



Grafton Senior Center

Grafton Senior Center
1665 7th Avenue
Grafton, WI 53024
262-375-5311

Volume 9, Issue 5

September and October 2011

55 Plus Equals Fun!

Senior Coordinator
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Monday - Thursday

9 a.m. - 3:30 p.m.

Friday 9 a.m. - 1 p.m.

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Points of Interest

- * Golden Tones Chorus
- * Aging in Stride Program
- * Computer Classes
- * Trips/Events/Parties

Member of:

Wisconsin Association of Senior Centers (WASC)
Wisconsin Park & Recreation Association (WPRA)

Senior Friendship Club Officers:

President: Ceil Albers

Vice President: Pat Baumann

Secretary: Frances Bigari

Sunshine: Doris Schmidt

Crafts: Barbara Styduhar

Senior Meetings

Find out what events are coming up, voice your suggestions, and meet new friends. Mark your calendars with our upcoming 2011 meeting dates: November 10 at 1:00 p.m.

Sign-in Policy

Please swipe your membership card at the podium near the east side entrance each day you visit the Center. Visitors are asked to sign the guest book.

2011 Senior Membership

Please note our policy requiring ALL users of the Grafton Senior Center to show proof of membership. Fees for **2011** are \$12.00 for Village of Grafton residents and \$20.00 for non-residents. Each member will receive a swipe card to sign in. Five dollars of the fee will go to the Grafton Senior Friendship Club with the remainder to help offset some of the operational costs of our building. Thank you.

Welcome New Members!

Clarice Gruber

Carol Kather

Liese Wessel

Doris Musfeldt

Fred John Kroenert

Gloria West

Richard Wolf

Florence Rathke

Dorothy Krocka

LuAnn Joys

Buddy Lubner

Renata Podjaski

Joseph Smith

Joan Amundson

Melba Borchardt

Recent Events



The Silver Belles were Rockin' the Sock Hop!



Jodie and Richard Wolf



Jodie Wolf and Betty Zimmermann check out the choices on the '55 Wurlitzer juke box.



Florence Jamrozy participates in the water balloon toss at the picnic.

Grafton Dining News / Events

Ozaukee County has a meal site at the Grafton Senior Center and provides delicious meals Monday - Friday. The cost of our meal is a donation to the program. Catch up with friends and meet new neighbors. Call **Lynn**, our Nutrition Site Manager, **one day in advance** at **262-483-1362** by noon. First time diners get a free lunch.

Upcoming Lunch Events:

Sept. 6	Packer Kick-Off Party
Sept. 9	Indian Summer Lunch
Sept. 13	Vacation T-Shirt Day Lunch
Sept. 23	"Fall Prevention Awareness Day"
Sept. 28	*Information Specialist here 11:30-1:00
Sept. 29	Lunch & BINGO! Noon lunch followed by 1:00 Bingo play.
October 7	Packer Fridays Begin!
October 13	"I Love Lucy Show" Lunch
October 26	*Information Specialist here 11:30-1:00
October 27	Lunch & BINGO! Noon lunch followed by 1:00 Bingo play.
October 31	Halloween Lunch Party

Aging and Disability Resource Center of Ozaukee County is coming to the Grafton Senior Center.

To increase the outreach efforts to community seniors, the A.D.R.C. of Ozaukee County has a staff person here once a month from 11:30 a.m. - 1:00 p.m. Staff will answer your questions about services or resources available to you to help you stay healthy and independent. FREE!

Dates: September 28 and October 26.

BINGO LUNCH - September 29 and October 27. Come eat lunch! Bingo to follow sponsored by Comfort Keepers.

Packer Kick-Off Party

Tuesday, September 6. Come for lunch and get a number for Thursday night's game. Winner will receive a free lunch. GO-PACK-GO! Packer Fridays Are Back and will begin on Friday, October 7 through the season. Wear your green and gold, come for lunch and get a Packer number.

Vacation T-Shirt Day

Tuesday, September 13. Did you go on vacation within the last 5 years? If you bought a t-shirt or souvenir bring it to lunch or wear it and share with us!

I LOVE LUCY!...don't you?

Thursday, October 13. Come celebrate 60 years of the "I Love Lucy Show". Lynn LOVES this show! Bring memories of the show to share with others. Go right ahead and dress up like Lucy or Ricky Ricardo.

Halloween Party

Monday, October 31, 11:30 a.m. BOO! Wear orange and black or Halloween attire. What are you scared of? Join us!

