

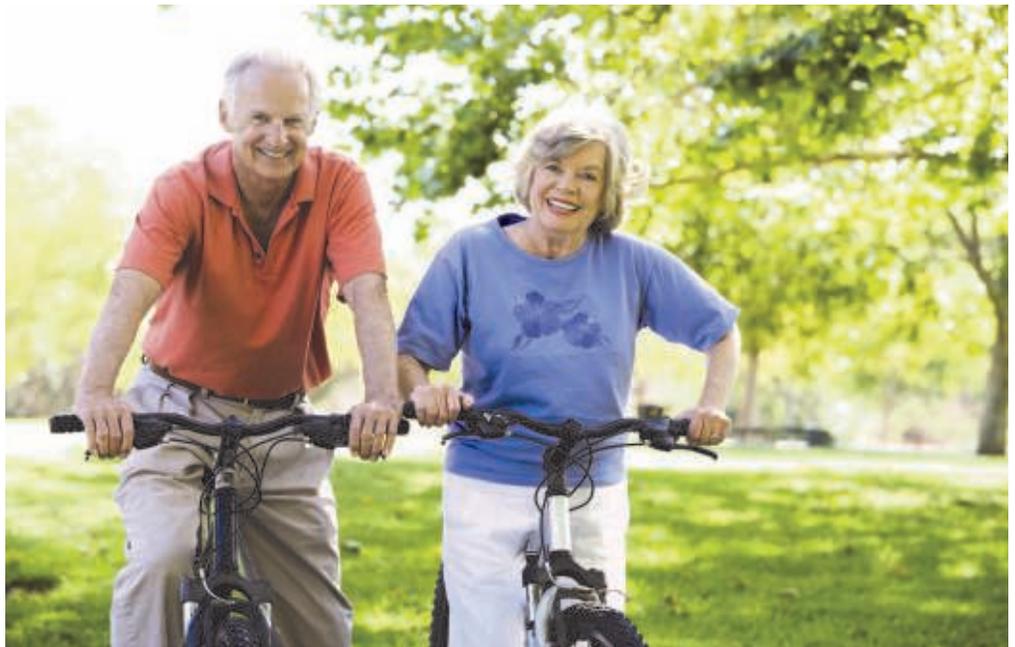


**Senior Coordinator  
Karin Sevenser**

ksevenser@village.grafton.wi.us

**Assistant Coordinator  
Janelle Herbrand**

jherbrand@village.grafton.wi.us



# Grafton Senior Center

1665 7th Avenue, Grafton, WI 53024 | 262-375-5311

**May / June  
2014**

Issue 12, Volume 3

**Monday - Thursday**

**9 a.m. - 3:30 p.m.**

**Friday 9 a.m. - 1 p.m.**

### Senior Friendship Club Officers

**President:** Ceil Albers

**Vice President:** Pat Baumann

**Secretary:** Nancy Milbauer

**Sunshine:** Doris Schmidt

**Crafts:** Lu Newberry

Grafton Dining / ADRC .....	2
Health & Wellness .....	4
Fireside Trips .....	6
Trips/Events .....	7
Keep Learning.....	8
Parties / Classes .....	9
Friendship Club .....	10
May Calendar.....	10
June Calendar.....	11

### Points of Interest

- \*Ozaukee Senior Games
- \*Saturday Computer Classes
- \*Ozaukee Senior Conference

### Member of:

Wisconsin Association of Senior Centers (WASC)  
Wisconsin Park & Recreation Association (WPR)

## 55 Plus Equals Fun!



Ceil Albers, Diane Holman and Mary Ann Bintzler enjoy the St. Patrick's Party.



Beglan Irish Dancers



Concordia Pharmacy students present important information.

### Senior Meetings

Find out what events are coming up, voice your suggestions, and meet new friends. Next meeting date: **August 14** and **November 6** at 1:00 p.m.

### Sign-in Policy

Please swipe your membership card at the podium near the east side entrance each day you visit the Center. Visitors are asked to sign the guest book.

### 2014 Senior Membership

Please note our policy requiring ALL users of the Grafton Senior Center to show proof of membership. Fees for **2014** will remain at \$15.00 for Village of Grafton residents and \$25.00 for non-residents. Each member will receive a swipe card to sign in. Five dollars of the fee will go to the Grafton Senior Friendship Club with the remainder to help offset some of the operational costs of our building. Thank you.

### Welcome New Members!

**Donna Kolanko, Marianne Kolins, Bill Nelson, Ann Enright,  
Kris Lindsay, Lois Bruss and Colleen Taylor.**

## TRY SOMETHING NEW

### Grafton Dining News and Events

Monday-Thursday at noon; Fridays at 11:45 a.m. Ozaukee County has a meal site at the Grafton Senior Center and provides delicious meals catered by Taher Co. of Brown Deer. The cost of each meal is a donation to the program (\$4 suggestion). Dessert and Coffee are included with lunch. Catch up with friends and meet new neighbors. Call Lynn, the Nutrition Site Manager, one day in advance at 262-483-1362 by noon. Menus are available at the Senior Center or at [www.qualitylifegrafton.com](http://www.qualitylifegrafton.com).

**First time diners get a free lunch!**

### Upcoming Lunch Events:

May 5	Cinco de Mayo Lunch
May 9	Golden Tones performance at 11:00
May 12	Mother's Day Celebration
May 15	Movie and Lunch
May 29	Lunch and BINGO
June 13	Father's Day Lunch
June 26	Lunch and BINGO

### Aging and Disability Resource Center of Ozaukee County is coming to the Grafton Senior Center.

To increase the outreach efforts to community seniors, the A.D.R.C. of Ozaukee County will have a staff person here from **11:00 a.m. - 12:30 p.m.** Staff will answer questions about services or resources available to help you stay healthy and independent. **Next date: Monday, June 23rd.**

### Movie and Lunch Thursdays!

**May 15, 9:45 a.m.** "Saving Mr. Banks" - PG13. The story of how Walt Disney courted P.L. Travers into letting him option the rights to MARY POPPINS is brought to the screen in this non-fiction drama starring Tom Hanks, Emma Thompson, and Colin Farrell. A doting father, Walt Disney (Hanks) promises his adoring daughters that he will bring their favorite fictional nanny Mary Poppins to the big screen. Little does Walt realize the surly author, P.L. Travers, has no intention of seeing her most famous creation bastardized for moviegoers, a fact that makes keeping his promise a difficult endeavor. Years later, however, when Travers' book sales begin to slow, dwindling finances driver her to schedule a meeting with Disney to discuss the film rights to the beloved story.

