



Grafton Senior Center

Grafton Senior Center
1665 7th Avenue
Grafton, WI 53024
262-375-5311

Volume 8, Issue 3

May and June 2010

Senior Coordinator
Karin Sevener

ksevener@village.grafton.wi.us

Assistant
Janelle Herbrand

Monday - Thursday

9 a.m. - 3:30 p.m.

Friday 9 a.m. - 1 p.m.

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Points of Interest

- * Hours of Operation
- * Cooking Classes
- * Fashion Show Tea Party
- * Ozaukee Senior Games

Member of:
Wisconsin Association of Senior Centers (WASC)
Wisconsin Park & Recreation Association (WPRA)

55 Plus Equals Fun!

Senior Friendship Club Officers:

President: Virginia Moore
Vice President: Pat Baumann
Secretary: Vacant
Sunshine: Doris Schmidt
Crafts: Ann Vaughan

Senior Meetings

Find out what events are coming up, voice your suggestions, and meet new friends. Next meeting is Thursday, May 13 at 1 p.m.

Sign-in Policy

Please sign in at the podium near the east side entrance each day you visit the Center.

Senior Center Contribution

Fees for 2010 are \$10 for Village of Grafton residents and \$15.00 for non-residents. You will receive a membership card shortly after payment is received. Thank you!

Welcome New Members!

- Arline Lubner
- Pat Johnson
- Sue Rehberg
- Irene Ransom
- Robin Dietrich
- Barbara Schmidt
- Dorothy Spiess
- Penny Warner
- Bill and Lois Hoover
- Martha Mahoney
- Rita Radke
- Mary Schopfer
- Beverly Thielen
- Geraldine Anderson
- Barbara DeBroux
- Don Jacoby
- Harold Walsh
- Martin Wegner
- Ryan Thomas
- Bob and Ruth Reineck
- Marie Slagle
- Elaine Nap

2010 Senior Membership Fee and Membership Cards

Please note our new policy requiring ALL users of the Grafton Senior Center to show proof of membership. Each person will receive a membership card shortly after payment. Five dollars of the fee will go to the Senior Friendship Club with the remainder to help offset some of the operational costs of our building. Thank you for your support!

Recent Events

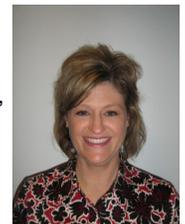
Mel Nowak congratulates Madeline Studelska and Lisa Chin for "Preserving Grafton's History"



The Trinity Irish Dancers entertained us with their energetic dancing at our annual St. Patrick's Day Party on March 16.

Please welcome Janelle Herbrand!

Janelle is our new Senior Center Assistant. She will primarily be working on Tuesdays and Thursdays here at the Senior Center. Janelle is married with three children. She enjoys volunteering at church, music, riding bike and spending time on the soccer fields with her girls. Please welcome Janelle and make sure to introduce yourself.



Grafton Dining News / Events

Tired of eating alone, the high cost of groceries, and not eating right? Enjoy good company and conversation at the Grafton Senior Center. Ozaukee County has a meal site at our Center and provides delicious meals Monday - Friday. The cost of our meal is a donation to the program. Where catching up with friends and meeting new neighbors are always on the menu. Call **Lynn**, our Nutrition Site Manager, **one day in advance** at **262-483-1362** by noon. First time diners get a free lunch.

Upcoming Lunch Events:

May 5	Cinco de Mayo
May 6	11:00 a.m. Scrabble
May 7	Mother's Day Lunch
May 20	10 a.m. Movie & Lunch "UP"
May 24	Information Specialist here 11:30 - 1 p.m.
May 27	Lunch and Bingo at 1:00 p.m.
June 17	10 a.m. Movie "The Blind Side"
June 18	Father's Day Lunch
June 23	Information Specialist here 11:30-1:00
June 24	Lunch & Bingo at 1:00 p.m.

Aging and Disability Resource Center of Ozaukee County coming to the Grafton Senior Center

To increase the outreach efforts to community seniors, the A.D.R.C. of Ozaukee County has a staff person here once a month on a Wednesday from 11:30 a.m. - 1:00 p.m. Staff will answer your questions about services or resources available to you to help you stay healthy and independent. **FREE! Dates: May 24 and June 23.**

Movie and Lunch

Watch a movie with popcorn and stay for a delicious lunch. Call Lynn 483-1362 at least one day in advance before 12:30 p.m. for reservations.

