



# Grafton Senior Center

Volume 7, Issue 3

May & June 2009

**Grafton Senior Center**  
 1665 7th Avenue  
 Grafton, WI 53024

## 55 Plus Equals Fun!

**Senior Coordinator**  
**Karin Sevener**  
 262-375-5311  
 ksevener@village.grafton.wi.us

### Senior Friendship Club Officers:

**President:** Virginia Moore  
**Vice President:** Pat Baumann  
**Secretary:** Betty Sarg  
**Sunshine:** Doris Schmidt  
**Crafts:** Ann Vaughan

### Generations on Line

Generations on Line is a national non-profit program that promotes Internet access and literacy to elders 65 and over who are not familiar with computers. It provides simplified Internet access and on-screen basic training for elders for FREE! We have a computer set-up for this program in the dining room where you can learn at your own pace.

A few benefits it offers:

- Simplified email, with a free email account
- Internet searching in 36 languages
- Intergenerational section
- Easy links to other websites (Medicare, Social Security, Veterans information and newspapers from around the world).



### Monday - Friday 8:00 a.m. - 4:30 p.m.

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### Senior Committee Meetings

**Tuesday, May 11 at 11:00 a.m.** All Committee members are asked to attend. If anyone has a concern that the committee should address, please contact an officer.

### Senior Meetings

**Thursday, May 14 at 1:00 p.m.** Find out what events are coming up, voice your suggestions, and meet new friends. There is no meeting in June.

### Sign-in Policy

Please sign in at the podium near the east side entrance each day you visit the Center.

### Senior Center Contribution

Please contribute \$5 for annual dues if you utilize the Senior Center. Thank you.

### Bulletin Board Information

Community events, classes and trips. Boards are located in the lobby, podium, elevator, and in the dining room.

### Welcome New Members!

Marie G. Uhlik  
 Katharine Lutzke  
 Edith Stefaniak  
 Bill Hoermel  
 Larry & Eileen Woyach

### May is Older Americans Month!

37.9 Million. The number of people aged 65 and older in the United States on July 1, 2007. (13% of U.S. population).  
 Source: U.S. Census Bureau.

### Points of Interest

- \* Generations on Line
- \* ADRC Outreach
- \* Computer Classes
- \* Shows / Trips
- \* Lunch Menu & Events
- \* Bocce Ball
- \* Wii gaming
- \* Ozaukee Senior Games

### Recent Events

The seniors and Mrs. Sladky's fourth grade class sing the National Anthem before an Admiral's game.



The Trinity Irish Dancers entertained us for our Annual St. Patrick's Dinner Party.

Blues for Seniors: Michael Ammons and the Water Street Hot Shots performed free of charge. Courtesy of The Grafton Blues Association.



## Grafton Dining News / Events

Tired of eating alone and the high cost of groceries? Enjoy good company and conversation at the Grafton Senior Center. The Ozaukee County Food and Friendship has a meal site at our Center and provides delicious meals. **Call Lynn**, our Nutrition Site Manager, **one day in advance at 262-483-1362** by noon. First time diners get a free lunch.

Tahr of Brown Deer is our new provider. The food is great, especially the desserts. Come try our new program!

### Upcoming Lunch Events:

May 1	Hawaiian Lunch - wear Hawaiian attire
May 5	Cinco de Mayo Lunch Party
May 14	Lunch and Senior Meeting at 1:00 p.m.
May 21	Movie 10 a.m. "Marley & Me"
May 28	Lunch and Bingo at 1:00 p.m.
June 18	Movie 10 a.m. "Swing Vote"
June 25	Lunch and Bingo at 1:00 p.m.

### Aging and Disability Resource Center of Ozaukee County coming to the Grafton Senior Center

To increase the outreach efforts to community seniors, the A.D.R.C. of Ozaukee County has a staff person here once a month on a Wednesday from 11:00 a.m. - 1:00 p.m. Staff will be present to answer your questions about services or resources available to you to help you stay healthy and independent. **FREE! Dates: May 13 & June 10.**

### Movie & Lunch

Watch a movie with popcorn and stay for a delicious lunch. Call Lynn 483-1362 at least one day in advance before 12:30 p.m. for reservations. Lunch \$3.50 donation.