### BINGO LUNCH - May 29 and June 26.

Bingo is played on the last Thursday of the month at 1:00 p.m. Come for lunch at noon and stay for BINGO. We provide easy finger slider boards. Sponsored by Comfort Keepers, Grafton.

## ONGOING ACTIVITIES

### Thursday Night Sheepshead

Play starts promptly at 7:00 p.m. We suggest arriving any time after 6:00 p.m. to ensure a spot, as set-up time needs to be completed by 7:00 p.m. Please call Ron and Fay Scheel at 377-3040 for more information.

### 500 and Canasta

Do you or someone you know play 500 or Canasta? 500 is now played on **Tuesday afternoons at 1:00 p.m.** Call Ruth Patterson with any questions 377-1757. Canasta is played on Tuesdays at 1:00 p.m. Please join us!

### Needlework

**Thursday mornings at 9:00 a.m.**

Thank you to everyone who has donated yarn! Donations of any color or length are appreciated. We have a group of talented, caring seniors who enjoy knitting hats and booties for newborns at hospitals, gifts for nursing homes, and necessities for those less fortunate year-round. Come join them!

### Calling All Crafters

Crafters meet on Mondays at 1:00 p.m. in the dining room. Thank you to Lu Newberry, Carol Polster, Nancy Milbauer, Pat Baumann and Lucy Prucca for all of their hard work to make the Center look nice.

### Senior Scrapbook Free activity!

Help preserve some great memories at our Senior Center! We have photos and newspaper articles we would like to display in our scrapbooks. We will provide the materials. No experience necessary. The group meets on **Mondays from 1:00-3:00 p.m.**

### Thank you Volunteer Leaders!

**500:** Ruth Patterson. **Bingo:** Ann Haugstad and Lu Newberry. **Sheepshead:** Ron and Fay Scheel. **Crafts/Decorating:** Lu Newberry, Carol Polster, Nancy Milbauer, and Pat Baumann. **Dominoes:** Carol Polster. **Parties:** Pat Baumann, Lu Newberry, Lucy Prucca. **Bridge:** Elaine Korten Hof. **Meal site:** Pat Baumann, Lu Newberry, Janet Traxel, and Norb Studelska. **Generations Online Computer Help:** Frances Bigari. **Wii:** Looking for volunteer.

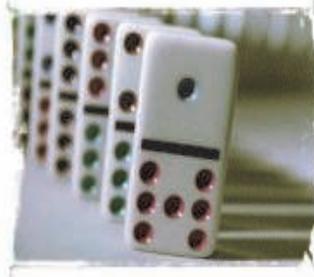
# ONGOING ACTIVITIES (CONTINUED)

## Dominoes

Monday and Wednesday afternoons at 1:00 p.m.

**Chicken Foot** is a fun domino game that is easy to learn and can be played with different numbers of players. No partner is needed and there is no pressure to win.

**Mexican Train** is a fascinating and challenging domino game. Domino sets are available in the dining room so you may play any day of the week. Rules for both games are available in the dining room.



## Golden Tones Chorus

The Golden Tones Chorus is a mixed choir led by Director Sarah Roesch. Rehearsals are held on **Tuesday mornings from 9:30-10:30 a.m. through May**. Fee is \$1 per rehearsal. New voices are welcome!

## Senior Conference

EDUCATION, GROWTH, WELLNESS

Tuesday, June 17, 2014.

The Ozaukee County Senior Conference will be held at Grafton High School, 1900 Washington Street, (Hwy. 60) Grafton. Join us!

Breakfast, lunch, educational sessions, door prizes and John McGivern, our keynote presenter! This Emmy-Award winner reminisces about the best times of summer as he shares, "Summer Stories". John's brilliant talent for comedy and storytelling will send you into summertime feeling like a kid again.

Registration materials available at the Senior Center. Deadline: June 6. No registration the day of the event. \$15 includes workshop fees, registration materials, continental breakfast and box lunch with beverage.

**GeminiCares**  
Offering In-Home Services for All Individuals in Need throughout the State of Wisconsin

- ◆ Supportive Home Care
- ◆ Advanced Personal Care
- ◆ High Level Mechanical Lifts
- ◆ Medicaid Certified Personal Care Agency
- ◆ Assistance with Daily Living
- ◆ RN Program Available
- ◆ Respite for Caregivers
- ◆ Transport & Companionship

Phone: 866-273-1020 • www.GeminiCares.com

**OAKWOOD APARTMENTS**  
10833 N. Port Washington Rd., Mequon  
(262) 241-8548  
www.millenniumhousing.org

62 or better/30% of Income  
Beautiful Park-Like Setting

## HELP PROTECT YOUR FAMILY

With a home security system monitored by ADT professionals 24 hours a day, 7 days a week. As an added benefit, installing a Security System may qualify you for a Homeowners Insurance discount.



CALL NOW! 1-888-891-6806

**Ye Olde Pharmacy and Wellness Center** Since 1998  
The Only Independent Family Owned Pharmacy Serving Ozaukee County  
**JOHN R. JANKOWSKI, R. PH.**  
Accepting Most Insurance Plans  
Free Delivery • Traditional & Compounded Prescriptions • Home Medical Equipment  
N54W6135 Mill St., Cedarburg • (262) 375-0010 • www.yeolderx.com

**MemoryMinders**  
Memory Wellness Programs & Services  
Jill Hoven RN, BSN

Brain Wellness Education • Memory Strategies  
Fun Brain Games • Presentations  
Group Facilitation • Individual sessions

www.memoryminders.net • (262) 707-9387  
www.facebook.com/MemoryMinders

**Comfort Keepers**  
a sodexo brand

Serving Ozaukee & Washington County  
(262) 376-7510

AT MEADOWMERE YOU'LL FEEL right at home

Life at Meadowmere is a chance to enjoy a healthy, happy retirement where every day brings a new experience.