Thursday, May 20 at 10:00 a.m. "UP"

Voices by: Edward Asner, Christopher Plummer and John Ratzenberger. Rated PG. Carl Frederickson spent his entire life dreaming of exploring the globe and now in his 78th year he launches his house into the sky via thousands of balloons. Right after liftoff he discovers he has a stow-away, an optimistic 8-year-old Wilderness Explorer named Russell. This hilarious journey takes you into a lost world with the least likely duo on Earth.

Thursday, June 17 at 10:00 a.m. "The Blind Side"

Starring: Sandra Bullock, Kathy Bates and Tim McGraw. This is the true story of Michael Oher, a homeless African-American youngster from a broken home. Michael was taken in by a wealthy white family who helped him fulfill his potential as a person and an athlete. He worked hard on the field and in the classroom and became an All-American in college and was picked in the first round of the 2009 NFL Draft, changing his life and the lives of his loving family.

Ongoing Activities

Pick 'n Save "We Care"

Individuals need to fill out a card that will automatically credit the account you have chosen. You may choose up to three recipients and your sales will be divided evenly. You will be given a small card that you present to the clerk when you check out. THE ACCOUNT NUMBER FOR THE GRAFTON SENIOR CENTER IS 290975.

Thursday Night Sheepshead

Play starts promptly at 7:00 p.m. We suggest arriving anytime after 6:00 p.m. to ensure a spot, as setup time needs to be completed by 7:00 p.m. Please call Ron and Fay Scheel at 377-3040 for more information.

Yarn Donations

Thank you to everyone who has donated yarn. Donations of any color or length are appreciated. We have a group of talented, caring seniors who enjoy knitting hats and booties for newborns at hospitals, gifts for nursing homes, and necessities for those less fortunate year-round.

Calling All Crafters

Helpers needed to decorate the Center and tables. Crafters meet on Mondays at 1:00 p.m. in the dining room (except the first Monday of the month). Thank you to Ann Vaughan, Peter Swatek, Carol Reif and Harvey and Carol Polster for all of their hard work to make the Center look nice.

Chicken Foot & Mexican Train

Chicken Foot is a fun dominoes game that is easy to learn and can be played with different numbers of players. No partner is needed and there is no pressure to win. Rules are available in the dining room. Mexican Train is a fascinating and challenging dominoes game. Domino sets are available in the dining room so you may play any day of the week.

Golden Tones Chorus

The Chorus practices on Tuesday mornings from 9:30-10:30 a.m. September through May. Join us as we learn new songs, perform for other groups, and have a good time. Choir is directed by Bethany Leinss. Practices are only \$1.

Bingo!

The last Thursday of the month at 1 p.m. Cash prizes are donated monthly by Comfort Keepers. Thank you!

Thank you Volunteer Leaders!

500: Ruth Patterson. Bingo: Sue Demerath, Ann Leque. Taxes: Howard Cordts. Sheepshead: Ron & Fay Scheel. Crafts: Ann Vaughan, Peter Swatek, Carol Reif. Dominoes: Harvey and Carol Polster. Recycling: Clay Leque. Parties: Pat Baumann. Bridge: Peggy Giese. Mealsite: Pat Bauman, Janet Traxel, Norb Studelska. Wii: volunteer needed!

Health and Wellness

Senior Exercise Class

Stop in and visit our most popular class. Instructor is Evelyn Nowak. Classes are held every Monday, Wednesday and Friday morning from 10:30-11:30 a.m. Class fee is only \$1 whenever you come. The first half of class includes seated stretches, use of therabands and light hand weights followed by low impact aerobics to music. Fun!

Silver Belles

This group of fun ladies can dance! All are members of the Senior Exercise class who perform varying dance routines choreographed to music for local groups.

