



Grafton Senior Center

Grafton Senior Center
1665 7th Avenue
Grafton, WI 53024
262-375-5311

Volume 8, Issue 5

September and October 2010

Senior Coordinator
Karin Sevener

ksevener@village.grafton.wi.us

Assistant
Janelle Herbrand

Monday - Thursday
9 a.m. - 3:30 p.m.
Friday 9 a.m. - 1 p.m.

Grafton Dining / ADRC 2

Health & Wellness 3

Fireside Trips 4

September Calendar 5

October Calendar 6

Trips / Events 7

Parties / Classes 8
Friendship Club

Meal Site Calendar 9

Points of Interest

- * Cooking Classes
- * Fall Prevention Class
- * Turkish Tea and Travelogue
- * Flu Shots

Member of:
Wisconsin Association of Senior Centers (WASC)
Wisconsin Park & Recreation Association (WPRA)

55 Plus Equals Fun!

Senior Friendship Club Officers:

President: Virginia Moore
Vice President: Pat Baumann
Secretary: Vacant
Sunshine: Doris Schmidt
Crafts: Ann Vaughan

Recent Events

"A Century of Hats"
1860-1960 era show
by Vintage Clothing
Collector Heather
Edgington.



Senior Meetings

Find out what events are coming up, voice your suggestions, and meet new friends.
Next meeting: Thursday, November 11.

Sign-in Policy

Please sign in at the podium near the east side entrance each day you visit the Center.

Welcome New Members!

- Lauren Burnette
- John Thielen
- Robert Zirtzloff
- Mary Mc Leod
- Genee Brukwitzki
- Kay Hottmann
- Joyce Rydz
- Nancy Gauthier
- Henry Schmitz
- Clyde Pischner
- Elaine Gerber
- Jeanne Reddemann
- Laurie Reddemann
- Gail Thomas
- Judy Park
- Janice Cooper
- Karen Meinert

2010 Senior Membership

Please note our policy requiring ALL users of the Grafton Senior Center to show proof of membership. Fees for 2010 are \$10.00 for Village of Grafton residents and \$15.00 for non-residents. Each person will receive a membership card shortly after payment. Five dollars of the fee will go to the Grafton Senior Friendship Club with the remainder to help offset some of the operational costs of our building. Thank you.



A few of the participants wearing their own hats.

We enjoyed many different teas during the show courtesy of Comfort Keepers.



Tom and Ann Haugstad aboard the Fin 'n Feather Showboat on the scenic Wolf River.



Grafton Dining News / Events

Tired of eating alone, the high cost of groceries, and not eating right? Enjoy good company and conversation at the Grafton Senior Center. Ozaukee County has a meal site at our Center and provides delicious meals Monday - Friday. The cost of our meal is a donation to the program. Where catching up with friends and meeting new neighbors are always on the menu. Call **Lynn**, our Nutrition Site Manager, **one day in advance** at **262-483-1362** by noon. First time diners get a free lunch.

Upcoming Lunch Events:

September 15 *Information Specialist here 11:30-1:00
 September 16 10 a.m. Movie & Lunch "The Last Song"
 September 30 Lunch and Bingo at 1:00 p.m.
 October 6 Oktoberfest Lunch
 October 21 10 a.m. Movie & Lunch "Bedtime Stories"
 October 27 *Information Specialist here 11:30-1:00
 October 28 Lunch & Bingo at 1:00 p.m.
 November 11 Senior Meeting at 1:00 p.m.
 October 29 Halloween Lunch, 11:30 a.m.

*Aging and Disability Resource Center of Ozaukee County is coming to the Grafton Senior Center.

To increase the outreach efforts to community seniors, the A.D.R.C. of Ozaukee County has a staff person here once a month on a Wednesday from 11:30 a.m. - 1:00 p.m. Staff will answer your questions about services or resources available to you to help you stay healthy and independent. **FREE! Dates: September 15 and October 27.**

Movie and Lunch

Watch a movie with popcorn and stay for a delicious lunch. Call Lynn 483-1362 at least one day in advance before 12:30 p.m. for reservations.

