-483-1362** by noon. First time diners get a free lunch.

Upcoming Lunch Events:

November 8	Bring a new Friend to lunch, receive a free lunch for a future day!
November 15	Movie and Lunch at 9:45 a.m.
November 15	Medicare Part D info. Help at 12:30 p.m.
November 22/23	Closed for Thanksgiving
November 26	A.D.R.C. help
November 29	Bingo and Lunch
December 12	Christmas Lunch Party at 11:30 a.m.
December 17	A.D.R.C. Help
December 24/25	Closed for Christmas
December 27	Bingo and Lunch

Aging and Disability Resource Center of Ozaukee County is coming to the Grafton Senior Center.

To increase the outreach efforts to community seniors, the A.D.R.C. of Ozaukee County has a staff person here once a month from 11:30 a.m. - 1:00 p.m. Staff will answer your questions about services or resources available to you to help you stay healthy and independent. **FREE!**

Dates: November 26 and December 17.

Medicare Part D and Advantage Plans open Enrollment Help. Open Enrollment for Medicare Part D and Advantage Plans is from Oct. 15 - Dec. 7. Plans change every year, so it's a good idea to look at all of the plans available, even if you think your coverage is good. The Elder Benefit Specialist from the A.D.R.C. of Ozaukee County will be available here at 12:30 p.m. on Thursday, November 15 to talk about the changes in plans and help seniors decide if a switch is in order. If you would like help comparing plans in the Medicare Plan Finder please bring along a current list of medications with the correct spellings and dosages.

BINGO LUNCH - November 29 and December 27. Come eat lunch at noon. Bingo to follow sponsored by Comfort Keepers.

MOVIE AND LUNCH - Thursday, November 15, 9:45 a.m. *Miracle on 34th Street.* Rated G. When a nice old man who claims to be Santa is institutionalized as insane, a young lawyer decides to defend him by arguing in court that he is the real thing. **Sign-up with Lynn for the movie and stay for lunch.** No movie in December.

Packer Fridays - Come for lunch on Friday and get a number for the Packer game. You may win a free lunch!

Christmas Lunch Party - Wednesday, December 12 at 11:30 a.m. The Golden Tones Chorus will perform Christmas carols for us before and after lunch. Enjoy appetizers and door prizes.

Ongoing Activities

Thursday Night Sheepshead Play starts promptly at 7:00 p.m. We suggest arriving any time after 6:00 p.m. to ensure a spot, as set-up time needs to be completed by 7:00 p.m. Please call Ron and Fay Scheel at 377-3040 for more information.

500 and Canasta Do you or someone you know play 500? Canasta? 500 is **now played on Tuesday and Thursday** afternoons at 1:00 p.m. Canasta is played on Tuesdays at 1:00 p.m. Please join us!

Needlework (Many hands make light work.)

Thank you to everyone who has donated yarn. Donations of any color or length are appreciated. We have a group of talented, caring seniors, our "Needle workers", who enjoy knitting hats and booties for newborns at hospitals, gifts for nursing homes, and necessities for those less fortunate year-round. **Please consider joining them on Thursday mornings at 9:00 a.m., we need more hands!**

Calling All Crafters

Crafters meet on Mondays at 1:00 p.m. in the dining room. Thank you to Lu Newberry, Peter Swatek, Carol Polster, Nancy Milbauer and Pat Baumann for all of their hard work to make the Center look nice.

Dominoes

Chicken Foot is a fun dominoes game that is easy to learn and can be played with different numbers of players. No partner is needed and there is no pressure to win.

Mexican Train is a fascinating and challenging dominoes game. Domino sets are available in the dining room so you may play any day of the week. Rules for both games are available in the dining room.

Chorus

Chorus meets every Tuesday morning from 9:30-10:30 a.m. Our director is Sarah Roesch and the cost is \$1 each time you come. New voices always welcome! Try it!

Thank you Volunteer Leaders!