**MEADOWMERE NORTHSIDE**  
ASSISTED LIVING COMMUNITY  
A FIVE STAR QUALITY CARE COMMUNITY

Life at Meadowmere offers:

- Three meals served restaurant style daily
- Weekly housekeeping and linen service
- Staff available 24 hours a day
- Social, recreational, educational & spiritual activities

10803 N. Port Washington Rd., Mequon, WI  
262-478-2200 • www.fivestartqualitycare.com

**NEW**

**SeekAndFind.com**  
is NEW and IMPROVED

Now it's even easier to shop these advertisers.

Show them your support!

# HEALTH AND WELLNESS



## Senior Exercise Class

Stop in and visit our most popular class. Our instructor is Evelyn Nowak. Classes are held every Monday, Wednesday and Friday morning from 10:30-11:30 a.m. Class fee is only \$1 whenever you come. The first half of class includes seated stretches, use of therabands and light hand weights followed by low impact aerobics to music. Fun!

## Silver Belles

These ladies love to dance! They are part of the Senior Exercise class and perform for retirement homes, assisted living centers, nursing homes, etc. The group is choreographed by Evelyn Nowak.

## FREE Blood Pressure Checks

**Wednesday, May 7 & June 4, 9:30-10:30 a.m.**

Meadowmere Northshore in Mequon is proud to sponsor free blood pressure checks on the first Wednesday of the month.

## Toe Nail Trimmers Foot Clinic

At Grafton Senior Center from 9:30 a.m.-2:00 p.m. Tuesdays, **May 13 and 27 and June 10 and 24.** Cost: \$25 for a 30 min. appointment. Call ahead to make a reservation.

## Wii

Come Play Wii! Wii is fun, improves your range of motion, standing and balance, endurance, posture and socialization. Play virtual bowling, golf, tennis, baseball and more! Open gaming is on the third Thursday of the month from **10:00-11:00 a.m.**

## Fitness Room

The Fitness Room is OPEN to all members of the Grafton Senior Center for no extra fee! All users are required to sign a waiver and sign up for an orientation to learn how to use the equipment correctly. This is a great improvement to our Center and will help keep our seniors healthy and active!

## Breast Health Today

**Tuesday, May 20, 1:00 p.m.**

Jane Kelley, MS Outreach Coordinator at Columbia St. Mary's Hospital will speak about breast Health Today.

A few of the topics presented include:

A review of why and when to get a Mammogram?

What screening is right for me?

What should I be aware of in my own body?

Discussion and questions are welcome!

Sign-up in the office if you are planning on attending!

This is a free educational program.

## Bocce Ball

The fun Italian game of lawn bowling is back! Games are played Tuesdays at 9:30 a.m. No experience necessary! Fun and easy to learn. **Opening day: Tuesday, June 24.** Play ends in September. Free activity! Sign up in office.

## PICKLEBALL!

What is Pickleball? Pickleball is one of the fastest growing sports in the country, especially with seniors! It is a sport for all ages similar to tennis, but on a court the size of a badminton court. Warning: may be addictive!

Adult Pickleball program offered through the Grafton Parks and Recreation Department, 375-5310.

Drop-in Pickleball, **Saturdays from 6:30-8:30 p.m.** at G.H.S. Fee: \$3 per night. Try it!

## Grafton High School Pool Hours

### Morning Lap Swim

Tuesday and Thursday through May 22 from 5:15 - 7:00 a.m.

### Evening Lap Swim

Tuesday & Thursdays through May 22 from 6:30 - 8:00 p.m.

**Senior Swim Fees** - Senior Rate = 55 and older. Daily

Fees: Resident \$3. Non-resident: \$4

## Family Aquatic Center: June 13-Aug. 24

**Preseason Hours:** June 7 & 8 open from Noon-4 p.m.

June 9-12 open from 1:00 - 3:00 p.m.

**Lap Swim:** Monday - Friday 11:30 a.m. - 12:30 p.m.

Monday, Wednesday and Sunday from 5:30 - 6:30 p.m.

Senior Daily Fees: Village resident \$2; Town/Grafton School District \$3; Non-resident \$5.

**AQUA DYNAMICS** classes: Tuesday and Thursdays from 5:30 - 6:30 p.m. Instructor: Jan Hill.

Next session: **June 17 - August 14** (No class July 1, 3).

**DEEP WATER WORKOUT** classes are held on Monday and Wednesday evenings from 5:30-6:30 p.m. Instructor: Evelyn Nowak. Next session: **June 16 - August 13** (No class June 30, July 2). Aqua belts are provided. Class size is limited.

\*Both instructors are Aquatic Exercise Certified.

Fee for either class: \$45 residents, \$56 non-residents.

Sign up now at the Grafton Parks and Recreation office, 675 N. Green Bay Road, Grafton. 262-375-5310.

## Ping Pong Anyone?

We would like to get a Ping Pong league started up again. Please stop in the office or call to let us know if you are interested in playing on the second and fourth Thursdays of the month at 10:00 a.m. FREE!

# HEALTH AND WELLNESS

## Ozaukee Senior Games

PLAY TODAY, HEALTHIER TOMORROW

May 28-June 19, 2014

Come join in the fun and friendly competition with other seniors from Ozaukee County! Events include: Opening Ceremony, Competitive Walk, Relay Walk, Dessert Social, Bridge, Golf, Mexican Train, Bocce Ball, Cribbage, Horseshoes, 50 Yard Swim, Pickleball, Bowling, 8 Ball, Shuffleboard, Sheepshead, Bike Ride and an Awards Breakfast.