#### Thursday, May 21 at 10:00 a.m. "Marley & Me" (PG13).

Starring: Owen Wilson and Jennifer Aniston. After their wedding, John and Jennifer Grogan move to Florida. Attempting to stall Jennifer's "biological clock", John gives her a puppy. While the puppy Marley grows into a 100 pound dog, he loses none of his puppy energy or rambunctiousness. As life in the Grogan family moves on, Marley continues to test their patience.

#### Thursday, June 18, 10:00 a.m. "Swing Vote" (PG13).

Starring: Kevin Costner, Dennis Hopper & Nathan Lane. Bud Johnson is an apathetic, beer slinging, lovable loser, who is just coasting through life. When his precocious, over achieving twelve-year-old daughter, Molly, accidentally sets off a chain of events, it culminates in the presidential election coming down to Bud's vote. Bud decides it's time for him to recapture a few lost ideals as the world waits to see who he will vote for in this comedy.

## Ongoing Activities

### Pick 'n Save "We Care"

Pick 'n Save makes it easy for groups to work with the We Care Program. Individuals need to fill out a card that will automatically credit the account you have chosen. You may choose up to three recipients and your sales will be divided evenly. You will be given a small card that you present to the clerk when you check out. **THE ACCOUNT NUMBER FOR THE GRAFTON SENIOR CENTER IS 290975.**

### Thursday Night Sheepshead

The Grafton Senior Center holds a Thursday night Sheepshead program for all Senior Citizens in Ozaukee County. Play starts promptly at 7:00 p.m. We suggest arriving anytime after 6:00 p.m. to ensure a spot, as setup time needs to be completed by 7:00 p.m. For more information please call Ron and Fay Scheel at 377-3040.

### Yarn Donations

The knitting group thanks everyone who has donated yarn. Donations of any color or length are appreciated. We have a group of talented, caring seniors who enjoy knitting hats and booties for newborns at hospitals, gifts for nursing homes, and winter necessities for those less fortunate year-round.

### Chicken Foot & Mexican Train

Chicken Foot is a fun dominoes game that is easy to learn and can be played with different numbers of players. No partner is needed and there is no pressure to win. This game allows for lots of laughs and conversation! Rules are available in the dining room.

Mexican Train is a fascinating and challenging dominoes game. We have sets in the dining room so you may play any day of the week. Harvey and Carol Polster will teach you how to play on Mondays at 1:00 p.m.

### Chorus

**The Golden Tones Chorus** practice on Tuesday mornings from 9:30-10:30 a.m. fall through May. Join us as we learn new songs, perform for other groups, and have a good time. Choir is directed by Bethany Leinss. Practices are only \$1.

### Calling All Crafters

Helpers needed to decorate the Center and tables. Crafters meet on Mondays at 1:00 p.m. in the dining room (except the first Monday of the month). Thank you to Ann Vaughan, Peter Swatek, and Harvey and Carol Polster for all of their hard work to make the Center look nice and festive.

### Bingo!

We play Bingo on the last Thursday of the month at 1:00 p.m. We have easy finger slider boards so there is no mess. Cash prizes are donated monthly by Comfort Keepers. Thank you!



## Health and Wellness

### Foot & Nail Clinic

Nurse Sheila Novin is here to help with the growing concerns of foot care for seniors. Appointments consist of a foot & toenail assessment, soak, gentle exfoliation wash, toenail trim, and foot massage. Bring two hand towels and a wash cloth. Appointments required. May 12 & 21, June 9 & 18.

### Senior Exercise Class

Stop in and visit our most popular class. Instructor Evelyn Nowack is ACSM/AEA certified. Classes are held every Monday, Wednesday and Friday morning from 10:30-11:30 a.m. Class fee is only \$1 whenever you come. The first half of class includes seated stretches, use of therabands and light hand weights followed by low impact aerobics to music.

### Silver Belles

This group of fun ladies can dance! All are members of the Senior Exercise class who perform varying dance routines choreographed to music to perform for local groups.

### FREE Zumba Gold Demonstration

Thursday, May 21, 1:30 p.m.

Zumba provides a feel-happy workout that uses motivating Latin American rhythms. Easy step combinations based on meringue, salsa, cha cha, tango, belly dance, flamenco and other dances. Mimi Oxman will modify moves to include all abilities. Since retirement, she has discovered a passion for Zumba exercise for seniors and teaches at several locations.