500: Ruth Patterson. Bingo: Ann Haugstad and Lu Newberry. Sheepshead: Ron and Fay Scheel. Crafts: Peter Swatek, Lu Newberry, Carol Polster, Nancy Milbauer, Pat Baumann. Dominoes: Harvey and Carol Polster. Parties: Pat Baumann, Lu Newberry, Lucy Prucca. Bridge: Elaine Kortenhoff. Meal site: Pat Baumann, Lu Newberry, Janet Traxel, and Norb Studelska. Generations Online Computer Help: Frances Bigari. Wii: June.

BINGO Bingo is played on the last Thursday of the month at 1:00 p.m. We provide easy finger slider boards so there is no mess. Sponsored by Comfort Keepers of Grafton. Papa Murphy's Pizza of Grafton also provides one lucky winner a coupon each month for a free large pizza!

Health and Wellness

Senior Exercise Class

Stop in and visit our most popular class. Our instructor is Evelyn Nowak. Classes are held every Monday, Wednesday and Friday morning from 10:30-11:30 a.m. Class fee is only \$1 whenever you come. The first half of class includes seated stretches, use of therabands and light hand weights followed by low impact aerobics to music. Fun!

Silver Belles

These ladies love to dance! They are part of the Senior Exercise class and perform for retirement homes, assisted living centers, nursing homes and wherever will have us. The group is choreographed by Evelyn Nowak.

FREE Blood Pressure Checks

Wednesday, Nov. 7 and Dec. 5, 9:30-10:30 a.m.

Meadowmere Northshore in Mequon is proud to sponsor free blood pressure checks on the first Wednesday of the month.

Toe Nail Trimmers Foot Clinic

At the Grafton Senior Center from 9:30 a.m. - 2:00 p.m.

Tuesdays, November 13, 27 and December 11, and Friday, December 21. Cost is \$25 for a 30 minute appointment.

Call ahead to make a reservation.

Wii

Come Play Wii and meet our awesome volunteer, June! She will teach you how to play. Wii is fun, improves your range of motion, standing and balance, endurance, posture and socialization. Play virtual bowling, golf, tennis, baseball and more! Open gaming is on the third Thursday of the month from 10:00-11:00 a.m. **NOTE THE TIME HAS CHANGED!**

Shuffleboard

Keep active this winter! Shuffleboard began on October 24th.

Sign up to play as a substitute player on Wednesday mornings at 9:30 a.m. It is a fun and easy game to learn. We will not play on days with bad weather.

Fitness Room

The Fitness Room is OPEN to all members of the Grafton Senior Center for no extra fee! All users are required to sign a waiver and sign up for an orientation to learn how to use the equipment correctly. This is a great improvement to our Center and will help keep our seniors healthy and active! Try the NEW Schwinn recumbent bike with extra lumbar support!

Medicare Part D and Advantage Plans

Thursday, November 15, 12:30-3:00 p.m.

Open Enrollment for Medicare Part D and Advantage Plans is from Oct. 15-Dec. 7. Plans change every year, so it's a good idea to look at all of the plans available, even if you think your coverage is good. If you would like help comparing plans with the Medicare Plan Finder sign-up for a twenty minute appointment in the Senior Center Office with an Elder Benefit Specialist from the A.D.R.C. Please bring along a current list of medications with the correct spellings and dosages.

Balance and Fall Prevention Screening

Good balance is important to help you get around, stay independent, and carry out daily activities and prevent falls. Don Olsen, EdD., PT, OCS is offering a **free** balance and fall prevention screening on **Monday, December 10 from 11:30 a.m. - 1:30 p.m.** Sign-up in the Senior Center Office for your 20 minute appointment.

Swimming Hours- Grafton High School Pool

The indoor pool is open through May 2013 (closed December 24-January 1).

Adult Swim: Monday and Wednesday 7:00-8:30 p.m.

Open Swim: Saturdays from 1 - 3 p.m.

Senior Fees: \$3 Resident; \$4 Town; \$4 Non-Resident

AQUA DYNAMICS and **DEEP WATER AEROBICS** classes are held on Monday and Wednesday evenings from 7:00-8:00 p.m. Next session: **November 5 -December 19.** Register at the Parks and Recreation Department, 675 N. Green Bay Rd. Fee: \$39 residents, \$50 non-residents.