You choose your events! There is no minimum or maximum number of events you can participate in! Each participant will receive a T-shirt. Please see our May and June calendar pages 10 and 11 for schedule. Cost: \$8, includes most activities, dessert social and awards breakfast. Registration forms available now and are due by May

## Walkabout Grafton

Walking is a great way for people of all ages to be physically active! Healthy refreshments and t-shirts provided. Walk at your own pace.

**May 3 - President's Walk at 9:00 a.m.** Walk will be led by Village President Jim Brunnquell. Walk begins at the Municipal Services Facility and will walk the Ozaukee Interurban Trail north to Terminal Road and back (approximately 60 minutes).

**May 10 - 9:00 a.m.** This walk will be held at Centennial Park. This 1/2 mile path also has fitness stops (approximately 60 minutes).

**May 17 - 9:00 a.m.** This walk will be held at Grafton Lions Park (approximately 45-60 minutes).

**May 24 - 9:00 a.m.** This walk begins at the Municipal Services Facility and will walk to Hickory Street to Fifth Avenue to Cedar Creek and through the path by Prairie Run and back (approx. 60-90 minutes).

**May 31 - 9:00 a.m.** The final walk begins at the Multipurpose Senior Center and will walk the Ozaukee Interurban Trail to Cedarburg and back (approximately 90 - 120 minutes).

Post-Operative Care Comprehensive Wound Care Cancer Recovery Services	Respiratory Services Palliative Care Services Digestive Support	Infusion Therapies Renal Disease Services Rehabilitation Services
---	---	---

**Cedar Springs Health & Rehabilitation Center**



...helping people live better

Cedarburg, WI  
262.376.7676

 <p>Provides Supportive Home Care &amp; Personal Care Services Quality care in the comfort of your own home www.geminihomecare.com Medicaid Certified Personal Care Agency 1-866-273-1020</p>	 <p>Assisted Living for the Elderly &amp; Disabled</p> <ul style="list-style-type: none"> <li>Private suites</li> <li>High staff to resident ration</li> <li>On-site lab &amp; radiology</li> <li>Therapy &amp; pharmacy services</li> <li>Medication &amp; health monitoring</li> <li>Outstanding activity programs</li> </ul> <p>www.ellenshome.com</p> <p>SPRING 2014 NEW HOME OPENING! in Germantown!</p> <p>PORT WASHINGTON 262-268-9555 GERMANTOWN 262-250-9800</p>
 <p><b>Discovery Tours</b> Motorcoach Tours</p> <ul style="list-style-type: none"> <li>Dinner Theaters</li> <li>Shopping &amp; more!</li> </ul> <p>800-444-2960 discoverycoachtours.com</p>	<p><b>GRAFTON SENIORS 62+</b> <b>642 Maple St. 1BR apts</b> Average rent \$250 based on income Utility credit Locked lobby Manager on-site <b>262.377.5804 or</b> EHO <b>414.449.1020 ext 401</b></p>

**Juice's**  
**GHOST TOWN BAR AND RESTAURANT**  
**GRAFTON**  
Serving dinner 7 nights a week Friday Fish Fry  
2 Blocks east of I43 on Highway 66  
(262) 376-9003  
www.juicesghosttown.com

  
MEDICAL HEARING ASSOCIATES, LTD.  
Improve Your Hearing, Improve Your Life  
Kathleen M. Haasch, Au. D.  
Ashley Hoerth, Au. D.  
www.medicalhearingassociates.com

1442 North 31st Street - Sheboygan, WI 53081 - Ph: 920.458.ears (3277) - Fax: 920.458.5255  
620 East Green Bay Avenue, Suite 104 - Saukville, WI - 53080 - Ph: 262.268.1400 - Fax: 262.268.1443

  
**ComForcare Home Care**  
Providing quality in-home, non-medical care for clients of all ages.  
Enhancing the quality of life - **not changing it.**  
Grooming & Hygiene • Transportation/Errands  
Light Housekeeping & More

4466 Hwy P, Suite 205, Jackson  
262-674-1515 www.westbend.comforcare.com

Newsletter advertising works as hard as you do to **GROW** your business.



**Contact Ann Marie Grall to find out how!**  
**agrall@4LPi.com**  
**262-207-2484**

# THE FIRESIDE DINNER THEATRE

## Driving Miss Daisy

Thursday, July 10. Depart 8:15 a.m.

One of America's most popular and celebrated plays returns to The Fireside. The original Off-Broadway production of DRIVING MISS DAISY won the coveted Pulitzer Prize for drama and the successful film version won the Oscar for best picture. This funny and warm story has touched millions of theatre goers and The Fireside is pleased to present a sparkling new production that will fill your heart with laughter and joy. You will be captivated by the story of Miss Daisy and her long time chauffeur and loyal friend, Hoke. The play spans 20 years during which they face trials and triumphs with humor, compassion and love and ultimately learn the value of true friendship.

Menu: Signature Salad. Fresh Baked Fireside Breads. Roast Boneless Porkchop. Herbed Crouton Dressing with Sauerkraut and Jones Original Recipe Sausage. Served with Whipped Potatoes glazed with a rich Pork Stock Gravy, Carrots, Green Beans, and a ramekin of Pink Cinnamon Applesauce. Crème Brulee-Classic Caramelized Sugar Crust; Banana garnished with a Banana Coin in a Myers Rum Sauce, Grand Marnier topped with a Fresh Raspberry, and Chocolate Crowned with a Chocolate Truffle. Coffee, Tea and Milk. Cost: \$89 due June 6.

## Smokey Joe's Café

Wednesday, August 6. Depart 8:15 a.m.