Thursday, Sept. 16, at 10:00 a.m. "The Last Song" PG

Starring: Miley Cyrus, Greg Kinnear and Kelly Preston. An estranged father living in a small Southern beach town gets a chance to spend the summer with his reluctant teenage daughter, who would rather be home in New York. He tries to connect with her through the only thing they have in common—music.

Thursday, Oct. 21, at 10:00 a.m. "Bedtime Stories" PG

Starring Adam Sandler, Keri Russell, and Guy Pearce. Skeeter Bronson, a hotel handyman, finds his life changed forever when the magical bedtime stories he tells his niece and nephew start to mysteriously come true. He attempts to take advantage of the miracle by incorporating his own aspirations into the tales but it's the kids' unexpected contributions that turn Skeeter's life upside down.

Friday, Oct. 29, 11:30 a.m.

BOO! Come to the Halloween Lunch with your orange and black attire. Fun, food and prizes.

I hope everyone that attended our Annual County Food and Friendship Picnic had a great time. The music, food, prizes and YOU made our picnic extra special. ~Lynn

Ongoing Activities

Pick 'n Save "We Care"

Individuals need to fill out a card that will automatically credit the account you have chosen. You may choose up to three recipients and your sales will be divided evenly. You will be given a small card that you present to the clerk when you check out. THE ACCOUNT NUMBER FOR THE GRAFTON SENIOR CENTER IS 290975.

Thursday Night Sheepshead

Play starts promptly at 7:00 p.m. We suggest arriving anytime after 6:00 p.m. to ensure a spot, as set-up time needs to be completed by 7:00 p.m. Please call Ron and Fay Scheel at 377-3040 for more information.

Yarn Donations

Thank you to everyone who has donated yarn. Donations of any color or length are appreciated. We have a group of talented, caring seniors who enjoy knitting hats and booties for newborns at hospitals, gifts for nursing homes, and necessities for those less fortunate year-round.

Calling All Crafters

Helpers needed to decorate the Center. Crafters meet on Mondays at 1:00 p.m. in the dining room (except the first Monday of the month). Thank you to Ann Vaughan, Peter Swatek, Carol Reif and Harvey and Carol Polster for all of their hard work to make the Center look nice.

Chicken Foot & Mexican Train

Chicken Foot is a fun dominoes game that is easy to learn and can be played with different numbers of players. No partner is needed and there is no pressure to win. Rules are available in the dining room. Mexican Train is a fascinating and challenging dominoes game. Domino sets are available in the dining room so you may play any day of the week.

Golden Tones Chorus

The Chorus practices on Tuesday mornings from 9:30-10:30 a.m. beginning **September 14** through May. Join us as we learn new songs, perform for other groups, and have a good time. Choir is directed by Bethany Leinss. Rehearsals \$1.

Bingo!

The last Thursday of the month at 1:00 p.m. Cash prizes are donated monthly by Comfort Keepers. Thank you!

Thank you Volunteer Leaders!

500: Ruth Patterson. Bingo: Sue Demerath, Ann Leque. Taxes: Howard Cordts. Sheepshead: Ron & Fay Scheel. Crafts: Ann Vaughan, Peter Swatek, Carol Reif. Dominoes: Harvey and Carol Polster. Recycling: Clay Leque. Parties: Pat Baumann. Bridge: Peggy Giese. Meal site: Pat Bauman, Janet Traxel, Norb Studelska. Wii: volunteer needed!

Health and Wellness

Senior Exercise Class

Stop in and visit our most popular class. Instructor is Evelyn Nowak. Classes are held every Monday, Wednesday and Friday morning from 10:30-11:30 a.m. Class fee is only \$1 whenever you come. The first half of class includes seated stretches, use of therabands and light hand weights followed by low impact aerobics to music. Fun!

Silver Belles

This group of fun ladies can dance! All are members of the Senior Exercise class who perform varying dance routines choreographed to music for local groups.