Wii

Wii is fun, improves your range of motion, standing and balance, endurance, posture and socialization. Play virtual bowling, golf, tennis, baseball and more! Open gaming is on the **third Thursday of the month** from **1- 2 p.m.**

Wii Sports: Bowling, Golf, Tennis, Boxing and Baseball
Wii Games: Billiards, Fishing, Shooting Range, Find Mii,
Table Tennis, Pose Mii, and Laser Hockey

Wii Fit: Balance, Strength, Aerobics, and Yoga activities

“Will the Government Pay for your Nursing Home Care?”

This topic will be presented on **Thursday, May 6 at 10:00 a.m.** by Ginger Ayres of the Aging and Disability Resource Center of Ozaukee County. What are your options? How much will it cost? Learn the answers to all of these questions and more! Call Lynn at 483-1362 if you would like to stay for lunch. See page 5 for more information.

Toe Nail Trimmers Foot Clinic

At the Grafton Senior Center from 9:00 a.m.-2:00 p.m.
Tuesdays, May 11 and 25.
Tuesdays, June 8 and 22.
Tuesdays, July 13 and 27.
Cost is \$23 for a 30 minute appointment. Please call ahead.

Cooking Classes

Louise Block, will be teaching hands-on cooking classes here. Cost: \$25. Class size is limited. Samplings of all items and complete printed recipes provided.

Tuesday, May 11, 1 - 3 p.m. Tapas - Small Plates

Tapas are appetizers that usually accompany cocktails. This demo and hands-on cooking class will give everyone a chance to assist. We will prepare *Spinach Empanadillas, Grilled Pork Sausages with Spiced Figs, Marinated Steak Roulades filled with asparagus, red bell peppers and green onions, Southwest Egg Rolls and cool avocado dip.*

Tuesday, June 29, 1 - 3 p.m. Summertime Salads

Prepare a *Crispy Sesame Stack, Blueberry Chicken Salad, Purple Potato Salad, Green and Gorgeous Taco Salad with a twist and Strawberry-Pineapple Iceberg Wedges with Yogurt Poppy Seed Dressing.*

Walkabout Grafton

Wear comfortable walking shoes, loose fitting clothes and bring a water bottle. Each Saturday in May beginning at 9:00 a.m. May 1 from Centennial Park (30-40 min.). May 8 from the outdoor pool (45-60 min.). May 15 from Lime Kiln Park (60-75 min.). May 22 from Senior Center (75-90 min.). May 29 from G.H.S. track (90-120 min.). Free.

Bocce Ball

Games are played on Tuesdays at 9:30 a.m. No experience necessary as the game is fun and easy to learn beginning **Tuesday, June 22**. Play will end in September with a break-fast following the season. Sign up for this free activity.
Special Event: July 20 - Bocce Tourney vs. Mequon Seniors

Free Hearing Screenings

Tom Adler, Hearing Instrument Specialist, from Avada Hearing Care will be here on **Wednesday, May 19 from 11:30 a.m. - 2:30 p.m.** to provide hearing screenings and also to clean hearing aids free of charge. Call 375-5311 to set an appointment. Screenings take approx. 10 minutes.

Water Exercise

Water aerobics is great for people with arthritis as there is no pounding on the joints! Classes are held at the Grafton Family Aquatic Center. Instructors are Aquatic Exercise Association certified.

Aqua Dynamics: is held in the shallow end of pool with instructor Jan Hill. No swimming experience is necessary.

Class Dates: Tuesday and Thursday, 5:30 - 6:30 p.m.

June 22-August 24. (No class on July 22).

Fee: \$35.00 Village residents. \$45 for Non-Residents.

Deep Water Aerobics is led by Evelyn Nowak and is held in the deep end of the pool. Participants wear flotation belts and aqua resistance gloves. Aqua gloves cost \$12.

Class Dates: Mondays and Wednesdays, 5:30 - 6:30 p.m.

June 21-August 23 (No class July 5).

Fee: \$35.00 Village residents. \$45 for Non-Residents.

Ozaukee Senior Games

May 27 - June 18, 2010

Don't miss the fun this summer as Ozaukee County seniors prepare for some fun and friendly competition! Events include: Opening Race/Walk, Dessert Social, Golf, Bowling, Horseshoes, Sheepshead, Bocce Ball, 8 Ball, Chickenfoot, Bicycling, Shuffleboard, Cribbage, Tennis, Swimming and an Awards Breakfast. Fee: \$8.00. Each participant will get a T-shirt. Please sign up by May 13.