Ping Pong Anyone?

The Grafton Senior Friendship Club has purchased a **LIKE-NEW** Ping Pong table and equipment. Please stop in the office to sign-up for this new indoor winter / spring league!

Healthy Aging: Tips for coping with change...

As you age, there will be periods of both joy and stress. It's important to build your resilience and find healthy ways to cope with challenges. This ability will help you make the most of the good times and keep your perspective when times are tough, no matter what our age!

1. **Focus on the things you're grateful for.** The longer you live, the more you lose. But as you lose people and things, life becomes even more precious. When you stop taking things for granted, you appreciate and enjoy what you have even more.
2. **Acknowledge and express your feelings.** You may have a hard time showing strong emotions, perhaps feeling that such a display is inappropriate and weak. But burying your feelings can lead to anger, resentment, and depression. Don't deny what you're going through. Find healthy ways to process your feelings, perhaps by talking with a close friend or writing in a journal.
3. **Accept the things you cannot change.** Many things in life are beyond our control. Rather than stressing out over them, focus on the things you can control such as the way you choose to react to problems. Face your limitations with dignity and a healthy dose of humor.
4. **Look for the silver lining.** As the saying goes, "What doesn't kill us makes us stronger." When facing major challenges, try to look at them as opportunities for personal growth. If your own poor choices contributed to a stressful situation, reflect on them and learn from your mistakes.
5. **Take daily action to deal with life's challenges.** When challenges seem too big to handle, sweeping them under the carpet often appears easier. But ignoring the problem doesn't make it go away; it allows both the problem and your anxiety to build. Instead, take things one small step at a time. Even a small step can go a long way to boosting your confidence and reminding you that you are not powerless.

~Helpguide.org

The FIRESIDE Dinner Theatre

“Scrooge The Musical”

Wednesday, December 12. Depart 8:15 a.m.

Who, but The Fireside could present this merry, sparkling, tuneful, boisterous, big Broadway musical version of the world's most beloved Christmas story - Dickens' A Christmas Carol? *Scrooge the Musical* tells this time honored tale of redemption and love as only The Fireside can - with beautiful and rousing musical score (including the well-known "Thank You Very Much"), breath-taking dancing, gorgeous costumes, uproarious comedy, and heart-warming drama - performed by some of the country's finest Broadway and regional performers. Menu: Seafood St. Jaques, Gulf Shrimp and New England Scallops folded into a White Wine Cream Sauce. Freshly Baked Breads. Chicken Innsbruck, served with Sweet Potato Souffle; Edamame Soybeans, Sweet Corn and Roasted Red Pepper. Santa's Sacher Torte with Bing Cherry Ice Cream. Coffee, Tea and Milk. Cost: \$87.

SIZZLIN' 60'S

Thursday, January 24. Depart 8:15 a.m.

The 1960's was the most creative, the most turbulent, the most exciting and the most entertaining decade of the last half of the 20th Century. It was an era of new styles, new ideas, and fabulous new music. The Beatles; The Beach Boys; Rolling Stones; The Association; Chicago; The Doors, Crosby, Stills and Nash; Simon and Garfunkel; Peter, Paul and Mary; as well as the Motown sound of The Temptations, The Supremes, The Jackson 5; Stevie Wonder, and Aretha Franklin and much more! This season The Fireside will continue their tradition of spectacular live band shows with a tribute to that unforgettable decade! From the creator of VIVA VEGAS comes this all new production featuring Fireside favorite Steve Watts and The Fireside Band and a cast of talented singers and dancers in a dazzling, fast-moving, sizzlin' extravaganza! Menu: Cream of Shiitake Mushroom Soup, flavored with Spanish Sherry. Fresh Baked Breads. Beef and Bird: Boneless Short Ribs of Beef slowly braised in Red Wine. Accompanied by Chicken Waterford: a skinless Breast dipped in egg batter, lightly breaded and sauteed, topped with Leeks, Corned Beef, Jarlsberg Swiss Cheese and presented on an Irish Mustard Cream Sauce. Served with Seasoned Baked Yukon Gold Potatoes and Green String Beans. Lemon Chess Pie garnished with Whipped Cream and Fresh Strawberry Coulis. Coffee, Tea or Milk. Cost: \$87.