Ongoing Activities

Thursday Night Sheephead

Play starts promptly at 7:00 p.m. We suggest arriving any-time after 6:00 p.m. to ensure a spot, as set-up time needs to be completed by 7:00 p.m. Please call Ron and Fay Scheel at 377-3040 for more information.

500 Players Needed

Do you or someone you know play 500? We need you! 500 is played on Wednesday afternoons at 1:00 p.m. Join us!

Yarn Donations/Handcrafters

Thank you to everyone who has donated yarn. Donations of any color or length are appreciated. We have a group of talented, caring seniors, our "Handcrafters", who enjoy knitting hats and booties for newborns at hospitals, gifts for nursing homes, and necessities for those less fortunate year-round. Join them on Thursday mornings at 9:00 a.m.

Calling All Crafters

Helpers needed to decorate the Center. Crafters meet on Mondays at 1:00 p.m. in the dining room. Thank you to Barbara Styduhar, Peter Swatek, Harvey and Carol Polster and Nancy Milbauer for all of their hard work to make the Center look nice.

Dominoes

Chicken Foot is a fun dominoes game that is easy to learn and can be played with different numbers of players. No partner is needed and there is no pressure to win. Rules are available in the dining room.

Mexican Train is a fascinating and challenging dominoes game. Domino sets are available in the dining room so you may play any day of the week. Rules are available in the dining room.

Bingo!

Bingo is played on the last Thursday of the month at 1:00 p.m. We provide easy finger slider boards so there is no mess. Cash prizes are donated monthly by Comfort Keepers.

Chorus

Chorus will begin in late September as we are currently hiring a part-time Chorus Director. Keep posted for more news. Rehearsals are one day per week for one hour. Try it!

Thank you Volunteer Leaders!

500: Ruth Patterson. Bingo: Ann Leque. Sheephead: Ron and Fay Scheel. Crafts: Peter Swatek, Barbara Styduhar. Dominoes: Harvey and Carol Polster. Recycling: Clay Leque. Parties: Pat Baumann. Bridge: Peggy Giese. Meal site: Pat Bauman and Lu Newberry, Janet Traxel, Norb Studelska. Generations Online Computer Help: Frances Bigari. Wii: volunteer needed!

Health and Wellness

Senior Exercise Class

Stop in and visit our most popular class. Instructor is Evelyn Nowak. Classes are held every Monday, Wednesday and Friday morning from 10:30-11:30 a.m. Class fee is only \$1 whenever you come. The first half of class includes seated stretches, use of therabands and light hand weights followed by low impact aerobics to music. Fun!

Silver Belles

These ladies love to dance! They are part of the Senior Exercise class and perform for retirement homes, assisted living centers, nursing homes and wherever will have us. This group is choreographed by Evelyn Nowak.

FREE Blood Pressure Checks

Wednesday, September 7 and October 5, 10:30-11:30 a.m. Meadowmere Northshore in Mequon is proud to sponsor free blood pressure checks on the first Wednesday of the month.

Toe Nail Trimmers Foot Clinic

At the Grafton Senior Center from 9:30 a.m. - 2:00 p.m. Tuesdays, September 13 and 27, October 11 and 25, and November 8 and 22. Cost is \$25 for a 30 minute appointment. Call ahead to make a reservation.

Understanding Psoriasis

Psoriasis is not just skin deep! During this interactive presentation, you will learn about signs and symptoms, various treatment options, as well as lifestyle strategies that enable psoriasis patients to lead healthier and happier lives. Join us, **Monday, October 3rd at 1:15 p.m.** Refreshments will be provided. Presenter Dianne Burd is a clinical social worker who provides health education to psoriasis patients in the community. She has worked in healthcare for the past 19 years, providing services to people of all age groups. FREE!

Aging in Stride Program

The Aging and Disability Resource Center of Ozaukee County is offering a nine-week prevention program this fall, at the Grafton Senior Center. Program begins on Thursday, Sept. 22, 1-3 p.m. meeting each Thursday through Nov. 17. *Aging in Stride* is a book authored by a geriatrician, lawyer, and pastoral team that identifies the issues older people may deal with and provides practical strategies on how to face them. This book is the foundation for the nine-week program. The classes will offer advice and guidance on topics ranging from safety and security to health and legal concerns. It will help participants create a plan of action that focuses on wisdom, experience, maturity and the attitude and willingness to make healthy investments in their lives. The goal is to have participants plan ahead, stay connected and keep moving! Sign-up in the office or call 375-5311.