Wii

Wii is fun, improves your range of motion, standing and balance, endurance, posture and socialization. Play virtual bowling, golf, tennis, baseball and more! Open gaming is on the **third Thursday of the month** from **1-2 p.m.**

Wii Sports: Bowling, Golf, Tennis, Boxing and Baseball
Wii Games: Billiards, Fishing, Shooting Range, Find Mii,
Table Tennis, Pose Mii, and Laser Hockey

Wii Fit: Balance, Strength, Aerobics, and Yoga activities

Cooking Classes

Chef Louise Block, will be teaching hands-on cooking classes here. Class size is limited. Samplings of all items and complete printed recipes provided.

Tuesday, September 28, 1-3 p.m. The Many Styles of Quiche. Originated in northeastern France, quiche can be served as a lunch or dinner entrée or as a first course hors d'oeuvre. We'll prepare *Classic Quiche Lorraine, Corn Quiche, Spinach Quiche, and Bell Pepper Quiche*. \$25.

Tuesday, October 12, 1-3 p.m. Tasty Appetizers for Get-Togethers. Get ready for the holiday season with great hot and cold appetizers. We will preparing *Asparagus Puffs, Pepperoni Pinwheels, Thyme dip with Gourmet chips, fresh vegetables and Basil Parmesan Spread*. \$25.

Tuesday, December 14, Holiday Cookies and Candy, 1-7 p.m. Holiday fun for each participant as you work in teams to prepare six varieties of cookies (*Spicy Molasses, Brown Sugar Shortbreads, Peanut Butter Fudge Tarts, Buried Cherry Cookies, Pistachio-Apricot Cups, Poppy Seed Cookies*). Everyone will pack up cookie boxes containing not only cookies but two dozen candies (*Chocolate Almond Cherry Crisps, Joy to the World Coconut Bars, White Chocolate Cashew Candies and Cream Cheese Butter Mints*) and two different bark varieties (*Popcorn Brittle and Pretzel Bark*). Cost: \$41 for this extended class. *Please bring a bag supper and sign up in advance as space is limited!

Blood Pressure

Wednesday, September 1 & October 6, 10:30-11:30 a.m. Meadowmere Northshore in Mequon is proud to sponsor free blood pressure checks on the first Wednesday of the month.

Shuffleboard

Keep active this winter! Shuffleboard will begin October 20. **Sign up to play on Wednesday mornings at 9:30 a.m.** It is a fun and easy game to learn. We will not play on days with bad weather.

Toe Nail Trimmers Foot Clinic

At the Grafton Senior Center from 9:30 a.m.-2:30 p.m. Tuesdays, September 14 and 28, October 12 and 26, November 9 and 23, and December 14 and 28. Cost is \$23 for a 30 minute appointment. Please call ahead.

Swimming Hours

Grafton High School Pool

The indoor pool opens September 20, 2010 - May 2011

Adult Swim: Monday - Wednesday 7:00 - 8:30 p.m.

Open Swim: Saturdays 1 - 3 p.m. (Starting November 6).

Senior Fees: \$3 Resident; \$4 Town; \$4 Non-resident

Aqua Dynamics and Deep Water Aerobics classes are held on Monday and Wednesday evenings from 7-8 p.m.

Next session dates are September 20-November 22.

There will not be class on October 27.

Class Fee: \$35 Residents, \$45 Non-residents. Register at the Parks and Recreation Department at 675 N. Green Bay Road, Grafton.

Knee and Hip Pain?

Columbia St. Mary's will present a FREE seminar on hip and knee pain on **Thursday, September 9 at 1:30 p.m.**

Knee and hip pain are the major causes of difficulty in walking and climbing stairs. In fact, as many as 40 percent of people over the age of 65 suffer symptoms associated with knee and hip pain. Learn more about the causes of your pain by attending this comprehensive program presented by an orthopedic nurse.

Fall Prevention

Tuesdays: October 12, 19, 26, November 2, 9, 16 from 1:00-3:00 p.m. on the lower level. Elevator available.

This program is sponsored and taught by the Aging and Disability Resource Center of Ozaukee County.

Call 284-8120 to reserve your spot today.

Flu Clinic

Thursday, October 7, 9:00 a.m. - 1:00 p.m.