Footloose

Wednesday, March 6. Depart 8:15 a.m.

When Chicago teenager Ren McCormack moves to the small town of Bomont he is shocked to find a gloomy place where dancing has been outlawed by the city fathers. He sets out to change the law and the minds of the town council and bring laughter and fun back to the town. His journey is the basis for one of the most exciting, vibrant, and entertaining musicals you'll ever see. FOOTLOOSE is filled with high energy singing, heart-pounding rhythms, and ultimately some of Broadway's most spectacular dancing. It is a show that will bring generations together and bring audiences to their feet in a dazzling production featuring hit songs "Let's Hear it For the Boy", "I Need a Hero" and the well known title song. Menu TBA.. Cost: \$87.

2013 Shows!!! Annie Get Your Gun, Thursday, May 2; **Little Shop of Horrors**, Wednesday, July 10; **Run For Your Wife**, Thursday, August 1; **Once Upon a Mattress**, Thursday, September 12; **A Fireside Christmas**, Thursday, November 11 and Wednesday, December 11. Cost: \$87.

November 2012

Monday	Tuesday	Wednesday	Thursday	Friday
			1 9:00 Needlework 1:00 DKG Book Discussion 1:00 Sheepshead 500 7:00 Sheepshead	2 9:00 Hand and Foot 9:30 Computer Basics, 1 10:30 Exercise 10:45 Digital Cameras
5 10:30 Exercise 1:00 Book Club 1:00 Crafts Bridge Dominoes Scrapbooking	6 9:30 Golden Tones 1:00 Canasta 500 Sheepshead	7 9:30-10:30 Blood Pressure Check 9:30 Shuffleboard 10:30 Exercise 12:30 Ceramics 1:00 Cribbage Bridge Dominoes	8 9:00 Needlework 1:00 Senior Mtg. 1:30 Travel Presentation 1:00 Sheepshead~LL 500~LL 7:00 Sheepshead	9 8:15 Ho-Chunk departs 9:00 Hand and Foot 9:30 Computer Basics, 1 10:30 Exercise 10:45 Digital Cameras
12 10:30 Exercise 1:00 Bridge Dominoes Scrapbooking	13 9:30 Golden Tones 9:30-2 Foot Clinic 1:00 Canasta 500 Sheepshead	14 9:30 Shuffleboard 10:30 Exercise 12:30 Ceramics 1:00 Cribbage Bridge Dominoes	15 9:00 Needlework 9:45 Movie & Lunch 10:00 Wii with June! 12:30-3 Plan Finder 1:00 Sheepshead 500 7:00 Sheepshead	16 9:00 Hand and Foot 10:30 Exercise
19 8:15 Shopping Trip Fox River Mall 10:30 Exercise 1:00 Bridge Dominoes Scrapbooking	20 9:30 Golden Tones 1:00 Canasta 500 Sheepshead	21 10:30 Exercise 12:30 Ceramics 1:00 Cribbage Bridge Dominoes	22 Thanksgiving 	23 CLOSED
26 10:30 Exercise 11:30-1 A.D.R.C. Help 1:00 Bridge Dominoes Scrapbooking	27 9:30 Golden Tones 9:30-2 Foot Clinic 1:00 Canasta 500 Sheepshead	28 9:30 Shuffleboard 10:30 Exercise 12:30 Ceramics 1:00 Cribbage Bridge Dominoes	29 9:00 Needlework 1:00 Sheepshead 500 ~L.L. 7:00 Sheepshead 1:00 BINGO	30 9:00 Hand and Foot 10:30 Exercise