Shuffleboard

Keep active this winter! Shuffleboard will begin October 26. **Sign up to play on Wednesday mornings at 9:30 a.m.** It is a fun and easy game to learn. We will not play on days with bad weather.

Wii

Wii is fun, improves your range of motion, standing and balance, endurance, posture and socialization. Play virtual bowling, golf, tennis, baseball and more! Open gaming is on the **third Thursday of the month from 1- 2 p.m.**

Swimming Hours - Grafton High School Pool

The indoor pool opens September 19, 2011 - May 2012. Adult Swim: Monday and Wednesday 7:00 - 8:30 p.m. Senior Fees: \$3 Resident; \$4 Town; \$4 Non-Resident.

Aqua Dynamics and **Deep Water Aerobics** classes are held on Mon. and Wed. evenings from 7-8 p.m. Next session: Sept. 19 - Nov. 16. Class Fee: \$36 Residents, \$47 Non-Residents. Register at the Parks and Recreation Department, 675 N. Green Bay Road, Grafton.

Fitness Room

The Fitness Room is OPEN to all members of the Grafton Senior Center for no extra fee! All users are required to sign a waiver and sign up for an orientation to learn how to use the equipment correctly. This is a great improvement to our Center and will help keep our seniors healthy and active!

Hand Pain Interfering with Daily Activities?

Studies show even people who are in good physical condition can suffer joint pain, and many adults end up with osteoarthritis. "Pain does not have to be a normal part of the aging process" Says Ann John, OTR, of Northshore Physical Therapy. She will provide an informational seminar here on **September 12th at 1:00 p.m.** The focus will be hand pain/ upper extremity pain that is interfering with daily activities. Education will be offered on how to improve movement, gain strength, focus on body awareness and understand mechanics. Following the seminar, Ann will offer a complimentary blood pressure screen, hand strength testing, injury assessments and answer specific questions. This event will be open to the public. Please call to register at Northshore Physical Therapy (Cedarburg) (262) 377-4077 or the Grafton Senior Center at (262) 375-5311.

Flu Clinic

Tuesday, October 4, 9:00 a.m. - 11:00 a.m. Seniors should bring their Medicare cards or pay \$28 for a flu shot. The Public Health Department can now bill Medicare HMO's and straight Medicare. **Questions: Please call Ozaukee County Health Department at 284-8170.**

The FIRESIDE Dinner Theatre

A Fireside Christmas

Thursday, November 10, and Wednesday, December 14. Depart 8:15 a.m.

Come watch the all new edition of A Fireside Christmas. Named one of the country's finest attractions by the National Bus Association, The Fireside's Christmas show resumes its long history of beautiful singing, breath-taking dancing, gorgeous costumes, rib-tickling fun, and a deeply spiritual commitment to the real meaning of the holiday. It's always original with new songs, dances, and cast, but the heart of the show never changes. It is the perfect way for everyone to capture the holiday spirit. Simply, one of the best Christmas revues you'll ever see! Menu: Oriental Salad, Fresh Baked Breads. Baked Holiday Ham. Jones Cherry Wood Smoked Premium Ham with Golden Rum Raisin Sauce. Served with Escalloped Potatoes au Gratin, Pineapple and Pecan Soufflé', and Asparagus Spears with Young Carrots. Dark Chocolate Tower filled with White Chocolate Hazelnut Frangelico Mousse, topped with Red Cherries and presented on Crème Anglaise flavored with Grand Marnier. Coffee, Tea and Milk. \$86.

Viva Vegas!

Thursday, January 19, 2012. Depart 8:15 a.m.

Vegas! All you have to do is say the name and you can instantly imagine the sights and sounds of the greatest entertainment capital of the world! From the swinging years of the 50's and 60's to the breathtaking spectacle of today, Las Vegas has been home to the world's greatest entertainers and the most exciting shows. The Rat Pack-Frank Sinatra, Sammy Davis Jr., Dean Martin, Elvis Presley, Liberace, Bette Midler and Celine Dion! The list of show business legends who have lit up the famous Las Vegas Strip goes on and on. The Fireside continues its cherished tradition of live band revues with a sparkling tribute to the ultimate center of music, laughter, glitz and glamour featuring a stunning cast of performers and The Fireside's own LIVE BAND! Menu: French Onion Soup, Fresh Baked Breads. Roast Boneless Pork Loin. Served with Herbed Crouton Dressing with Sauerkraut and Jones Original Sausage, Whipped Potatoes glazed with tasty Pork Stock Gravy, Fresh Carrots Vichy and Fireside's special crafted Cinnamon Apple Sauce. Black Jack "Golf Ball in Sand Trap" Dessert. Vanilla Bean Ice Cream Ball rolled in roasted ground Pecans landing in warm Chocolate Sauce and a Shortbread "Poker Chip" Cookie. Coffee, Tea and Milk. Cost: TBA.