Seniors should bring their Medicare cards or pay \$28 for a flu shot, \$40 for a pneumonia shot, or \$10 for a tetanus shot. If you have Medicare HMO you need to pay and submit a receipt to your Medicare HMO. Ozaukee County cannot bill them. **Questions: Please call Ozaukee County Health Department at 284-8170.**

The FIRESIDE Dinner Theatre

The Child

Thursday, November 18 and Wednesday, December 15. Depart 8:30 a.m.

Act one of the show is **A FIRESIDE CHRISTMAS**—the name that patrons, young and old, have come to know and love. A Brand New Musical, **THE CHILD**, is the second act of the unforgettable Christmas show at the Fireside. Through a wonderful combination of intimate storytelling and acoustic music, you'll experience the first Christmas. From the creative team behind *The Rock and the Rabbi*, this new show allows you to see the birth of "The Child" through the eyes of Joseph, Mary's husband. Menu: Cream of Shiitake Mushroom Soup, flavored with Spanish Sherry. Freshly baked breads from The Fireside Ovens. Chicken and Ribs. Boneless Short-Ribs of Beef braised in Red Wine until fork tender and skinless breast of Chicken marinated Southern Style, dipped in Egg batter, lightly breaded and sautéed to a golden brown. Served with Whipped Yukon Gold Potatoes and a Bouquetierre of Garden Vegetables. Medley of Fresh Fruits tucked in an Almond Lace Basket, garnished with Whipped Cream and House-made English Toffee. Presented on Crème Anglaise flavored with Grand Marnier. Coffee, tea, or milk. \$83.

Swing on a Star

Thursday, January 20, 2011. Depart 8:30 a.m.

It was a time of great changes, great starts, great promise, and great music. It was the time when swing was king! It was the time of Sinatra, Crosby, the Andrews Sisters, the Marx Brothers, Abbott and Costello, Fred Astaire, and Ginger Rogers, Jimmy Dorsey, Benny Goodman, Count Basie, Louis Armstrong, Tommy Dorsey, Glenn Miller, and so many more. And you can return to that wonderful time in this new edition of The Fireside's wildly popular original, musical extravaganza. It's all there - the sights, the sounds, the laughter, the dancing, and most especially the music. Young and old alike will cheer as this immortal era is brought to life again by a spectacularly talented cast of performers including The Fireside's own LIVE Big Band! Menu: Beer and Cheddar Soup with Jones Canadian Bacon, Fresh Baked Breads, Roast Tenderloin of Beef glazed in a Madeira Wine Sauce. Served with a Potato Croquette au Gratin, Green String Beans and Harvard Beets, British Toffee Cake - Brown sugar, date and pudding cake topped with Whipped Cream and English Chocolate Toffee with Rum sauce and Vanilla Bean Ice cream. Coffee, Tea or Milk.

2011 Shows!!!

"Swing on a Star" - Thursday, January 20

"Annie" - Thursday, March 3

"A Closer Walk with Patsy Cline" - Thursday, May 12

"David" - Thursday, July 14

"Seven Brides for Seven Brothers" - Tuesday, September 7

"A Fireside Christmas" - Thursday, November 10 & Wednesday, December 14

Cost to be determined yet based on 2011 contracts.