### Walk with Lynn

Lynn will lead a walking program each Tuesday and Thursday morning at 11:15 a.m. during the month of May. Walk at your own pace and stay for a nutritious lunch at noon. Your name will be entered into a drawing for a gift certificate each time you walk with Lynn and eat lunch here.

### Wii

Wii is fun, improves your range of motion, standing and balance, endurance, posture and socialization. Play virtual bowling, golf, tennis, baseball and more! Open gaming is on the **first and third Friday of the month** from 1 - 2 p.m.  
 Wii Sports: Bowling, Golf, Tennis, Boxing and Baseball.  
 Wii Games: Billiards, Fishing, Shooting Range, Find Mii, Table Tennis, Pose Mii, and Laser Hockey.  
 Wii Fit: Balance, Strength, Aerobics, and Yoga activities.

### Ozaukee Senior Games

May 28 - June 18, 2009

Are you ready for some fun and friendly competition? Events include: Opening Race/Walk, Dessert Social, Bowling, Bridge, Horseshoes, Sheepshead, Golf, Bocce Ball, 8 Ball, Bicycling, Shuffleboard, Cribbage, Tennis, Swimming and an Awards Breakfast. Each participant will get a T-shirt. Fee: \$8.

### Chair Massage

Darcy Nordberg, from Healing Thru Massage, will be here to make you feel good with a chair massage. Graduate of Blue Sky in 2001 and a licensed massage therapist, certified in the areas of relaxation, therapeutic chair, Neuromuscular therapy and TMJ. She is here one Friday a month by appointment. Call 375-5311 to reserve your spot. Fee: \$7 for 10 minutes or \$10 for 15 minutes. You may pay with cash or check on that day. Date: **May 15** from 10 a.m.-1 p.m.

### FREE Blood Pressure Checks

Cedar Gardens Assisted Living in Cedarburg has donated time for a nurse to provide blood pressure checks **free** to seniors. A nurse will be here on the **first Wednesday of the month** between 10:30-11:30 a.m. in the Ceramics room. Dates: **May 6** and **June 3**.

### Bocce Ball

This fun Italian game of outdoor bowling is back! Games are played on both Tuesdays and Thursdays at 9:30 a.m. No experience is necessary as it is fun and easy to learn! Opening day is **Tuesday, June 23**. Play ends in September with a breakfast following the season. Players are needed!

### Water Exercise

Water aerobics is great for people with arthritis pain as there is no pounding on the joints! Classes are held at the Grafton Family Aquatic Center. Instructors are Aquatic Exercise Association certified.

**Aqua Dynamics:** is held in the shallow end of pool with instructor Jan Hill. No swimming experience is necessary. Dates: Tuesdays and Thursdays, June 23 - August 25 (no class on July 23).

**Deep Water Aerobics** is led by Evelyn Nowak and is held in the deep end of the pool. Participants wear flotation belts and aqua resistance gloves. Aqua gloves cost \$12. Dates: Mondays and Wednesdays, 5:30-6:30 p.m. June 22 - August 19.

### Swimming Hours

Grafton High School Indoor Pool

Open through May 11, 2009

Adult Lap Swim: Monday and Wednesday 7:00 - 8:30 p.m.  
 Saturday and Sunday 1:00 - 3:00 p.m.

Fees: Senior Resident \$3. Senior Non-Resident \$4.00



Grafton Family Aquatic Center, 649 N. Green Bay Road  
 Pool open June 12 - August 30.

Adult Lap Swim: Monday, Wednesday, Friday 6:30-7:30 a.m.  
 and 5:30-6:30 p.m. Sundays from 5:30-6:30 p.m.

Senior Fees: \$2 Resident; \$3 Town; \$5 Non-Resident

Senior Season Pass Fees:

Resident \$29, Town \$40, Non-Resident \$60.

# The **FIRE**SIDE Dinner Theatre

## THE WITNESSES

**Thursday, July 30, 2009. Depart 8:30 a.m.**

Through the eyes of Peter and Paul, The Witnesses follows an adventure that began in Jerusalem, where a small group of disciples empowered by the Holy Spirit, traveled across the Roman empire, preaching, teaching and healing. An inspiring account of the rapid spread of Christianity throughout the world and the wonders of life in the first century.