This critically acclaimed musical revue is a joyful celebration of the music of Jerry Leiber and Mike Stoller. You may not know the names but we guarantee you know their music. Leiber and Stoller as much as anyone, virtually invented rock 'n' roll. **SMOKEY JOE'S CAFÉ** features nearly 40 of the greatest songs ever recorded, such as "Hound Dog", "Love Potion #9", "Yackety Yak", "Charlie Brown", "Jailhouse Rock", "Fools Fall in Love", "Stand by Me", and many, many more performed live by a cast of some of the country's best young performers! The original production ran on Broadway for five years and The Fireside's exciting new staging of this smash hit musical is sure to bring crowds to their feet once again! Menu: Antipasto Salad. Tri-colored Rigatoni Pasta, Bouquetierre of Farm Fresh Vegetables, Julienne of Thuringer and Mortadella Sausage, and Danish Havarti Cheese tossed in Blush Wine Vinaigrette Dressing. Fresh Baked Fireside Breads. Chicken and Ribs. Lean Pork Back Ribs glazed with the Fireside's Special Barbeque Sauce. Buttermilk Marinated Southern Fried Fresh Breast of Chicken. Served with Baked Idaho Potato stuffed with Steamed Broccoli Buds in a Monterey Jack Cheese Sauce. Lemon Ice Cream Pie. House made Lemon Custard in a Pecan Meringue Crust with a Fresh Strawberry Sauce. Coffee, Tea and Milk. Cost: \$89 due June 30.

## Les Miserables

Thursday, September 11. Depart 8:15 a.m.

The Fireside is proud to present the world's longest running musical! LES MISERABLES has won 8 Tony Awards including Best Musical as well as over 100 international awards. Seen by over 65 million people in 42 different countries, this epic tale of love and courage, commitment and loyalty celebrates the unassailable strength of the human spirit. The Fireside's spectacular new production will be filled with magnificent singing and dancing as we bring to life one of the greatest, most ambitious soaring musical scores in the history of the stage. This is a Fireside premiere that you can't afford to pass up! Menu: Garden Salad. Fresh Baked Fireside Breads. Beef and Bird. Bone-in Short Rib of Beef braised in Red Wine until fork tender. Accompanied by Chicken Vienna, a skinless Breast of Chicken, dipped in buttermilk and egg, rolled in bread crumbs and sautéed to a golden brown, topped with Jones Canadian Bacon, Dijon Mustard French Boursin and Jarlsberg Swiss Cheese. Served with Whipped Acorn Squash and Spaghetti Squash Tomato Concasse. French Beignets. Three warm Deep Fried Fritters with a special House Made Chocolate Sauce, a Raspberry Melba Sauce, and Fresh Whipped Cream for dipping. Coffee, Tea and Milk. Cost: \$89 due August 4.



The Fireside Dinner Theatre is proud to accommodate those customers with hearing aids with the Loop broadcasts. If you're not sure if your hearing aid has the Loop, check with your audiologist.

**Upcoming Shows! A Fireside Christmas, Thursday, November 20 and Wednesday, December 10.**

# TRIPS / EVENTS

## Day Trip Policies

Please park your car farthest from the entrances.

**Policy:** We have the right to cancel the trip if we do not have the minimum number of participants to cover the cost, so please sign up before the deadline. Cancellations within three weeks will be refunded only if someone fills the spot. Due to the limit of staff, the Center cannot provide one-on-one assistance.

## Brewers Games

**May 15,** Brewers v. Pirates. Depart 10 a.m. **SOLD OUT!**

**June 25,** Brewers v. Washington. Depart 11 a.m.

Lower level seats, very little walking, very few stairs. Fee: \$47.

## Arlington Race Track

**August 21, Depart 8:30 a.m. Return approx. 7:15 p.m.**

Enjoy the ultimate in thoroughbred racing! Tour includes: escort, motor coach, track admission, program, reserved covered seating and lunch at the Olive Garden Restaurant. See flyer for lunch choices. Cost: \$67. Payment due July 21.

## Let's Hang On!

**September 26, Depart 10:30 a.m. Return approx. 5:15 p.m.**

Take a scenic ride through the Kettle Moraine and enjoy the fall color. Enjoy lunch at the Mineshaft Restaurant in Hartford. Move on to the Schauer Art Center to discover how New Jersey boys from the wrong side of the tracks invented their own sound and became one of the biggest pop sensations of all time! Cost: \$78. Payment due August 1.

## The Pfeifers

**October 7, Depart 8:15 a.m. Return approx. 6:15 p.m.**

The Pfeifers can inspire crowds of thousands, yet are most at home sharing their music and testimony in an intimate setting like The Fireside where they can truly minister to the needs of the people. The brother and sister duo of John and Candy Pfeifer along with Mary Jane Carter back their three-part harmony with a trumpet, saxophone and guitar. A true worship experience as they add souls to the kingdom of God. Please see flyer for menu. Cost: \$65. Payment due August 27.

## Mystery Trip

**October 15, Depart 7:15 a.m. Return approx. 6:45 p.m.**

Make a date to journey east, west, north or maybe south. Sit back and see haunted sights and explore new spooky places. Relax and enjoy, but no time to snooze. You don't have to go far to be surprised! Your day will be full of great things to see and do. Reserve your seat now! Cost: \$98. Payment due September 8.

## Ho Chunk Casino

**Friday, November 2.** This trip will be finalized after the May 2 trip to determine if travelers enjoyed the two casino stops.

Please give us your feedback on whether you enjoyed the two casino stops or would rather have one stop at Ho Chunk in the Dells with a stop at Baraboo Candy. Thank you.

## Extended Trips

See trip flyers for detailed itineraries with pricing.

### **Mayflower 35th Anniversary (Mayflower Tours)**

**September 28-30, 2014.** 3 days, 8 meals. Dinner Theatre, 2 days cruising the Celebration Belle, Isle of Capri Casino.

### **Blue Danube River Cruise (Mayflower Tours)**

**September 29, 2014.** 11 Days, 23 Meals.

Czech Republic, Germany, Austria, Slovakia and Hungary.

### **Italia Classica (Collette)**

**November 3 - 11, 2014.** 9 days, 10 meals.

Highlights: Rome, Colosseum, Florence, Venice, St. Mark's Square, Milan.