September 2010

Monday	Tuesday	Wednesday	Thursday	Friday
		1 10:30 Exercise 10:30-11:30 Blood Pressure Check 1:00 Cribbage / 500 Dominoes	2 9:00 Handicrafters 1:00 Sheepshead 7:00 Sheepshead	3 9:00 Hand and Foot 10:30 Exercise
6 CLOSED Labor Day	7 9:30 Bocce Ball 1:00 Canasta 500 Sheepshead	8 10:30 Exercise 1:00 Cribbage / 500 Dominoes	9 9:00 Handicrafters 12:30 Ceramics 1:30 Knee & Hip Pain 1:00 Sheepshead~L.L. 7:00 Sheepshead	10 9:00 Hand and Foot 9:15 Computer Basics 10:15 Internet Basics 10:30 Exercise
13 10:30 Exercise 1:00 Cards Bridge Chickenfoot	14 9:30-2:00 Foot Clinic 9:30 Bocce Ball 9:30 Golden Tones 1:00 Canasta 500 Sheepshead	15 10:30 Exercise 11:30-1:00 ADRC Help 1:00 Cribbage / 500 Dominoes	16 8:00 Show Me \$ trip 9:00 Handicrafters 10:00 Movie "The Last Song" PG 1:00 Sheepshead 1:00 Wii Play 7:00 Sheepshead	17 9:00 Hand and Foot 9:15 Computer Basics 10:15 Internet Basics 10:30 Exercise
20 10:30 Exercise 1:00 Bridge Cards Scrapbooking	21 8:30 Bocce Breakfast 9:30 Golden Tones 10:00 Turkey Travelogue & Tea 1:00 Canasta / 500 Sheepshead 1:00 Kappa Delta Gamma info.	22 10:30 Exercise 1:00 Cribbage / 500 Dominoes	23 8:30 Fireside Trip 9:00 Handicrafters 12:30 Ceramics 1:00 Sheepshead 7:00 Sheepshead	24 9:00 Hand and Foot 9:15 Computer Basics 10:15 Internet Basics 10:30 Exercise
27 10:30 Exercise 1:00 Cards Bridge Chickenfoot	28 9:30-11:30 Foot Clinic 9:30 Golden Tones 1:00 Canasta 500 Sheepshead 1-3 Quiche Class	29 10:00 Western Sun Tour Presentation 10:30 Exercise 1:00 Cribbage / 500/ Dominoes	30 9:00 Handicrafters 12:30 Ceramics 1:00 Sheepshead~L.L. 1:00 Bingo 7:00 Sheepshead	

Special Events this Month:

Birthdays

3 Carol Jordan	22 Mary Ellen Berkely
4 Helga Haber	23 Marilyn Arndt
6 Mary Joyce Teuscher	23 Mary Ann Bintzler
6 Katherine Lutzke	26 Charlotte Mielke
7 Geri Noack	27 Doris Ahlers
9 Harvey Polster	27 Doris Morrison
11 Mary Schaub	27 Judy Park
16 Bob Frea	29 Elaine Gerber
16 Mary Poull	30 Thomas Johnston
17 Shrikar Bangalore	

Thursday, September 9, 1:30-2:30 p.m. Free Knee and Hip Pain Seminar presented by Columbia St. Mary's.

Tuesday, September 21, 10:00 a.m. Turkey Travelogue and Tea. World traveler Sigrid Lubner will discuss her recent journey to Turkey. This travelogue will include stories about backpacking along the Mediterranean coast and the city of Istanbul. Authentic Turkish Tea and other regional treats will be served.

October 2010

Monday	Tuesday	Wednesday	Thursday	Friday
				1 9:00 Hand & Foot 9:15 Computer Basics 10:15 Internet Basics 10:30 Exercise
4 10:30 Exercise 1:00 Bridge Book Club	5 9:30 Golden Tones 1:00 Canasta 500 Sheepshead	6 10:30 Exercise 10:30-11:30 Blood Pressure Check 1:00 Cribbage / 500 / Dominoes	7 9:00 Handicrafters 1:00 Sheepshead 7:00 Sheepshead	8 9:00 Hand & Foot 10:30 Exercise
11 10:30 Exercise 1:00 Crafts Bridge Scrapbooking	12 9-2 Foot Clinic 9:30 Golden Tones 1:00 Canasta 500 Sheepshead 1-3 Tasty Appetizers 1-3 Fall Prevention-LL	13 9:00 Holy Hill trip 10:30 Exercise 1:00 Cribbage / 500 Dominoes	14 9:00 Handicrafters 12:30 Ceramics 1:00 Sheepshead 1:00 Wii Play 7:00 Sheepshead	15 9:00 Hand & Foot 10:30 Exercise
18 10:30 Exercise 1:00 Crafts Bridge Scrapbooking	19 9:30 Golden Tones 1:00 Canasta 500 Sheepshead 1-3 Fall Prevention-LL	20 9:30 Shuffleboard 10:00 Islands of New England Presentation 10:30 Exercise 1:00 Cribbage / 500 Dominoes	21 9:00 Handicrafters 10:00 Movie "Bedtime Stories" PG 12:30 Ceramics 1:00 Sheepshead 7:00 Sheepshead	22 9:00 Hand & Foot 9:15 Intermediate 10:15 Digital Cameras 10:30 Exercise
25 10:30 Exercise 1:00 Bridge Scrapbooking	26 9-2 Foot Clinic 9:30 Golden Tones 1:00 Canasta 500/Sheepshead 1-3 Fall Prevention-LL	27 9:30 Shuffleboard 10:30 Exercise 11:30-1:00 ADRC Help 1PM Games-Lower Lev 3:00 Halloween Costume Party	28 Celebration Belle Trip 9:00 Handicrafters 12:30 Ceramics 1:00 Bingo 1:00 Sheepshead 7:00 Sheepshead	29 9:00 Hand & Foot 9:15 Intermediate 10:15 Digital Cameras 10:30 Exercise