Menu: Atlantic Sea Scallop in a crisp Potato Crust, resting on a Sun Dried Tomato Beurre Blanc Sauce. Fresh Baked Breads. Chicken Roulade - Skinless breast of Chicken stuffed with Morrell Mushrooms and Prosciutto Ham, Panko, sautéed with a Veal Demi-Glaze. Served with Rice, Jones Sausage and Asparagus Spears. Key Lime Cheesecake.

## The Sound of Music

**Thursday, September 10, 2009. Depart 8:30 a.m.**

The world's most beloved musical! Winner of eight Tony awards including Best Musical, The Sound of Music is a tune-filled tale of hope, courage, friendship and love with a message more poignant today than ever before. Every song is a classic from the joyful, "My Favorite Things," to the stirring "Climb Every Mountain". Menu: Signature Salad - Fresh Fruit with Oriental Vegetables over Fresh Greens sprinkled with Sesame Croutons with a Papaya Chutney Dressing. Fresh Baked Breads. Baked Boneless Pork Chop - Herb stuffing with Sauerkraut and Jones Sausage with rich pork stock gravy. Served with Sweet Potato Souffle; Pink Cinnamon Apple Sauce; Sweet Corn with Red Peppers and Edamame Soybeans. Viennese Sacher Torte - Chocolate Cake with Apricot Filling and Bing Cherry Ice Cream.

## "Here's Love" Based on "Miracle on 34th Street"

**Thursday, November 19 & Friday, December 4. Depart 8:30 a.m.**

"Here's Love" is a big brassy Broadway musical with a heart. Macy's Thanksgiving Parade needs a new Santa. Enter Kris Kringle - a sweet and jolly old man who claims he is the real Santa Claus. Thus begins this funny, warm, tuneful, and inspirational musical as Kris has to prove his claim in court and teach his cynical neighbor and her daughter to believe in the goodness and love that is Christmas. Menu: Snowflake Salad; Freshly Baked Breads; Roast Tenderloin of Beef - Chef carved Medallions on a Toast Crouton glazed with a Madeira Wine Peppercorn Sauce. Served with a Potato Cheese Croquette and a Bouquetierre of Garden Vegetables. Holiday Pear with a Chocolate Ganache center on Frangelico Hazelnut Crème Anglaise. Coffee, Tea or Milk.

### **~ 2009 Fireside Trips !! ~**

July 30 - The Witnesses; September 10 - The Sound of Music / November 19 & December 4 - A Fireside Christmas "Here's Love"

2009 Fireside Trips cost is \$80 and will include deluxe motor coach transportation, luncheon, theater ticket and escort.

# May 2009

Monday	Tuesday	Wednesday	Thursday	Friday
*Ozaukee Senior Games Events are <i>Italicized &amp; Underlined</i> May 28 - June 18.				1 9:00 Internet Part 2 10:00 Shortcuts & T. 10:30 Exercise 1:00 Hand & Foot 1:00 Wii Gaming
4 8:30 Spring Breakfast 10:30 Exercise 1:00 Cards 1:00 Book Club 1:00 Bridge Chickenfoot	5 9:30 Golden Tones 12:00 Cinco de Mayo Lunch Party 1:15 Canasta 500 Sheepshead	6 8:30 Intro to Art 10:30 Exercise 10:30 Blood Pressure 12:30 Ceramics 1:00 Cribbage Dominoes	7 9:00 Handicrafters 1:00 Sheepshead 7:00 Sheepshead	8 9:00 Internet Part 2 10:00 Shortcuts & Troubleshooting 10:30 Exercise 1:00 Hand and Foot
11 10:30 Exercise 1:00 Cards Bridge Chickenfoot	12 9-2 Foot & Nail Clinic 9:30 Golden Tones 1:00 Canasta 500 Sheepshead	13 11-1:00 ADRC Help 10:30 Exercise 12:30 Ceramics 1:00 Cards	14 9:00 Handicrafters 1:00 Senior Meeting Arthritis Foundation 1:00 Sheepshead 7:00 Sheepshead	15 9:00 Internet Part 2 10:00 Shortcuts & Troubleshooting 10-1 Chair Massage 10:30 Exercise 1:00 Wii
18 10:30 Exercise 1:00 Bridge Cards Scrapbooking	19 9:30 Golden Tones 1:00 Canasta 500 Sheepshead	20 10:30 Exercise 12:30 Ceramics 1:00 Cribbage / 500/ Dominoes	21 9-2 Foot & Nail Clinic 9:00 Handicrafters 10:00 Movie "Marley & Me" 1:00 Sheepshead 1:30 FREE Zumba Lessons! ~L.L. 7:00 Sheepshead	22 10:30 Exercise 11:45 Mrs. Sladky's Class Luncheon and Spring Concert at G.E.S. 1:00 Hand & Foot
25 Memorial Day CLOSED	26 1:00 Canasta 500 Sheepshead	27 10:15 Brewers Game 10:30 Exercise 12:30 Ceramics 1:00 Cribbage / 500/ Dominoes	28 9:00 Handicrafters 1:00 Senior Games Walk / Dessert Social 1:15 Bingo 1:00 Sheepshead~LL 7:00 Sheepshead	29 8:30 Bike Ride @ Cedarburg Senior Ctr. 10:30 Exercise 1:00 Hand & Foot