9 To 5

Wednesday, March 14, 2012. Depart 8:15 a.m.

Take a hit movie comedy. Add the wonderful music of Dolly Parton and you have a musical comedy to delight and thrill audiences young and old. Direct from Broadway and the 1st National Tour, The Fireside is proud to be the first professional theatre in the state to produce the smash hit musical 9 To 5. It's a madcap tale about three talented and resourceful women who declare war on their tyrannical boss. What ensues is a fast moving, hilarious romp filled with great songs, lively dances, and nonstop fun. Menu and Cost: TBA.

2012 Shows!!! "Legally Blonde" - Thursday, May 10; "The Rock and the Rabbi" - Thursday, July 12; "Hello Dolly" - Thursday, September 6; "Scrooge The Musical" - Thursday, November 15 and Wednesday, December 12

<h1>September 2011</h1>				
Monday	Tuesday	Wednesday	Thursday	Friday
			1 9:00 Handcrafters 1:00 D.K.G. Book Discussion 1:00 Sheepshead 7:00 Sheepshead	2 9:00 Handcrafters 10:30 Exercise 1:00 Sheepshead 7:00 Sheepshead
5 CLOSED Labor day	6 9:30 Bocce Ball <i>12:00 Packer Lunch</i> 1:00 Canasta 500 Sheepshead	7 8:15 Fireside Trip 10:30 Exercise 10:30 Blood Pressure 12:30 Ceramics 1:00 Cribbage / 500 Dominoes	8 9:00 Handcrafters 1:00 Sheepshead 7:00 Sheepshead	9 9:00 Hand and Foot 9:30 Computer Basics 201 10:30 Exercise 10:45 Beginner Facebook
12 10:30 Exercise 1:00 Crafts Bridge Dominoes Scrapbooking 1:00 Hand Pain Seminar	13 9:30-2 Foot Clinic 9:30 Bocce Ball <i>12:00 Vacation Lunch</i> 1:00 Canasta 500 Sheepshead	14 10:30 Exercise 1:00 Cribbage / 500 Dominoes	15 9:00 Handcrafters 1:00 Sheepshead 7:00 Sheepshead	16 <i>Islands of N.E. departs</i> 9:00 Hand and Foot 9:30 Computer Basics 201 10:30 Exercise 10:45 Beginner Facebook
19 10:30 Exercise 11:30 Free Pizza from Papa Murphy's 1:00 Bridge Dominoes Scrapbooking	20 1:00 Canasta / 500 Sheepshead	21 10:30 Exercise 1:00 Cribbage / 500 Dominoes	22 9:00 Handcrafters 1:00 Wii Play 1:00 Sheepshead 7:00 Sheepshead	23 9:00 Hand and Foot 9:30 Computer Basics 201 10:30 Exercise 10:45 Beginner Facebook
26 10:30 Exercise 1:00 Bridge Dominoes Scrapbooking	27 7:00 Potosi Trip 9:30 Chorus begins 9:30-2 Foot Clinic 1:00 Canasta 500 Sheepshead	28 10:30 Exercise 11:30-1 ADRC Help 1:00 Cribbage / 500 Dominoes 1:00 Emerald Coast trip presentation-LL	29 9:00 Handcrafters 1:00 Bingo 1:00 Sheepshead-LL 7:00 Sheepshead	30 9:00 Hand and Foot 9:30 Computer Basics 201 10:30 Exercise 10:45 Beginner Facebook

Birthdays

2 Bob Reineck
4 Helga Haber
5 Val Wilde
6 Mary Joyce Teuscher
7 Gerri Noack
8 Mary Paulsen
9 Harvey Polster
11 Mary Schaub
15 Arleen Herman
16 Bob Frea
16 Mary Poull
17 Shrikar Bangalore
19 Lois McClendon

19 Charles Harmon
22 Mary Ellen Berkley
23 Mary Ann Bintzler
23 Marilyn Arndt
26 Charlotte Mielke
27 Doris Ahlers
27 Judy Park
30 Tom Johnston
30 Marjorie Groth

Special Events this Month:

Hand Pain Seminar, Monday, September 12, 1:00 p.m. Ann John, OTR, of Northshore Physical Therapy will speak on hand pain interfering with every day activities. Sign-up in office. **FREE!**

FREE Papa Murphy's Pizza, Monday, September 19, 11:30 a.m. Papa Murphy's in Grafton will bake free pizzas! They will also offer a senior discount of 20% off on Mondays and Tuesdays.