Birthdays

1 Grace Bell	13 Doris Linsley
1 Nancy Wenten	13 Ron Telegan
2 David Cook	13 Leo Schneider
2 Bob Reineck	13 Dorothy Lucht
4 Joan Goethel	13 Lois Hoover
5 Larry Rehbaum	15 Robert Van Dyck
6 Jim Boehnlein	18 Clyde Pischner
9 Sonja Wendorf	22 Merrill Pulliam
10 Lyle Fries	22 Irene Ransom
10 Nancy DeBrozzo	23 Josephine Redeman
11 Leo Melchior	26 Ken Trost
11 Joyce DeBuhr	28 Anita Hoffmann
11 Miriam Shelstad	30 Pat Johnson

Special Events this Month:

Flu Clinic, Thursday, October 7, 9:00 a.m. - 1:00 p.m. Bring Medicare cards or pay \$28 for flu shot, \$40 for pneumonia shot, or \$10 for tetanus shot. If you have Medicare HMO you need to pay and submit a receipt to your Medicare HMO. Ozaukee County cannot bill them. **Questions: Please call Ozaukee County Health Department at 284-8170.**

Collette Travel Presentation, Wednesday, Oct. 20, 10 a.m. Presentation on the Islands of New England.

Halloween Costume Party, Wednesday, Oct. 27, 3:00 p.m. Tickets are \$7.00 and are available in the office.

Oneida Bingo & Casino

Landmark Tours takes a deluxe motor coach to Oneida Bingo & Casino in Green Bay. Depart here at 7:15 a.m. and return at 5:00 p.m. Cost: \$28. You will receive a casino rebate of \$25. Call Karen at 375-1426.

Show Me the Money

September 16. Depart 8:00 a.m. Return 5:00 p.m. Find out how money is made, lost and where it comes from at the Chicago Board of Trade. Learn what those hand signals mean and how they keep track of the action in the pits. Tour the Federal Reserve Bank. Culinary school for lunch. \$79.

Holy Hill & Horicon Marsh

Wednesday, October 13. Depart 9:00 a.m. Return 4:30 p.m. Visit Holy Hill and enjoy a family style luncheon at Ginger's Hideaway (Tossed salad, rolls and butter, sliced roast pork, mashed potatoes and gravy, California blend vegetables, coffee, tea or soda, and ice cream). Enjoy the birds and animals in their natural habitat on the Horicon Marsh Boat Tour. Cost: \$69. Payment due September 13th.

Celebration Belle Cruise - October 28-29

Listen or dance as we float aboard the "Celebration" the largest riverboat on the Mississippi River. Overnight at the Island Capri Hotel. \$169 per person (double); \$209 per person (single). See flyer. This popular trip is available through the High Rollers Group of Badger Tour and Travel.

Shopping Trip

Monday, November 22. Depart 8:15 a.m. Return 6 p.m. Join us at the Fox River Valley Mall in Appleton as we shop 'til we drop! With over 180 stores you should be able to find something for everyone on your list. Cost: \$24 includes motor coach transportation, snack and beverage. Lunch is on your own. Door prizes. Payment due November 1.