## Birthdays

2 Bob Ehrendreich	13 William Griesbach	27 Lois Held
2 David Chromik	14 Iris Powers	27 Bill Hoermel
3 Lois Decker	15 Alan Koepsel	28 Esther Leiphart
3 Marian Zacharenka	15 Marge Viesselmann	30 Elizabeth Hembel
3 Marilyn Leszczynski	16 Wanda Holder	30 Shirley Helms
6 Mavis Gangstad	19 Carla Cowie	30 Bernice Schrimper
8 Mary Tinder	19 Alice Enders	30 Olga Schmidt
8 Ruth Patterson	20 Marge Bohlen	30 Carol Wilde
9 Frank Ruhland	21 Margarita Johnston	31 Katie Schmitt
11 Carol Randall	22 Rose Flath	
12 LaVern Carter	25 Ethyl Yokes	
	26 Jane Winter	

June 2009				
Monday	Tuesday	Wednesday	Thursday	Friday
1 10:30 Exercise <b>1:00 Book Club</b> 1:00 Scrapbooking Bridge Chickenfoot <u>1:00 8 Ball @P.W.</u>	2 <b>9:00 Bocce Ball</b> 1:00 Canasta 500 Sheepshead <u>7:30 50 yd. Swim @ H.H.S.</u>	3 <u>8:30 Tennis @ Adlai Horn Park in Cedarburg</u> <b>8:30 Watercolor Class</b> 10:30 Exercise <b>10:30 Blood Pressure</b> 1:00 Cribbage / 500 Dominoes	4 <u>8:30 Golf @ M.L.</u> 9:00 Handicrafters 1:00 Sheepshead 7:00 Sheepshead	5 <u>8:30 Tennis @ Adlai Horn Park in Cedarburg</u> <b>9:00 Computer Basics</b> <b>10:00 Word / Excel</b> 10:30 Exercise 1:00 Hand & Foot <b>1:00 Wii Gaming</b> <u>1:00 Bowling at Harbor Hills -P.W.</u>
8 10:30 Exercise <b>1:30 Chickenfoot</b>	9 <b>9-2 Foot &amp; Nail Clinic</b> 1:00 Canasta 500 Sheepshead <u>1:00 Cribbage @ P.W.</u>	10 8:30 Watercolor Class 10:30 Exercise <b>11-1 ADRC Help</b> 1:00 Cribbage / 500 / Dominoes <b>1:30 Shuffleboard~L.L</b>	11 9:00 Handicrafters 1:00 No Senior Meeting 1:00 Sheepshead <u>1:30 Sheepshead @ P.W.</u> 7:00 Sheepshead	12 9:00 Computer Basics 10:00 Word / Excel <b>10-1 Chair Massage</b> 10:30 Exercise 1:00 Hand and Foot
15 <u>9:30 Horseshoes @ P.W. Moore Courts</u> 10:30 Exercise <u>1:30 Bridge</u>	16 <b>Ozaukee Senior Conference at G.H.S.</b> 1:00 Canasta 500 Sheepshead	17 8:30 Watercolor Class 10:30 Exercise 1:00 Cribbage / 500 Dominoes	18 <b>8:30 Awards Breakfast</b> <b>9-2 Foot &amp; Nail Clinic</b> 9:00 Handicrafters <b>10:00 Movie &amp; Lunch "Swing Vote"</b> 1:00 Sheepshead 7:00 Sheepshead	19 9:00 Computer Basics 10:00 Word / Excel 10:30 Exercise 1:00 Hand & Foot <b>1:00 Wii Gaming</b>
22 10:30 Exercise 1:00 Crafts Bridge Scrapbooking	23 <b>9:30 Bocce Ball</b> 1:00 Canasta 500 Sheepshead	24 8:30 Watercolor Class 10:30 Exercise 1:00 Cribbage / 500 Dominoes	25 9:00 Handicrafters <b>9:30 Bocce Ball</b> <b>11:15 Brewers Game</b> <b>1:00 Bingo</b> 1:00 Sheepshead~L.L. 7:00 Sheepshead	26 9:00 Computer Basics 10:00 Word / Excel 10:30 Exercise 1:00 Hand & Foot
29 10:30 Exercise 1:00 Crafts Bridge Chickenfoot Scrapbooking	30 9:30 Bocce Ball 1:00 Canasta 500 Sheepshead		*Ozaukee Senior Games Events are <i>Italicized &amp; Underlined</i> May 28 - June 18.	<i>PW = Port Washington Senior Center</i> <i>HHS = Homestead H.S.</i> <i>M.L. = Missing Links</i>