Joint Protection & Exercise for Arthritis

Thursday, May 13, 1:00 p.m.

Valerie Stone from the Arthritis Foundation will be here to explain how we can protect our joints with exercise after the senior meeting. Refreshments provided.

The FIRESIDE Dinner Theatre

Cinderella

Wednesday, May 12. Depart 8:15 a.m.

Fresh from the success of OKLAHOMA, SOUTH PACIFIC, and THE KING AND I, Broadway's greatest composing team wrote an original musical comedy—the first of its kind—to be performed live on TV in 1957. It was the most watched program in television history in its original airing starring Julie Andrews. Enjoy this live stage production of Rodger and Hammerstein's musical adaptation of one of the world's most enduring love stories. Whether you're eight or eighty-eight, you'll be captivated by its humor, romance and great music. Menu: Pasta Deli Salad; Fresh Baked Breads; Chicken and Ribs served with a Baked Potato filled with Broccoli Buds in a Cheddar Cheese Sauce. Pumpkin Ginger Caramel Flan for dessert. Coffee, Tea or Milk. Cost: \$83.

RING of FIRE

Thursday, July 8. Depart 8:30 a.m.

Fresh from a successful Broadway run RING OF FIRE has it all—the drama of his memorable life and career told by a cast of talented singers/musicians and over 40 of his great hits including: "I Walk the Line," "Folsom Prison Blues," "Jackson" and of course "Ring of Fire." Johnny Cash fans will be thrilled by this exciting journey through the life and work of this great artist. Menu: Fantastic Duo Salad; Fresh Baked Breads; Baked Boneless Pork Chop - Herbed Crouton Dressing with Sauerkraut and Jones Original Recipe Sausage. Served with Whipped Potatoes glazed with Rich Pork Stock Gravy; a ramekin of Pink Cinnamon Apple Sauce and Fresh Asparagus Spears. Peach Melba - Coconut Ice Cream with Diced Fresh Peaches and Raspberry Melba Sauce for dessert. Coffee, Tea or Milk. Cost: \$83.

Hairspray

Thursday, September 23. Depart 8:30 a.m.

The Fireside is the first professional theatre in Wisconsin to produce the smash Broadway hit Hairspray. Hairspray is a classic fairy tale told with humor and heart amid the exciting rhythms of 60's rock and roll featuring some of the most high-energy, spectacular dancing you'll ever see on the stage. Garden Salad, Belgian Endive, Romaine Lettuce, Young Spinach Leaves, Sweet Corn, Hard Cooked Egg, Toasted Pine Nuts and Sweet Sour Dressing garnished with Deep Fried Buttermilk Onion Strings. Freshly Baked Bread from The Fireside Ovens. Chicken Piccata - Skinless Breast of Chicken dipped in a special Egg Batter, lightly breaded, sautéed to a golden brown, glazed with a Lemon Veloute Cream Sauce, garnished with tiny Caper Buds and French Fried Parsley. Served with Grilled Asiago Polenta topped with Marinara Sauce, Snap Peas and Carrots. Southern Pecan Pie Flakey Crust made in our Bakery, garnished with Whipped Cream and striped with a Caramel Rum Sauce. Coffee, tea or milk. Cost: \$83.