Milwaukee Symphony Orchestra

Youth Concert matinee dates for 2010-2011:
Thursday, December 2, 2010. Depart 9:30 a.m.
Tuesday, February 15, 2011. Depart 11:00 a.m.
Friday, March 11, 2011. Depart 9:30 a.m.
Tuesday, April 5, 2011. Depart 11:00 a.m.
School bus transportation provided. Price to be determined.

Hooray for the Holidays at the Grand Geneva Resort

Tuesday, December 7, 2010. Depart TBA
Hooray or the Holidays is a high-energy, music review with singing, dancing, costumes and character presentations. Luncheon in the Evergreen Ballroom. See over 50,000 lights on the grounds. Cost: \$89 due before November 1.

Many day trips for 2011 are in the final planning stages! Please check the flier area for new information in between newsletters.

Day Trip Policies

Please park your car farthest from the entrances.

Policy: We have the right to cancel the trip if we do not have the minimum number of participants to cover the cost, so please sign up before the deadline. Cancellations within three weeks will be refunded only if someone fills the spot. Please notify us when registering if you have special needs.

Policy: Reservations must be made in person with payment.

Extended Trip Travel Shows

Wednesday, September 29 at 10:00 a.m.

Palm Springs, Las Vegas and Grand Canyon. A nine day air trip departing on February 24, 2011 with Mayflower Tours. Two nights in the Grand Canyon National Park, Guided tour of Hollywood, Kodak Theatre, Rodeo Drive, Palm Springs guided tour with celebrity neighborhood of Las Palmas, reserved seats for the Follies, General Patton Museum and so much more! Detailed brochures with prices available soon.

Wednesday, October 20 at 10:00 a.m.

Islands of New England trip with Collette Vacations. September 16-23, 2011. 8 Days, 11 Meals (4 dinners, 7 breakfasts). Providence, Newport, Boston, Cranberry Bog, Plymouth Rock, Plimoth Plantation, Cape Cod, Lobster Feast, Martha's Vineyard, Nantucket, Hyannis, Provincetown.

2010 / 2011 at a Glance

September 16	Show Me the Money - Chicago
September 23	Hairspray at The Fireside
September 29	Palm Springs, Las Vegas & Grand Canyon Tour Preview at 10:00 a.m.
October 13	Holy Hill and Horicon Marsh
October 20	Islands of New England Tour Preview at 10:00 a.m.
October 27	Halloween Costume Party
October 28-29	Celebration Belle Cruise (overnight)
November 18	The Child at The Fireside
November 22	Shopping at Fox River Mall
December 2	M.S.O. Youth Concert
December 7	Hooray for the Holidays ~ Grand Geneva
December 7	Christmas Party
December 15	The Child at the Fireside
January 13	Membership Pizza Party and Travel Show
January 20	Swing on a Star at the Fireside
February 15	M.S.O. Youth Concert
March 3	Annie at the Fireside
March 11	M.S.O. Youth Concert
March 30	McHappy Tour - IL
April 5	M.S.O. Youth Concert
April TBA	Mystery Trip
May 12	A Closer Walk with Patsy Cline at the Fireside
July 14	David at the Fireside
September 7	Seven Brides for Seven Brothers - Fireside
Nov. 10/Dec. 14	A Fireside Christmas

*We will have a travel show along with our Annual Membership Pizza Party in January with details! Brewers, Packers, Chicago, theatre and overnights to both Door County and the Mall of America to name a few.

Gift Certificates

When your families are wondering what to get you for your birthday or holiday, tell them to get a gift certificate from the Grafton Senior Center. They can be purchased for any amount and used for any day trip, party or special event.

Senior Scrapbook

Help preserve some great memories at our Senior Center! We have photos and newspaper articles we would like to display in our scrapbooks. We will provide the materials. No experience necessary. The group meets on Mondays from 1:00-3:00 p.m. Come when you can. **Free activity.**

Book Club

Enjoy a good book? Ann Vaughan leads a group which meets on **the first Monday of the month at 1:00 p.m.** Free activity. Pick up books at the Grafton Public Library. On October 4 they will discuss "The Big Steal" by Emyl Jenkins and November 1 "Taste of Bad Case".