**Birthdays**

- 1 Ron Scheel
- 3 Julie Wagner
- 3 Gordon Lucht
- 3 Tom Haugstad
- 3 Shirley Frea
- 3 Harlan Van Matre
- 4 Bev Niesl
- 4 Rich Fix
- 5 Betty Oelerich
- 5 Joan Goetz

- 5 Eugene Thelen Sr.
- 6 Lee DeFilippis
- 7 Doris Schmidt
- 7 Faye Zimmerman
- 8 Joan Mages
- 8 Betty Skebba
- 9 Howard Cordts
- 10 Donna Fix
- 12 Joyce Kurth
- 12 Doris Schlegel
- 12 Dale Bushee
- 12 Fran Broomfield

- 13 Mary McLeod
- 13 Evelyn Klug
- 13 Jan Svoboda
- 15 Donna Demerath
- 15 Tom Roy
- 16 Larry Woyach
- 19 Ed Nehls
- 19 Barb Koepsel
- 20 Susan Gaertig
- 21 Frieda Mueller
- 21 Lois Butler
- 22 Del Holman

- 22 Robert Beckwith
- 23 Pat Baumann
- 23 Elda Bunk
- 24 James Flynn
- 24 Judy Doherty
- 24 Sharon Wilda
- 28 Lila Schwan
- 28 Rudy Boehlein
- 29 Ruth Baggs
- 29 John Demerath
- 30 Allen Eernisse
- 30 Erwin Groeler

## Oneida Bingo & Casino

Landmark Tours takes a deluxe motor coach to Oneida Bingo & Casino in Green Bay. Depart here at 7:15 a.m. and return at 5:00 p.m. Cost: \$53. You will receive a casino rebate of \$52 and a \$2 coupon for lunch. Call Karen at 375-1426.

## Brewers Matinee Games

Wednesday, May 27: Brewers vs. Cardinals. 10:15 a.m.

Thursday, June 25: Brewers vs. Twins. 11:15 a.m.

Wednesday, September 9: Brewers vs. Cardinals. 11:15 a.m. Cost: \$41.00 per person.

## LaCrosse Boats and Bluffs

Wednesday, July 22. Depart 6:15 a.m. Return 6:50 p.m.

Board the LaCrosse Queen Paddle Wheeler or a scenic luncheon cruise on the upper Mississippi River. A local guide will join us for a sightseeing tour of this river town. We'll stop atop Granddad Bluff and at Lock and Dam #7. Cost: \$89. Payment due June 11. Must bring I.D. for lock and dam tour.

## Kids From Wisconsin

Tuesday, July 28. Carpool from Senior Center at noon.

We will enjoy a Family Style luncheon at New Port Shores. Menu: Soup or Salad, Roast Pork, Baked Chicken, Mashed Potatoes and Gravy, Vegetable, Rolls and Chef's Choice Dessert. Cost for lunch is \$12.00. After lunch, we will be entertained by the amazing singers, dancers and band of the Kids from Wisconsin. Showtime is at 2:00 p.m. at the Port Washington High School Auditorium. Tickets for the show are limited and cost \$10 for general seats. Let Karin know if you can drive or if you need transportation.