Birthdays

1 Jack Oelerich	14 Clarence Happ
5 Mary Lanctot	15 Trudy Zarling
5 Tess Schlidt	16 Violet Roeske
6 Jane Pape	16 Barbara Lindholm
6 Eunice Westcott	17 Barbara Fisher
7 Elayne Chovanec	17 Mary Richmond
10 Bette Carr	22 Phyllis Blanc
10 Dorothy Kussrow	23 Theresa Brukwitzki
10 James Leichtle	25 Eunice Leemon
11 Janet Traxel	27 Louise Zahn (100 yrs.)
12 Jodie Wolf	27 Sal Natoli
13 John Noldin	28 Florence Rathke
13 Lu Newberry	28 Bob Sommer
14 Ceil Albers	29 Orrene Reblin
14 Larry Freitag	29 Richard Victoria
	30 Judy Ferlemann

Special Events this Month:

Senior Meeting and Travel Presentation, Thursday, November 8, 1:00 p.m. Join us for our quarterly senior meeting followed by a Travel Presentation by Mayflower Tours.

Wii Gaming, Thursday, November 15, 10:00 a.m. Learn to play those games on the Wii system that you've heard so much about!

Plan Finder Help, Thursday, November 15, 12:30-3 p.m. The Elder Benefit Specialist from the A.D.R.C. will be here to talk about the changes in plans and help seniors decide if a switch is in order.

Movie and Lunch, Thursday, November 15, 9:45 a.m. **Miracle on 34th Street**. Sign-up with Lynn!

BINGO, Thursday, November 29, 1:00 p.m. Cash prizes donated by Comfort Keepers.

<h1>December 2012</h1>				
Monday	Tuesday	Wednesday	Thursday	Friday
3 10:30 Exercise 1:00 Book Club Bridge Dominoes Scrapbooking	4 9:30 Golden Tones 9:45 Hooray for the Holidays departs 1:00 Canasta 500 Sheepshead	5 9:30-10:30 Blood Pressure Check 9:30 Shuffleboard 10:30 Exercise 12:30 Ceramics 1:00 Cribbage/Bridge Dominoes—LL 3:00 Christmas Party	6 9:00 Needlework 1:00 Sheepshead 500 7:00 Sheepshead	7 9:00 Hand and Foot 10:30 Exercise
10 10:30 Exercise 11:30-1:30 Balance & Fall Prevention Screen 1:00 Bridge Dominoes Scrapbooking	11 9:30 Golden Tones 9:30-2 Foot Clinic 1:00 Canasta 500 Sheepshead	12 8:15 Scrooge The Musical departs 9:30 Shuffleboard 10:30 Exercise Class 12:30 Ceramics 1:00 Cribbage/Bridge Dominoes	13 9:00 Needlework 1:00 Sheepshead 500 7:00 Sheepshead	14 9:00 Hand and Foot 10:30 Exercise
17 10:30 Exercise 11:30-1 A.D.R.C. Help 1:00 Crafts Bridge/Dominoes Scrapbooking	18 9:30 Golden Tones 1:00 Canasta/500 Sheepshead	19 9:30 Shuffleboard 10:30 Exercise 12:30 Ceramics 1:00 Cribbage/Bridge Dominoes	20 9:00 Needlework 10:00 Wii w/June 1:00 Sheepshead 500 7:00 Sheepshead	21 9:00 Hand and Foot 9:30-1 Foot Clinic 10:30 Exercise
24 <p style="text-align: center;">CLOSED</p> 	25 <p style="text-align: center;">Merry Christmas!</p> 	26 10:30 Exercise 12:30 Ceramics 1:00 Cribbage/Bridge Dominoes	27 9:00 Needlework 1:00 BINGO 1:00 Sheepshead~LL 500~LL 7:00 Sheepshead	28 9:00 Hand and Foot 10:30 Exercise
31 				

Birthdays

- | | |
|---------------------|--------------------|
| 1 Bernice Noster | 21 Juergen Haber |
| 2 Ronald Carr | 21 Marion Pinzer |
| 3 Janet Bartos | 22 Edith Stefaniak |
| 3 Mary Erlauer | 26 Ellen Holyoke |
| 5 Kathryn Schultz | 31 Jim Wagner |
| 8 Marla Zahn | |
| 9 Lauren Burnette | |
| 9 Earl Witte | |
| 13 Betty Zimmermann | |
| 14 Marion Meganck | |
| 14 Vivian Sherman | |
| 17 Barbara DeBroux | |

Special Events this Month:

Christmas Party! Wednesday, December 5, 3:00 p.m. Catered dinner, entertainment and door prizes. Come celebrate the season with us. Sign-up in the office with Karin or Janelle.