### **A Taste of the South Pacific (Collette)**

**February 9, 2015.** 13 days, 15 meals. Cairns, Great Barrier Reef, Sydney Opera House, Fiji and much, much more!

### **Flavors of the South (Mayflower Tours)**

**April 18, 2015.** Enjoy two nights in New Orleans, two nights in Lake Charles and two nights in Memphis.

## ~ Trips and Events ~ 2014

May 2	Ho Chunk Casino - Dells & Madison
May 8	Fiddler on the Roof at The Fireside
May 15	Brewer Game
May 29-June 19	Ozaukee Senior Games!
June 17	Ozaukee Senior Conference at G.H.S.
June 24	Mother's Memory Tea
June 25	Brewer Game
July 8	Senior Picnic at Lime Kiln Park
July 10	Driving Miss Daisy at The Fireside
August 6	Smokey Joe's Café at The Fireside
August 21	Arlington Race Track
September 11	Les Miserables at The Fireside
Sept. 26	Frankie Valli Tribute at Schauer Art Center
Sept. 28	Mayflower 35th Anniversary Party aboard the Celebration Belle
Sept. 29	Blue Danube River Cruise
October 7	<i>The Pfeifers</i> - Fireside Christian Concert
October 15	Mystery Trip
November 3-11	Italia Classica with Colette
November 2	Ho Chunk Casino
November 20	A Fireside Christmas
December 10	A Fireside Christmas



Please let us know if there is somewhere you would like to go and we will look into it. More trips are being planned.

# KEEP LEARNING

## Generations on Line

Generations on Line is a national non-profit program that promotes Internet access and literacy to elders 65 and over who are not familiar with computers. It provides simplified Internet access and on-screen basic training for elders for **FREE!** We have a computer set-up for this program in the dining room where you can learn at your own pace.

A few benefits it offers:

- Simplified email, with a free email account
- Internet searching in 36 languages
- Intergenerational section
- Easy links to other websites: Medicare, Social Security, Veterans information and newspapers from around the world.

Senior Friendship Club member, Frances Bigari has offered to help anyone who would like to try this program. Please call her at (262) 377-6428 for an appointment.

## Delta Kappa Gamma Book Discussions

This group meets on the first Thursday of the month. Delta Kappa Gamma received a grant to purchase large print books, audio books and CD players in order to lead book discussions with groups of seniors residing in Ozaukee County. Upcoming books: May 1: **Orphan Train** by Christina Baker Kline; June 5 **All Creatures Great and Small** by James Herriot; July 3, off for holiday; August 7, **The Invention of Wings** by Sue Monk Kidd. Sign up in the office. **FREE!** Questions call 377-6380.

## Art Classes

The Senior Center would like to offer art classes again. Please call the office if you are interested in sharing your talents with others.

## Grafton Historical Commission

The Grafton Historical Commission has begun a joint collaboration with members of the Grafton High School Video Club with the objective of compiling video recordings of long-time Grafton residents, talking about their recollections of life in the Village from the 1920s, 30s, 40s. (1900-1950+)

This will be an ongoing series of talks to be recorded on DVD's and stored in the Village Archives for relatives of the participants, future historians and any other interested parties to examine for a look at life in Grafton through the personal memories of the residents.

The Historical Commission is seeking volunteers with a "tale to tell" to sit and chat informally with one of the video club members with wherever discussion leads them. In addition, they are asking to use old photographs anyone may have to share, depicting life as it was in twentieth century Grafton and the surrounding farming and industrial communities.

If you can help with this project, please contact Ted Warwick, Historical Commissioner, at 262-377-1229, or tworyx1@yahoo.com.

## Become A Savvy Senior

July 2, 9, and 16 from 1:00-2:30 p.m.

Join Victoria for free enlightening classes to discuss: How to stage your home for selling; Tricks to de-cluttering; Legal Q&A regarding trusts, Real Estate issues; Finding out what a home inspector could uncover, and more! Refreshments will be provided. Free!

## E-Readers and E-Book Help

Need help with E-Readers and getting E-Books? Utilize the free service, "Book-A-Librarian", from the USS Liberty Memorial Library at 375-5315 for a one-on-one lesson.

## Computer Classes

Small classes of 5-7 people with hands-on training. Specific class subjects will be taught by **Sherry** through **Sandia Creations** on Saturday mornings. Choices: Computer Basics Part 1 and 2; Internet; Email, Microsoft Word 2010; Email Attachments; Digital Cameras Beginner, iPad and Facebook. Agendas based on the needs of each class. You must pre-register for these classes. Call 375-5311. Fee \$38. Students are welcome to bring their own laptops to class, or one will be provided for class use.



**Internet**, 9:00-10:30 a.m. Saturdays: May 3, 10 and 17. Fee: \$38.00.

The Internet is a vast world that students will explore. This class is geared for those who are new to the internet or those who want to brush up on the basics. Topics covered include search engines, understanding Internet Security, how to stay safe while shopping and paying bills, travel, how to use the browser toolbar, as well as other areas of interest.

**Beginner iPad**, 10:45 a.m. -12:15 p.m., Saturdays, May 3, 10 and 17. Fee: \$38.00.

Maybe you received an iPad for Christmas and now you need to learn how to use it. This class is for you! This class is for those new to iPad. In this beginner class, learn how to use the Apps such as calendar, camera, notepad, iBooks, Internet and other applications. Students are required to bring their own iPad to class.

\*Let the office know if there is another topic you would like to have a technical class offered. More classes available in fall!

# PARTIES

## Cinco de Mayo Lunch - Monday, May 5, 11:30 a.m.

Appetizers, Mexican music and door prizes. Sign up with Lynn.

## Senior Games Awards Breakfast - Thursday, June 19,

8:30 a.m. Sign up for the Ozaukee Senior Games for some friendly competition and social interaction. No additional fee other than the senior games registration. Breakfast catered by Grafton Catering. Awards distributed to event winners.