## Czech It Out

Thursday, August 6. Depart 7:00 a.m. Return 6:00 p.m.

In the mid 1800s, millions of European settlers arrived along the Great Lakes shoreline. Learn about their unique heritage, homes, farms, churches, traditions and food today. Dine in an 1876 historic farmstead with entertainment by the Wisconsin Czech Choraliers. Cost: \$83.

## Daniel O'Donnell

Tuesday, August 18th, Depart 5:00 p.m.

Daniel O'Donnell is returning to Wisconsin after 2 years! Daniel and guest artist Mary Duff bring a little bit of Ireland to the Milwaukee Theatre. We have Mezzanine seating for the 7:00 p.m. performance.

Cost per person: \$109 due at sign up.

## Arlington Racecourse

Thursday, August 27. Depart 7:45 a.m. Return 7:45 p.m.

We have reserved seats under roof cover and will enjoy a delicious luncheon at the Olive Garden with choice of four entrees. Choice of: Classic Lasagna, Spaghetti & Meatballs, Chicken Parmigiana or Fettuccine Alfredo.

Payment due July 10. Cost: \$65.

## Day Trip Parking

Please park your cars in the spaces towards the end of the north parking lot. We should reserve the spaces closest to the building for those seniors who will be attending programs.

**Trip Policy:** We have the right to cancel the trip if we do not have the minimum number of participants to cover the cost, so please sign up before the deadline. Cancellations within two weeks will be refunded only if someone fills the spot. If you have special needs you must notify us when registering.

## The Big "O" ... Oprah's Chicago

Friday, October 16. Depart 7:15 a.m. Return 4:30 p.m.

Discover Oprah's Chicago. Visit the brand new Oprah Store and Oprah's Closet and Harpo Studios. Eat lunch at one of Oprah's favorite restaurants, enjoy the specialty popcorn and toffee that she loves. We will also take a narrated driving tour that will feature Oprah sites throughout the city. Discover where she lives, shops and works and hear interesting stories about her life. Cost: \$83 due September 11. Oprah will not accommodate groups to her show.

## Smoky Mountain Fall Foliage

October 5-9, 2009. 5 Day Trip.

A few of the highlights of this trip include: The Tennessee Shindig, Black Bear Jamboree, Patty Waszak Show, Country Tonite, Dollywood, Harvest Celebration, Smoky Mountain Tour, visit to the Wabash and Erie Canal Interpretive Center, a scenic canal cruise, Wolf Park and Albanese Candy Factory tour. Double Occupancy is \$799. Only six seats still available. This tour is provided through the Grafton and Port Washington Senior Centers and escorted by Badger Tour and Travel.

## 2009 At a Glance

May 4	Spring Breakfast at 8:30 a.m.
May 5	Cinco de Mayo Lunch Party
May 27	Brewers vs. Cardinals
May 28-June 18	Ozaukee Senior Games
June 25	Brewers vs. Twins
July 8	Senior Picnic at Centennial Park
July 22	La Crosse Boats and Bluffs
July 28	Kids From Wisconsin Concert
July 30	The Witnesses at the Fireside
August 6	Czech It Out!
August 18	Daniel O'Donnell
August 27	Arlington Horse Races
September 9	Brewers vs. Cardinals
September 10	The Sound of Music at the Fireside
October 5-9	Smoky Mountain Fall Foliage Trip
October 16	The Big "O" (Oprah's Chicago)
October 28	Halloween Costume Party
November 19	Here's Love at the Fireside
December 4	Here's Love at the Fireside
December 16	Christmas Party

\* More trips and events are in the planning process.

## 4th Grade Friends

We are a business partner with Mrs. Sladky's 4th grade class from Grafton Elementary School again this year. Each month a fun activity is planned. On **Friday, May 22** we are invited to lunch at 11:45 a.m. at the school followed by their Spring Choral Concert at 12:45 p.m. Please let Karin know if you are able to attend this event. This is the last event with the school kids until fall. Free.

## Gift Certificates

When your families are wondering what to get you for your birthday or holiday, tell them to get a gift certificate from the Grafton Senior Center. They can be purchased for any amount and used for any day trip, party or special event.