Wii Gaming, Thursday, September 22, 1:00-2:00 p.m. Learn to play those games on the Wii system that you've heard so much about while getting great exercise!

Chorus Begins! The Golden Tones Chorus will begin rehearsals on Tuesday, September 27. (Tentative time/date).

Bingo, Thursday, September 29, 1:00 p.m. Cash prizes donated by Comfort Keepers.

October 2011

Monday	Tuesday	Wednesday	Thursday	Friday
3 10:30 Exercise 1:00 Book Discussion 1:15 Psoriasis Presentation 1:00 Bridge Dominoes	4 9:30 Chorus 1:00 Canasta 500 Sheepshead	5 10:30 Exercise 10:30-11:30 Blood Pressure Check 1:00 Cribbage / 500/ Dominoes	6 9:00 Handcrafters 1:00 D.K.G. Book Discussion 1:00 Sheepshead 7:00 Sheepshead	7 9:00 Hand & Foot 10:30 Exercise
10 10:30 Exercise 1:00 Bridge Dominoes Scrapbooking	11 9:30 Chorus 9:30-2 Foot Clinic 1:00 Canasta 500 Sheepshead	12 8:00 Depart Civil War Museum 10:30 Exercise 12:30 Ceramics 1:00 Cribbage / 500/ Dominoes	13 9:00 Handcrafters <i>12:00 "I ♥ Lucy" Lunch</i> 1:00 Sheepshead 7:00 Sheepshead	14 9:00 Hand & Foot 9:30 Internet Basics 10:30 Exercise 10:45 E-Mailing
17 10:30 Exercise 1:00 Crafts Bridge Dominoes Scrapbooking	18 9:30 Chorus 1:00 Canasta 500 Sheepshead	19 10:30 Exercise 12:30 Ceramics 1:00 Cribbage / 500/ Dominoes	20 9:00 Handcrafters 1:00 Wii Play 1:00 Sheepshead 7:00 Sheepshead	21 9:00 Hand & Foot 9:30 Internet Basics 10:30 Exercise 10:45 E-Mailing
24 10:30 Exercise 1:00 Bridge Dominoes Scrapbooking	25 9:30 Chorus 9:30-2 Foot Clinic 1:00 Canasta 500 Sheepshead	26 9:30 Shuffleboard 10:30 Exercise 11:30-1 ADRC Help 12:30 Ceramics 1:00 Cribbage / 500/ Dominoes - L.L.. 3:00 Halloween Costume Party	27 9:00 Handcrafters 1:00 Sheepshead 1:00 BINGO 7:00 Sheepshead	28 9:00 Hand & Foot 9:30 Internet Basics 10:30 Exercise 10:45 E-Mailing
31 10:30 Exercise 1:00 Bridge Dominoes Scrapbooking				

Birthdays

1 Grace Bell
2 Nora Berndt
2 David Cook
4 Alice Wade
9 Leslie Braun
9 Sonja Wendorf
10 Lyle Fries
11 Miriam Shelstad
11 Leo Melchior
12 Alice Benz
13 Lois Hoover
13 Mary Ann Kaplanes
13 Doris Linsley
13 Dorothy Lucht

13 Ron Telega
13 Leo Schneider
14 Clay Leque
15 Bob Van Dyck
17 Charlene Anderson
18 LaVonne Eischen
18 Clarice Gruber
19 Delores Holz
22 Irene Ransom
22 Gail Thomas
23 Josephine Redemann
24 Tillie Smieja
26 Ken Trost
28 Anita Hoffmann
29 Buddy Lubner

Special Events this Month:

Packers v. Broncos, Sunday, October 2 through Badger Tour and Travel. We should be getting a confirmed itinerary and flyer soon. Call office for details!

Psoriasis Presentation, Monday, October 3, 1:15 p.m. Clinical social worker, Dianne Burd, will provide education on psoriasis. Free!