Balance and Fall Prevention Screening, Monday, December 10, 11:30-1:30. Sign-up in the office for a 20 min. appot.

Lynn's Christmas Lunch Party, Wednesday, December 12, 11:30 a.m. The Golden Tones will perform Christmas songs and have a sing-along before and after lunch. Door prizes, appetizers and of course Lynn's goodies!

Bingo, Thursday, December 27, 1:00 p.m. Cash prizes donated by Comfort Keepers.

Day Trip Policies

Please park your car farthest from the entrances.

Policy: We have the right to cancel the trip if we do not have the minimum number of participants to cover the cost, so please sign up before the deadline. Cancellations within three weeks will be refunded only if someone fills the spot. Please notify us when registering if you have special needs.

Sea Islands Travel Presentation

Thursday, November 8 at 1:30 p.m. Learn more about The Sea Islands tour featuring Beaufort, Savannah and Charleston departing on April 20, 2013 by Mayflower Tours. Receive a travel savings of \$50/person when you attend the presentation and make your reservation the same day! Enjoy light refreshments and door prizes! RSVP please.

Ho-Chunk, Friday, November 9. Depart 8:15 a.m., Return 7:30 p.m. Cost: \$35, includes deluxe motor coach transportation and \$25 slot credit. Receive 10% off your meal w/a valid Players Card at Standing Rock buffet.

Shopping, Monday, November 19. Depart 8:15 a.m. Return 6:00 p.m. Join us at the Fox River Valley Mall in Appleton as we shop 'til we drop! With over 180 stores you should be able to find something for everyone on your list. Cost: \$25 includes motor coach transportation, snack and a beverage. Lunch on your own. Door prizes!

An All New Hooray for the Holidays!

Tuesday, December 4. Depart 9:45 a.m. Return 7:00 p.m. Arrive at the *Winter Wonderland* at the Forum Theatre with the all new Festival of Trees, an elaborate display of Christmas trees and new this year, "Quilts of Christmas" display! Enjoy a three course lunch served in the Forum Theatre and a more elaborate show with more dancers and a larger six piece orchestra. See flyer for more information. Cost: \$93.

Card and Games Retreat

February 6 & 7, 2013. Stay tuned for more details on our first Card and Games retreat at the Daniel M. Soref Education and Retreat Center in Fredonia.

That's Italian! Monday, February 25

Tour Palermo's "Villa Palermo" with a hot fresh sample to taste. Next tour the Italian Community Center and learn about Bocce Ball with time to play. Enjoy a delicious lunch at the Italian Community Center. Cost: TBA. Must be able to walk 2 city blocks.

Milwaukee Admirals v. Lake Erie Monsters

Wednesday, March 27. Depart TBA.

The Admirals are celebrating "Senior Night!" Bus will drop us off in front of the Bradley Center. Play Bingo with prizes. Enjoy watching from Center Ice (few steps) to see the Milwaukee Admirals take on the Lake Erie Monsters. Watch the "Bald Eagles" (our local 60+ hockey team) in action during intermission. Join us for the singing of the National Anthem if you like. Fee: \$TBA. Payment due March 13.

Chicago's Ethnic Salad Bowl

Tuesday, April 23. Depart at 7:15 a.m. Stops include Jane Addams Hull House, Chinatown, a magnificent Ukrainian Church, Pilsen (Mexican neighborhood), Pilsen's Mexican Family Bakeries and the Mexican Art Museum. Enjoy delicious Chinese specialties in a favorite Chinatown restaurant. Cost TBA. includes motorcoach transportation, lunch, tour guide, all admissions, bakery tasting and museum admission.