## Mother's Memory Tea - Tuesday, June 24, 1:30 p.m.

Free event graciously sponsored by Kim Meisinger of the Bloomin' Olive and friends. Sample delicious finger foods and a variety of teas. You must sign up for this event in advance as space is limited.

## Gift Certificates

When your families are wondering what to get you for your birthday or holiday, tell them to get a gift certificate from the Grafton Senior Center. They can be purchased for any amount and used for any day trip, party or special event.

## Save the Date!

- **Older Americans Month Celebration**  
May 20 at Oz. Cty. Fair grounds. Call 284-8120 for reservations
- **Frozen** the movie at Centennial Park, Friday, June 20 at dusk. Free.
- **Senior Picnic**  
Tuesday, July 8 at Lime Kiln Park
- **Halloween Costume Party**  
Friday, October 31

**Are you ever alone?**  
You're never alone when you have a medical alert!

"I feel more independent, safe, and secure with my medical alert."

**Less than \$1 per day**

- ▶ No Long-Term Contracts
- ▶ Price Guarantee
- ▶ A+ Rating with BBB
- ▶ Made and Monitored in the USA

**Call Today to learn more about our Special Offer.**

**1.877.801.7772**  
Toll Free



**Right at Home**  
In Home Care & Assistance

N88 W16624 Appleton Ave Suite 7  
Menomonee Falls, WI 53051

**262.255.2222**  
www.rahmenomoneefalls.com



**Berkshire Senior Community**  
1 & 2 Bedroom Luxury Apartments  
Heat, Water, & Underground Parking INCLUDED!  
Convenient Downtown Location

**1004 Beech St., Grafton • 262-376-9661**  
www.berkshire-grafton.com

Professionally Managed by Oakbrook Corp. • \*Income limits may apply





**BrightStar** LIFECARE  
DISCOVER THE ADVANTAGES OF BRIGHTSTAR CARE®

At BrightStar Care®, our goal is to improve the quality of life of those entrusted to our care.

In-home Care: Companionship, Bathing & Hygiene, Light Housekeeping, Transportation, Medication Management, Meal Prep, Nursing Care & More!

Stay in the comfort of your own home!  
BrightStar Care® of West Bend - Phone: 262-977-9296  
2027 Holiday Tile Lake Court, Jackson, WI 53032  
Independently Owned and Operated



**Discover the Difference**  
Senior living at McKinley Place.  
Call 262-376-7700 for a tour.

**McKinley Place** Senior Living

W56 N225 McKinley Blvd.  
Cedarburg, WI 53012  
Enlivant.com



**Newsletter advertising works as hard as you do to GROW your business.**

**Contact Ann Marie Grall to find out how!**  
agrall@4LPi.com  
262-207-2484



# May Events

2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Activity</u>= Senior Games Event</p> <p><b>Activity= Senior Games Event Here</b></p>			<p><b>1</b> 9:00 Needlework <b>1:00 DKG Book Club</b> 1:00 Sheepshead 7:00 Sheepshead</p>	<p><b>2</b> <b>8:15 Ho-Chunk Trip</b> 9:00 Hand and Foot 10:30 Exercise</p>
<p><b>5</b> 10:30 Exercise 1:00 Bridge, Dominoes, Scrapbooking</p>	<p><b>6</b> 9:30 Chorus 1:00 Canasta, 500, Sheepshead</p>	<p><b>7</b> <b>9:30-10:30 Blood Pressure Check</b> 10:30 Exercise 1:00 Cribbage, Bridge, Dominoes</p>	<p><b>8</b> <b>8:15 Depart for Fiddler at Fireside</b> 9:00 Needlework 1:00 Sheepshead 7:00 Sheepshead</p>	<p><b>9</b> 9:00 Hand and Foot 10:30 Exercise</p>
<p><b>12</b> 10:30 Exercise 1:00 Bridge, Dominoes, Scrapbooking</p>	<p><b>13</b> <b>9:30-2 Foot Clinic</b> 9:30 Chorus 1:00 Canasta, 500, Sheepshead</p>	<p><b>14</b> 10:30 Exercise 1:00 Cribbage, Bridge, Dominoes</p>	<p><b>15</b> 9:00 Needlework <b>10:00 Brewer Game</b> <b>10:00 Wii w/Friends</b> 1:00 Sheepshead 7:00 Sheepshead</p>	<p><b>16</b> 9:00 Hand and Foot 10:30 Exercise</p>
<p><b>19</b> 10:30 Exercise 1:00 Bridge, Dominoes, Scrapbooking</p>	<p><b>20</b> 9:30 Chorus 1:00 Canasta, 500, Sheepshead</p>	<p><b>21</b> 10:30 Exercise 1:00 Cribbage, Bridge, Dominoes</p>	<p><b>22</b> 9:00 Needlework 1:00 Sheepshead 7:00 Sheepshead</p>	<p><b>23</b> 9:00 Hand and Foot 10:30 Exercise</p>
<p><b>26</b> 10:30 Exercise 1:00 Bridge, Dominoes, Scrapbooking</p>	<p><b>27</b> <b>9:30-2 Foot Clinic</b> 9:30 Chorus 1:00 Canasta, 500, Sheepshead</p>	<p><b>28</b> 10:30 Exercise <b>1:00 Senior Games Begin! Run/Walk</b> 1:00 Cribbage, Bridge, Dominoes <b>2:15 Dessert Social</b></p>	<p><b>29</b> 9:00 Needlework <b>1:00 BINGO!</b> 1:00 Sheepshead 7:00 Sheepshead</p>	<p><b>30</b> 9:00 Hand and Foot <b>9:30 Golf at Edgewater Golf Club</b> 10:30 Exercise <b>1:15 Bridge, P.W.</b></p>