<h1>May 2010</h1>				
Monday	Tuesday	Wednesday	Thursday	Friday
3 8:30 Spring Breakfast 10:30 Exercise 1:00 Book Club 1:00 Cards Bridge Chickenfoot	4 1:00 Canasta 500 Sheepshead	5 10:30 Exercise 12:00 Cinco de Mayo 12:30 Ceramics 1:00 Cribbage / 500 Dominoes	6 9:00 Handicrafters 10:00 Nursing Home Presentation by ADRC 1:00 Sheepshead 7:00 Sheepshead	7 9:00 Word/Excel 10:00 Internet 10:30 Exercise 11:45 Mother's Day Luncheon
10 10:30 Exercise 1:30 Tea Party 1:00 Cards - Lower L.	11 9-2 Foot Clinic 1:00 Canasta 500 Sheepshead 1-3 Cooking Class "Tapas"	12 8:15 Fireside trip 9:30 M.S.O. trip 10:30 Exercise 12:30 Ceramics 1:00 Cribbage / 500 Dominoes	13 9:00 Handicrafters 11:00 Scrabble 1:00 Senior Meeting w/ Arthritis Foundation 1:00 Sheepshead~L.L. 7:00 Sheepshead	14 9:00 Computer Basics 9:00 Hand and Foot 10:00 E-mail 10:30 Exercise
17 10:30 Exercise 1:00 Cards Bridge Chickenfoot	18 1:00 Canasta 500 Sheepshead	19 10:30 Exercise 11:30-3 Free Hearing Screenings 12:30 Ceramics 1:00 Cribbage / 500	20 9:00 Handicrafters 10:00 Movie "UP" 1:00 Sheepshead 1:00 Wii Play 7:00 Sheepshead	21 9:00 Computer Basics 9:00 Hand and Foot 10:30 Exercise
24 10:30 Exercise 11:30-1 A.D.R.C. Help 1:00 Bridge Cards Scrapbooking	25 9-2 Foot Clinic 1:00 Canasta 500 Sheepshead	26 10:30 Exercise 12:30 Ceramics 1:00 Cribbage / 500/ Dominoes	27 9:00 Handicrafters 11:00 Scrabble 1:00 Sheepshead~L.L. 1:00 Sr. Games Walk 1:30 Bingo 7:00 Sheepshead	28 9:00 Computer Basics 9:00 Hand and Foot 10:30 Exercise
31 CLOSED				

Saturday, May 8, Keep Grafton Clean Day!

10:00 a.m.-Noon
 Meet at Lime Kiln Park, 2020 S. Green Bay Road.
 Gloves and garbage bags (and a snack) provided.
 Free day pass to the Family Aquatic Center!

Birthdays

- | | |
|----------------------|-------------------|
| 2 David Chromik | 22 Rose Flath |
| 2 Karen Porter | 22 Delores Jilek |
| 2 Martin Wegner | 25 Ilma Kraatz |
| 3 Philomena Becker | 27 Bill Hoermel |
| 8 Mary Tinder | 27 Carol Rehbaum |
| 8 Ruth Patterson | 30 Elizabeth Hemb |
| 14 Iris Powers | 30 Carol Wilde |
| 16 Wanda Holder | 30 Shirley Helms |
| 19 Alice Enders | |
| 20 Marge Bohlen | |
| 21 Rita Radke | |
| 21 Margaret Johnston | |

Special Events this Month:

Presentation "Will the Government pay for your nursing home care?" May 6 at 10:00 a.m. Topics discussed include: The cost of a nursing home; Services available to help you stay in your home; Cost of nursing homes, assisted living facilities, in-home services, and long term care insurance. Government funded programs (Title 19, Family Care). Eligibility. How much money can you keep? Choices? Waiting lists? Presented by Ginger Ayres, Information Specialist with the Aging and Disability Resource Center of Ozaukee County. Please sign up so we may have enough informational packets available.

Tea Party, Monday, May 10 from 1:30-3:00 p.m.

Table to Table Fashion Show and Scarf Tying Demo by "A Little Pizzaz". Tea, Almond Tea, Coffee, Finger Sandwiches and Pastries. Tea is sponsored by Kim Meisinger and Laura Gibson in memory of their mother's who passed away in 2009 and are greatly missed. FREE! Sign up as spaces are limited.