Extended Trips

See trip fliers for detailed itineraries and pricing.

California New Years Getaway, Dec. 29, - Jan. 2, 2013.

5 Days, 6 meals, with an optional 3 night Las Vegas post tour extension. Float Viewing, band fest, New Year's Eve Party, Tournament of Roses Parade, Legends in Concert Show. Flyers with itinerary details and prices can be picked up here at the Senior Center. Trip through Collette Vacations.

The Sea Islands, featuring Beaufort, Savannah & Charleston. Departs April 20, 2013. 8 days, 11 meals. Free home pickup / return. 3 nights in Beaufort, SC. Tour the Int'l. Museum of the Horse at the Kentucky Horse Park. Narrated trolley tour of Savannah. Narrated horse-drawn carriage tour of Beaufort's antebellum homes. Dolphin watching tour aboard the Prince of Tides, Barbara Jean's Restaurant, Penn Center Museum, Hunting Island State Park. Guided tour of Charleston, Boone Hall Plantation & Gardens, Great Smoky Mountains State Park. Hatfield McCoy Dinner Show. \$40 Mayflower money.

Beijing City Stay with optional 2-night Hong Kong Post Tour Extension. Depart February 25, 2013. Highlights include Beijing Zoo, Tiananmen Square, Forbidden City, Peking Duck Dinner and Opera, The Great Wall, Olympic Green Temple of Heaven, Rickshaw Tour. Cost: \$2,059 includes this and stay at a 5-star hotel. Sign-up in the office.

2012 At a Glance

November 8	Sea Islands Travel Presentation
November 9	Ho-Chunk trip with High Rollers
November 19	Fox River Mall Shopping Trip, Appleton
December 4	Hooray for the Holidays
December 12	<i>Scrooge The Musical</i> - Fireside
Dec. 29-Jan. 2	California New Year's Getaway, Collette

2013

January 10	Membership Pizza Party and Travel Show.
January 24	<i>Sizzlin' 60's</i> - Fireside
February 6/7	Senior Card Retreat at Daniel M. Soref Ctr.
February 25	Beijing City Stay
February 25	That's Italian!
March 6	<i>Footloose</i> - Fireside
March 27	Milwaukee Admirals vs. Lake Erie Monsters
April 20-27	The Sea Islands - Mayflower Tours
April 23	Chicago's Ethnic Salad Bowl
May 2	<i>Annie Get Your Gun</i> - Fireside
May 22	Brewers vs. Dodgers
July 9	Senior Picnic at Centennial Park
July 10	<i>Little Shop of Horrors</i> - Fireside
July 25	Packer Heritage Trip
August 1	<i>Run for Your Wife</i> - Fireside
September 12	<i>Once Upon a Mattress</i> - Fireside
Nov. 11 & Dec. 11	<i>A Fireside Christmas</i> - Fireside

*Come to our Pizza Party Travel Show on January 10!

Gift Certificates

When your families are wondering what to get you for your birthday or holiday, tell them to get a gift certificate from the Grafton Senior Center. They can be purchased for any amount and used for any day trip, party or special event.

Generations on Line

Generations on Line is a national non-profit program that promotes Internet access and literacy to elders 65 and over who are not familiar with computers. It provides simplified Internet access and on-screen basic training for elders for **FREE!** We have a computer set-up for this program in the dining room where you can learn at your own pace.

A few benefits it offers:

- Simplified email, with a free email account
- Internet searching in 36 languages
- Intergenerational section
- Easy links to other websites (Medicare, Social Security, Veterans information and newspapers from around the world).

Senior Friendship Club member, Frances Bigari has offered to help anyone who like to try this program. Please call (262) 377-6428 for an appointment.

Monday Book Club

Ann Vaughan will lead the group discussion of the books.

Free activity! Pick up books or CD's at the Grafton Public Library. Upcoming books: November 5th, **Agony of the Leaves** by Laura Childs, December 3rd, **A Bad Day for Mercy** by Sophie Littlefield, January 7th, 2013, **Bad Little Falls** by Paul Doiron, and February 4, 2013, **Afraid to Die** by Lisa Jackson.