Generations on Line

Generations on Line is a national non-profit program that promotes Internet access and literacy to elders 65 and over who are not familiar with computers. It provides simplified Internet access and on-screen basic training for elders for FREE! We have a computer set-up for this program in the dining room where you can learn at your own pace.

A few benefits it offers:

- Simplified email, with a free email account
- Internet searching in 36 languages
- Intergenerational section
- Easy links to other websites (Medicare, Social Security, Veterans information and newspapers from around the world).

*** Volunteer needed to help new users by appointment!**

Card Players Needed

Bridge: Players of all levels are invited to play each Monday at 1:00 p.m. You do not need to have a partner to play.

Canasta: Players are invited to play this fun card game on Tuesday afternoons beginning at 1:00 p.m.

Computer Classes Offered

Small classes of 5-8 people with hands-on training. Specific class subjects will be taught by **Sherry** through **Wisdom Technologies** on Friday mornings. Choices: Computer Basics; Intermediate; Internet; Microsoft Word/Excel; Email; Digital Cameras and Social Networking. Agendas based on the needs of each class. Call 375-5311. Fee \$35.

Computer Basics, 9:15-10:15 a.m., Fridays: September 10, 17, 24 and October 1. Fee: \$35.00.

For those who have never used the computer before or would like a refresher course. Focus on the mouse, keyboard and desktop and class is at an easy to follow pace.

Internet Basics, 10:15-11:15 a.m., Fridays: September 10, 17, 24 and October 1. Fee: \$35.00.

Learn to explore the vast Internet. We look at the basics of searching and saving favorites. Students will also learn how to shop, pay bills, play games, and explore areas they are interested in. Basic Internet security is also covered.

Intermediate Computers, 9:15-10:15 a.m., Fridays: October 22, 29, November 5, 12. Fee: \$35.00.

This class will build upon the basics with tips on what the computer can do for you. We introduce the control panel, short cuts, how to find files, save files as well as a few other tricks. This class is at an easy to follow pace.

Digital Cameras, 10:15-11:15 a.m., Fridays: October 22, 29, November 5, 12. Fee: \$35.00.

Learn how to take pictures using a digital camera! Take pictures, edit, save and print pictures and projects. Use your own camera if you have one and bring the attachments. If you do not have a camera you may use the instructor's camera.

Parties

Halloween Costume Party

Wednesday, October 27, 3:00 p.m.

Menu: Homemade Lasagna Dinner, Bread, Salad, Assorted Pies, Apple Cider and Coffee. Costume Contest, door prizes and musical entertainment. Advanced tickets required. Tickets are \$7.00. Alan Anderson - retired music educator, trombonist and music historian will entertain us with sounds from the 'Big Band Era.'

Christmas Party

Tuesday, December 7, Time to be determined.

Menu: Turkey with Stuffing, Ham, Mashed Potatoes, Steamed Vegetables, Cake, Coffee and Eggnog. Entertainment and ticket cost to be determined soon.

Membership Pizza Party

Save the Date! Thursday, January 13, 2011

Delta Kappa Gamma Book Discussions

Members of the Delta Kappa Gamma will be leading book discussions at 1:00 p.m. here on the first Thursday of the month. Delta Kappa Gamma is an international society of women educators whose primary goal is the promotion of literacy within our community. This year they received a grant to purchase large print books, audio books and CD players in order to lead book discussions with groups of seniors residing in Ozaukee County. There will be a brief introductory session, as well as distribution of materials on Tuesday, September 21 at 1:00 p.m. If you are interested in attending a book discussion by this group please sign up in the Senior Center office.

Fitness Room

We are in the process of converting the carpeted room downstairs into a small fitness room for all members to use! This will take time to paint, clean and organize. Any seniors who have suggestions or an interest in helping with this project please let us know. This will be a great improvement to our Center and keep our seniors healthy and active!