## Senior Scrapbook

Help preserve some great memories at our Senior Center! We have photos and newspaper articles we would like to display in our scrapbooks. We will provide the materials. No experience necessary. The group meets on Mondays from 1:00-3:00 p.m. Come when you can. **Free activity.**

## Senior Meetings

Share ideas and find out what is going on. Refreshments, speaker or entertainment to follow. **Thursday, May 14** at 1:00 p.m. with a Amy Parry, Physical Therapist from the Arthritis Foundation. **Thursday, June 11.** No Senior Meeting.

## Art Classes

Taught by Grafton artist Hank Klapproth. **"Watercolors Outdoors"** - an intermediate level class held on Wednesday mornings from 8:30 - 11:30 a.m. Class dates: Wednesdays June 3, 10, 17 & 24 outdoors, weather permitting. Fee is only \$45 for the class and includes all art supplies needed! The use of our easels is also included. Call 375-5311 to reserve your spot as space is limited.

## Computer Classes Offered

Small classes of 5-8 people with hands-on training. Specific class subjects will be taught by **Mindy** through **Wisdom Technologies** on Friday mornings. Choices: Computer Basics; Intermediate; Internet; Microsoft Word/Excel; Email; Crafty Computers (cards and projects) and Digital Cameras. Agendas based on the needs of each class. Call 375-5311. Fee \$45.

**Internet Part 2** 9:00-10:00 a.m., Fridays: April 24, May 1, 8 & 15. Fee: \$45.00 **\*New Class topic!**

Now that you can get on the Internet. Learn how to use your skills safely and effectively. A few of the topics covered will be Ebay, Craigslist, downloading software and online banking among others.

**Shortcuts & Troubleshooting**, 10:00-11:00 a.m., Fridays: April 24, May 1, 8 & 15. Fee: \$45.00

Learn tricks and tips for quick access to programs and actions, how to use shortcuts, keystrokes, setting up properties and how to improve a sluggish computer. Maintenance with virus protection, data management, and defragmenting. A slower paced class, yet very informative to those that have been using the computer for a while.

**Computer Basics**, 9:00-10:00 a.m., Fridays: June 5, 12, 19, 27 & 26. Fee: \$45.00.

For those who have never used the computer before or would like a refresher course. Focus on the mouse, keyboard and desktop and is at an easy to follow pace.

**Word / Excel**, 10:00-11:00 a.m., Fridays: June 5, 12, 19 & 26. Fee: \$45.00.

Explore these useful Microsoft programs! Learn to create and save documents such as letters, labels, create a budget, and much more!

## Parties

### Spring Breakfast

**Monday, May 4 at 8:30 a.m.**

Start your morning off right with a hot breakfast to welcome spring! Menu: Sausage, Scrambled Eggs, Ham, Fruit, Kringles, Coffee and Juice. Tickets are \$6 and must be purchased in advance.

### Cinco de Mayo

**Tuesday, May 5 at Noon**

Enjoy a great Mexican Lunch at noon. We will have themed decorations, music and prizes. Call Lynn at 262-483-1362 to reserve your spot at least one day in advance. Menu listed on the following page. Cost: only \$3.50. Fun!

### Senior Picnic

**Wednesday, July 8, 1-5 p.m.**

**Centennial Park, 1370 7th Avenue, Grafton.**

Join us for great food, music, games, prizes and fun! Live musical entertainment provided by Michael J. Dombrowski! Menu: Brats, Hamburgers, BBQ Chicken, Potato Salad, Chips, Baked Beans, Fresh Fruit Salad, Dessert, Beer and Soda. Fee: \$10 members; \$12 non-members of the Grafton Senior Center. Advanced tickets required

### Ozaukee County Senior Conference

**Tuesday, June 16 at the Grafton High School**

Educational sessions are planned covering a wide variety of subjects. A light breakfast and a lunch will be provided for each senior. Free health screenings and information booths to answer questions. Registration forms will be available soon. You won't want to miss this event.

### Book Club

Enjoy a good book? **Ann Vaughan** leads this group that **meets on the first Monday of the month at 1:00 p.m.** Pick up books at the Grafton Public Library. May 4, "The Lighthouse" by P.D. James. June 1, "The Last Juror" by John Grisham. October 5, "Bad Blood" by Linda Fairstein.