Senior Scrapbook **Free activity!**

Help preserve some great memories at our Senior Center! We have photos and newspaper articles we would like to display in our scrapbooks. We will provide the materials. No experience necessary. The group meets on Mondays from 1:00-3:00 p.m.

Computer Classes Offered

Small classes of 5-6 people with hands-on training. Specific class subjects will be taught by **Sherry** through **Sandia Creations** on Friday mornings. Choices: Computer Basics Part 1 and 2; Internet; Email, Microsoft Word 2010; Email Attachments; Digital Cameras Beginner Ipad and Facebook. Agendas based on the needs of each class. You must pre-register for these classes. Call 375-5311. Fee \$38. Students are welcome to bring their own laptops to class, or one will be provided for class use.

Beginner iPad, 9:30-10:30 a.m., Fridays: January 11, 18, 25 and February 1, 2013. Fee: \$38.00

Maybe you received an iPad for Christmas and now you need to learn how to use it. This class is for you! This class is for those new to iPad. In this beginner class, learn how to use the Apps such as calendar, camera, notepad, iBooks, Internet and other applications. Students are required to bring their own iPad to class.

Digital Cameras, 10:45-11:45 a.m., Fridays: January 11, 18, 25 and February 1, 2013. Fee: \$38.00

Did you take pictures over the holidays that you want to save to your computer and edit? This class is for students who are new to digital cameras or need additional help in understanding the camera's functions. We will work with the student's specific camera, so the student is encouraged to bring the camera's operating manual to class. Students will learn how to compose a picture, download pictures onto the computer, use basic editing tools, save pictures to the computer and burn a CD. Knowledge of understanding computer basics is required for this class. Students are welcome to bring their own laptop to use during this class.

Computer Basics Part 2, 9:30-10:30 a.m., Fridays: February 15, 22, March 1 and 8, 2013. Fee: \$38.00

Learn how to create shortcuts on the desktop, use the recycle bin, personalize your desktop, name and organize folders, and navigate the control panel and printer dialog box.

Internet, 10:45-11:45 a.m., Fridays: February 15, 22, March 1 and 8, 2013. Fee: \$38.00

The internet is a vast resource that the student will learn to explore. Learn the basics of searching and saving favorites. Then we'll learn how to shop, pay bills, play games, and explore other areas of interest. Basic Internet security is also covered.

Parties

Christmas Party

Wednesday, December 5, 3:00 p.m. Catered dinner, entertainment by Windy Hope and door prizes! Sign up and purchase tickets in advance. Tickets: \$8.

Membership Pizza Party

Thursday, January 10, 2013 at 1:00 p.m. Pizza at 3 p.m. Senior Friendship Club meeting, pizza, soda, and ice cream as well as a Travel Show! The Silver Belles dancers will also perform for us! Tickets: \$6.

Valentine Party

Tuesday, February 12, 2013, 5:00 p.m.

Members of the Grafton Senior Center will want to sign-up for this party as soon as possible. This is a **FREE** catered turkey dinner generously and anonymously donated for the enjoyment of the first 60 members to sign up. Entertainment provided by the Kennedy G Singers under the direction of Kristin Dillahunt.

St. Patrick's Party

Tuesday, March 12, 4:00 p.m. Great catered Irish dinner will be served and a performance by the Trinity Irish Dancers! Tickets are \$10 and must be picked up in advance.

Delta Kappa Gamma Book Discussions

1:00 p.m. here on the first Thursday of the month. Delta Kappa Gamma received a grant to purchase large print books, audio books and CD players in order to lead book discussions with groups of seniors residing in Ozaukee County.

Upcoming books:

November 1st: **The Personal History of Rachel Dupree** by Ann Weisgarber; (taking off the month of December) January 3rd: **The Language of Flowers** by Vanessa Diffenbaugh; and February 7th: **Book Thief** by Markus Zusak. Sign up in the office. **FREE!** Questions call 377-6380.