June 2010				
Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:00 Bocce Ball 1:00 Canasta 500 Sheepshead 7:30 50yd Swim @HHS	2 8:30 Tennis @ Ced. 10:30 Exercise 1:00 Cribbage / 500 / Dominoes	3 8:30 Golf @ Miss.Lk 9:00 Handicrafters 11:00 Scrabble 1:00 Sheepshead 7:00 Sheepshead	4 8:30 Tennis 9:00 Computer Basics 9:00 Hand & Foot 10:30 Exercise
7 10:30 Exercise 1:00 Bridge Scrapbooking 1:00 Chickenfoot	8 9-2 Foot Clinic 1:00 Canasta 500 Sheepshead 1:15 Cribbage @ PW	9 10:30 Exercise 1:00 Cribbage / 500 / Dominoes 1:00 Shuffleboard	10 8:30 Bike Ride @ Ced 9:00 Handicrafters 1:00 Sheepshead 7:00 Sheepshead	11 9:00 Hand & Foot 10:30 Exercise 1:00 Bowling @ H.H.
14 10:30 Exercise 1:00 Crafts Bridge Scrapbooking 1:00 8 Ball @ PW	15 Grafton Senior Conference @ GHS 1:00 Canasta 500 Sheepshead	16 10:30 Exercise 1:00 Cribbage / 500 Dominoes	17 9:00 Handicrafters 9:30 Horseshoes @PW 10 "The Blind Side" 1:00 Sheepshead 1:00 Wii Play 1:15 Sheepshead @PW 7:00 Sheepshead	18 8:30 Awards Breakfast 9:00 Hand & Foot-L.L. 10:30 Exercise 11:45 Father's Day Luncheon
21 10:30 Exercise 1:00 Crafts Bridge Scrapbooking	22 7:15 Musical Railroads 9-2 Foot Clinic 9:30 Bocce Ball 1:00 Canasta 500 Sheepshead	23 10:30 Exercise 11:30-1 A.D.R.C. Help 1:00 Cribbage / 500 Dominoes	24 9:00 Handicrafters 11:00 Scrabble 1:00 Bingo 1:00 Sheepshead~L.L. 7:00 Sheepshead	25 9:00 Hand & Foot 10:30 Exercise
28 10:30 Exercise 1:00 Bridge Scrapbooking	29 9:30 Bocce Ball 1:00 Canasta 500/Sheepshead 1-3 Summer Salads	30 10:30 Exercise 11:15 Brewers Game 1:00 Cribbage / 500 Dominoes		

Birthdays

1 Ronald Scheel	10 Donna Fix
2 Ruth Reineck	12 Doris Schlegel
3 Tom Haugstad	12 Dale Bushee
3 Julie Wagner	15 Doris Dexheimer
3 Shirley Frea	15 Gerald Walker
3 Gordon Lucht	15 Donna Demerath
4 Bev Niesl	15 June Rismeyer
4 Rich Fix	16 Trudy Zarling
5 Betty Oelerich	16 Larry Woyach
5 Donald Larson	20 Arlyn Mossburg
6 Lee Ann DeFilippis	22 Del Holman
7 Doris Schmidt	23 Pat Baumann
7 Faye Zimmermann	24 Elda Bunk
8 Betty Skebba	28 Ruby Boehnlein
8 Beverly Thielen	29 John Demerath
9 Howard Cordts	30 Bill Hoover

Special Events this Month:

Tuesday, June 15, Ozaukee Senior Conference at Grafton High School. Register through the Aging and Disability Resource Center of Ozaukee County.

Saturday, June 19, Giro d'Grafton
Professional Bike Races from 11:20 a.m. - 7:30 p.m. Live music. Free event! Food and beverages will be available from local vendors and service clubs.

Oneida Bingo & Casino

Landmark Tours takes a deluxe motor coach to Oneida Bingo & Casino in Green Bay. Depart here at 7:15 a.m. and return at 5:00 p.m. Cost: \$53. You will receive a casino rebate of \$52 and a \$2 coupon for lunch. Call Karen at 375-1426.

Milwaukee Symphony Orchestra

Wednesday, May 12, depart 9:30 a.m.
Fee: \$17 includes school bus transportation, Orchestra seats.

Musical Railroads ~ featuring the WI Opry Show and The Mid-Continent Railway

Tuesday, June 22, 2010. Depart 7:15 a.m.
Travel to North Freedom, WI. Step back into the golden age of railroading and relax for an hour-long ride through the scenic Baraboo River Valley. Depart from a 1894 restored depot. Enjoy a delicious meal and an afternoon musical performance. Cost: \$84.

Brewers vs. Astros

Wednesday, June 30, depart 11:15 a.m. \$42.
Seats are located in Section 109 (1st base, shady side).