## Birthdays

- |                       |                 |
|-----------------------|-----------------|
| 1 Dale Duckert        | 23 Nancy Noldin |
| 4 Verlan Snodgrass    |                 |
| 8 Mary Tinder         |                 |
| 19 Alice Enders       |                 |
| 20 Genee Brukwitzki   |                 |
| 20 Shirley Helms      |                 |
| 21 Margarita Johnston |                 |
| 21 Judy Wendtlandt    |                 |
| 22 Rose Flath         |                 |
| 22 Dolores Jilek      |                 |



## Special Events:

**Delta Kappa Gamma Book Discussion Group**, Thursday, May 1, 1:00 p.m., "Orphan Train" by Christina Baker Kline.

**Wii Gaming**, May 15, 10:00 a.m.

**BINGO**, May 29, 1:00 p.m.

# June Events

2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> 10:30 Exercise <b>1:00 Mexican Train</b> 1:00 Bridge, Dominoes, Scrapbooking	<b>3</b> <b>9:00 Bocce Ball</b> 9:30 Chorus <b>1:15 Cribbage, P.W.</b> 1:00 Canasta, 500, Sheepshead	<b>4</b> <b>9:30-10:30 Blood Pressure Check</b> 10:30 Exercise 1:00 Cribbage, Bridge, Dominoes	<b>5</b> 9:00 Needlework 9:30 Horseshoes, P.W. <u>Moore Courts</u> <b>1:00 DKG Book Club</b> 1:00 Sheepshead 7:00 Sheepshead <b>7:30 50 Yard Swim,</b> <u>Homestead High School</u>	<b>6</b> 9:00 a.m.-2:00 p.m. <u>Pickleball, Cedarburg Community Gym</u> <b>1:00 Bowling, Grafton Pub &amp; Bowl</b> 9:00 Hand and Foot 10:30 Exercise
<b>9</b> 10:30 Exercise <b>1:00 8 Ball, P.W.</b> 1:00 Bridge, Dominoes, Scrapbooking	<b>10</b> <b>9:30-2 Foot Clinic</b> 9:30 Chorus 1:00 Canasta, 500, Sheepshead	<b>11</b> 10:30 Exercise <b>1:00 Shuffleboard</b> 1:00 Cribbage, Bridge, Dominoes	<b>12</b> 9:00 Needlework <b>1:15 Sheepshead, P.W.</b> 1:00 Sheepshead 7:00 Sheepshead	<b>13</b> 9:00 Hand and Foot 10:30 Exercise
<b>16</b> 10:30 Exercise 1:00 Bridge, Dominoes, Scrapbooking	<b>17</b> <b>Ozaukee Senior Conference at GHS</b> 9:30 Chorus 1:00 Canasta, 500, Sheepshead	<b>18</b> <b>8:30 Bike Ride, Ced. or P.W.</b> 10:30 Exercise 1:00 Cribbage, Bridge, Dominoes	<b>19</b> <b>8:30 Awards Breakfast</b> 9:00 Needlework <b>10:00 Wii w/Friends</b> 1:00 Sheepshead 7:00 Sheepshead	<b>20</b> 9:00 Hand and Foot 10:30 Exercise
<b>23</b> 10:30 Exercise <b>11-12:30 ADRC</b> 1:00 Bridge, Dominoes, Scrapbooking	<b>24</b> <b>9:30-2 Foot Clinic</b> 9:30 Chorus <b>1:00 Mother's Tea</b> 1:00 Canasta, 500, Sheepshead	<b>25</b> 10:30 Exercise <b>11:00 Brewer Game</b> 1:00 Cribbage, Bridge, Dominoes	<b>26</b> 9:00 Needlework <b>1:00 BINGO!</b> 1:00 Sheepshead 7:00 Sheepshead	<b>27</b> 9:00 Hand and Foot 10:30 Exercise
<b>30</b> 10:30 Exercise 1:00 Bridge, Dominoes, Scrapbooking				<u>Activity= Senior Games Event</u>  <b>Activity= Senior Games Event Here</b>

## Birthdays

1 Ron Awe	15 Donna Demerath
1 Ron Scheel	16 David Zarling
3 Shirley Frea	22 Del Holman
3 Tom Haugstad	23 Pat Baumann
5 Betty Oelerich	23 Karen Grittinger
7 Doris Schmidt	23 Annette Jacque
8 Pat Holzbauer	24 Janine Zimmermann
8 Beverly Thielen	25 Marilyn Seymour
10 Donna Fix	27 Kris Lindsay
10 Renata Podjaski	29 Marcia Suffoletta
11 Maribeth Witkowski	30 Skip Eernisse
14 Barney Klaus	

## Special Events:

**Delta Kappa Gamma Book Discussion Group, Thursday, June 5.** "All Creatures Great and Small" by James Herriot Carol.

**Wii Gaming: Thursday, June 19, 10:00 a.m.**

**BINGO, Thursday, June 26, 1:00 p.m.**

Village of Grafton  
**Grafton Senior Center**  
1665 7th Avenue  
Grafton, WI 53024

Non-Profit  
U.S. Postage  
PAID  
Grafton, WI  
Permit No.

## The Benefits of Joining a Senior Center

***Did you know that there are 15,000 senior centers across the country, serving close to 10 million older adults each year?***

*That's more senior centers than there are Starbucks in this country!* Senior centers are designated as community focal points through the Older Americans Act.

The National Institute of Senior Centers defines a senior center as a place where “older adults come together for services and activities that reflect their experience and skills, respond to their diverse needs and interests, enhance their dignity, support their independence, and encourage their involvement in and with the center and the community.”

Not only do senior centers offer helpful resources to older adults, they serve the entire community with information on aging, support for family caregivers, and developments of innovative approaches to addressing aging issues.

While senior centers typically provide nutrition, recreation, social and educational services, and comprehensive information and referrals, many centers are adding new programs such as fitness activities and internet training to meet the needs and interests of the new generation of seniors.

Common services offered at many senior centers include health and wellness programs, arts and humanities, community action opportunities, transportation services, volunteer opportunities, educational opportunities, information and referral, leisure travel and meal and nutrition programs.

Source: [www.ncoa.org](http://www.ncoa.org)