Mystery Trip

Thursday, July 22. Depart 9:00 a.m. Return 6:00 p.m.
Cost: \$58. Payment due June 16.

Kids From Wisconsin

Tuesday, August 3
Performing at the Port Washington High School Auditorium. General Seating tickets available here for the matinee show at 2:00 p.m. Cost of the tickets are: \$10.00 for the show. We are currently planning a luncheon before the show. Details will be posted at the Senior Center shortly.

Fin & Feather

Tuesday, August 17. Depart 8:35 a.m. Return 3:45 p.m.
Visit the 12 room Octagon House, built in 1856, featuring nine secret passageways and an underground tunnel. An all-you-can-eat buffet on the Fin-n-Feather Showboat on the scenic Wolf River. Cost: \$87 is due June 18.

Arlington Horse Races

Thursday, August 26. Depart 8:00 a.m. Return 7:30 p.m.
Enjoy the ultimate in thoroughbred racing! Tour includes: escort, motorcoach, track admission, program, reserved covered seating, luncheon at the Olive Garden. Entrée choice of: Lasagna Classico, Spaghetti and Meatballs, Eggplant Parmigiana, Fettuccine Alfredo, or Ravioli di Portobello. You will also enjoy salad, breadsticks, beverage and dessert. Cost: \$65.00 per person. Payment and Entrée selection are due on July 9. Seats are limited.

Day Trip Policies

Please park your car farthest from the entrances.

Policy: We have the right to cancel the trip if we do not have the minimum number of participants to cover the cost, so please sign up before the deadline. Cancellations within three weeks will be refunded only if someone fills the spot. Please notify us when registering if you have special needs.

Policy: Reservations must be made in person with payment.

Show Me the Money

September 16. Depart 8:00 a.m. Return 5:00 p.m.
Find out how money is made, lost and where it comes from at the Chicago Board of Trade. Have you ever wondered what all those hand signals mean, or how they keep track of all the action in the "pitts"? You will also tour the Federal Reserve Bank for a special program. Culinary school for lunch. \$79.

Holy Hill & Horicon Marsh

Wednesday, October 13. Depart 9:00 a.m. Return 4:30 p.m.
Visit Holy Hill and enjoy a family style luncheon at Ginger's Hideaway (Tossed salad, rolls and butter, sliced roast pork, mashed potatoes and gravy, California blend vegetables, coffee, tea or soda, and ice cream). Enjoy the birds and animals in their natural habitat on the Horicon Marsh Boat Tour. Cost: \$69.

Celebration Belle Cruise - October 28-29

Listen or dance as we float aboard the "Celebration" the largest riverboat on the Mississippi River. Overnight at the Island Capri Hotel. \$172 per person (double); \$212 per person (single). See flyer.

2010 at a Glance

May 3	Spring Breakfast
May 12	Cinderella at The Fireside
May 12	M.S.O. youth matinee concert
May 27-June 18	Ozaukee Senior Games
June 15	Ozaukee Senior Conference
June 22	Musical Railroads
June 30	Brewers vs. Astros
July 8	Ring of Fire at The Fireside
July 13	Senior Picnic at Centennial Park
July 20	Bocce Tourney vs. Mequon Seniors
July 22	Mystery Trip
August 3	Kids From Wisconsin at PWHS Auditorium
August 17	Fin and Feather - Neenah, WI
August 19	A.D.R.C. Mealsite Picnic
August 26	Arlington Horse Races
September 16	Show Me the Money - Chicago
September 23	Hairspray at The Fireside
October 13	Holy Hill and Horicon Marsh
October 27	Halloween Costume Party
October 28-29	Celebration Belle Cruise (overnight)
Nov. 18/Dec. 15	The Child at The Fireside
December 7	Hooray for the Holidays ~ Grand Geneva
December 7	Christmas Party

*More trips and events are in the planning process.

Gift Certificates

When your families are wondering what to get you for your birthday or holiday, tell them to get a gift certificate from the Grafton Senior Center. They can be purchased for any amount and used for any day trip, party or special event.

Senior Scrapbook

Help preserve some great memories at our Senior Center! We have photos and newspaper articles we would like to display in our scrapbooks. We will provide the materials. No experience necessary. The group meets on Mondays from 1:00-3:00 p.m. Come when you can. **Free activity.**

Ozaukee County Senior Conference

Tuesday, June 15 held at Grafton High School

Educational sessions covering a wide variety of subjects. A light breakfast and a lunch will be provided. Free health screenings and information booths to answer questions. Registration forms available. Pre-registration required.

Book Club

Enjoy a good book? Ann Vaughan leads this group that meets on **the first Monday of the month at 1:00 p.m.** Pick up books at the Grafton Public Library. Free activity. Discussions on the following books will take place at 1:00 p.m. on the following dates.
May 3, "The Winding Way Quilt" Jennifer Chieverini
June 7, "Every Now and Then" Karen Kingsbury
October, "The Big Steal" Emyl Jenkins

Generations on Line

Generations on Line is a national non-profit program that promotes Internet access and literacy to elders 65 and over who are not familiar with computers. It provides simplified Internet access and on-screen basic training for elders for FREE! We have a computer set-up for this program in the dining room where you can learn at your own pace.

A few benefits it offers:

- Simplified email, with a free email account
- Internet searching in 36 languages
- Intergenerational section
- Easy links to other websites (Medicare, Social Security, Veterans information and newspapers from around the world).

*** Volunteer needed to help new users by appointment!**

Computer Classes Offered

Small classes of 5-8 people with hands-on training. Specific class subjects will be taught by **Sherry** through **Wisdom Technologies** on Friday mornings. Choices: Computer Basics; Intermediate; Internet; Microsoft Word/Excel; Email; Digital Cameras and Social Networking. Agendas based on the needs of each class. Call 375-5311. Fee \$35.

Computer Basics, 9:00-10:00 a.m., Fridays: May 14, 21, 28 & June 4. Fee: \$35.00.

For those who have never used the computer before or would like a refresher course. Focus on the mouse, keyboard and desktop. The class is at an easy to follow pace.

Intermediate Computers, 9:00-10:00 a.m., Fridays: July 9, 16, 23, August 6. Fee: \$35.00.

This class will build upon the basics with tips on what the computer can do for you. We introduce the control panel, short cuts, how to find files, save files as well as a few other tricks. This class is at an easy to follow pace.

Digital Cameras, 10:00-11:00 a.m., Fridays: July 9, 16, 23, August 6. Fee: \$35.00.

Learn how to take pictures using a digital camera! Take pictures, edit, save and print pictures and projects. Use your own camera if you have one and bring the attachments. If you do not have a camera you may use the instructor's camera.

Parties

Spring Breakfast

Monday, May 3 at 8:30 a.m.

Start your morning off right with a hot breakfast to welcome spring! Menu: Sausage, Scrambled Eggs, Ham, Fruit, Kringles, Coffee and Juice. Tickets are \$6.

Cinco de Mayo

Wednesday, May 5

Enjoy a great Mexican lunch at noon. We will have themed decorations, music and prizes. Call Lynn at 483-1362 to reserve your spot at least one day in advance. Menu: Chicken Enchilada Casserole, Pinto Beans, Flour Tortilla, Strawberries and Mexican Flan Custard. Cost: only \$3.75.

Tea Party

Monday, May 10, 1:30-3:00 p.m.

Table to Table Fashion Show and Scarf Tying Demo. Enjoy Tea, Coffee, Finger Sandwiches and Pastries compliments of Kim Meissinger of the Bloomin Olive and Laura Gibson in memory of their Mothers. Sign up as space is limited. Free event.

Senior Picnic

Tuesday, July 13

Centennial Park, 1370 17th Avenue, Grafton

Join us for great food, music, games, prizes and fun!

Live musical entertainment from Michael Dombrowski!

Menu: Brats, Hamburgers, BBQ Chicken, Potato Salad, Chips, Baked Beans, Fresh Fruit Salad, Dessert, Beer and Soda. Tickets must be purchased in advance.

Tickets are \$10 for members and \$12 for guests.

Bridge

Players of all levels are invited to play each Mondays at 1:00 p.m. You do not need to have a partner to play.

Canasta

We need you! Players are invited to play this fun card game on Tuesday afternoons beginning at 1:00 p.m.