Wii Gaming, Thursday, October 20, 1:00-2:00 p.m. Learn to play those games on the Wii system that you've heard so much about while getting great exercise!

Bingo, Thursday, October 27, 1:00 p.m. Cash prizes donated by Comfort Keepers.

Halloween Costume Party, Wednesday, October 26, 3:00 p.m. Lasagna dinner, costume contest, door prizes and musical entertainment! Sign up.

Day Trip Policies

Please park your car farthest from the entrances.

Policy: We have the right to cancel the trip if we do not have the minimum number of participants to cover the cost, so please sign up before the deadline. Cancellations within three weeks will be refunded only if someone fills the spot. Please notify us when registering if you have special needs.

Oneida Bingo & Casino

Landmark Tours takes a deluxe motor coach to Oneida Bingo & Casino in Green Bay. Depart here at 7:15 a.m. and return at 5:00 p.m. Cost: \$28. You will receive a casino rebate of \$25. Call Karen Roberts at 375-1426.

FREE Papa Murphy's Pizza

Monday, September 19, 11:30 a.m.

Papa Murphy's in Grafton will bring two pizza ovens and we will use our oven to cook free pizzas courtesy of Papa Murphy's. They will also offer a senior discount of 20% off on Mondays and Tuesdays. Sign up in the office for this FREE lunch!

Potosi and Stonefield

Tuesday, September 27. Depart 7:00 a.m.

Visit the Potosi Brewing Company, Transportation Museum, Great River Road Interpretive Center, and the National Brewery Museum. Lunch will be at the Potosi Brewery (see flyer for menu choices). After lunch we will go to the Stonefield Village in Cassville. Stonefield is a replica of a turn-of-the-Century Wisconsin farming Village. Cost: \$75.

Packers v. Broncos

Sunday, October 2. Depart 10:15 a.m..

Arrive at Lambeau Field around 1 p.m. in time to enjoy pre-game festivities. We will purchase 20 tickets and need to know asap if you are interested in this tour as tickets are non-refundable! Cost \$299, includes Packer tickets, deluxe motor-coach and fun cheering on the Pack! All travelers must have a photo ID with them. Come cheer on the Super Bowl Champion Green Bay Packers! Go Pack Go!

Civil War Museum, Kenosha, WI.

Wednesday, October 12. Depart 8:00 a.m.

Through state-of-the-art museum technology, life-size dioramas, and interactive engaging exhibits and artifacts, visitors travel back in history to the social, political and economic influences that contributed to the Civil War. Entrée choice of Pork, Ribs or Fish. Cost: \$60.

The Sound of Music at Drury Lane

Sunday, November 13. Depart 9:25 a.m. Return 6:35 p.m. Oakbrook Terrace, IL. Enormous brunch, great musical. \$110 Voted one of the "Top Brunches in the Country"

Milwaukee Symphony Orchestra

Youth Concert matinee dates for 2011-2012: TBA

Shopping Trip

Monday, November 21. Depart 8:15 a.m. Return 6 p.m. Join us at the Fox River Mall in Appleton as we shop 'til we drop! With over 180 stores you should be able to find something for everyone on your list. Cost: \$24 includes motorcoach transportation, snack and beverage. Lunch is on your own. Door prizes. Payment due November 1.

Extended Trips

See trip fliers for detailed itineraries and pricing.

Mayflower Value Tour 2012!

Emerald Coast Getaway, Destin, FL. April 20-27, 2012. Spend 3 fabulous nights in Destin's amazing Emerald Coast. Visit President Jimmy Carter's Presidential Library and Museum, stop in the National Historic Site of Plains, GA, hometown of Jimmy Carter. Visit Destin History and Fishing Museum. Tour the Air Force Armament Museum with its extensive collection of weaponry and see the SR-71 Blackbird, the fastest plane ever built. Cast off on a Dolphin cruise, cruising through the 4.5 acres of lush gardens aboard the Delta Flatboat and much more. 9 meals included (4 dinners, 5 breakfasts) and \$40 in Mayflower money. Depart April 20, 8 days, 9 meals, \$1,099 pp for double, \$1,648 for single.

Presentation: Wednesday, September 28, 1p.m.

2011/12 at a Glance

September 7	<i>Seven Brides for Seven Brothers - Fireside</i>
September 12	Hand Pain Seminar
Sept. 16-23	Islands of New England
September 27	Potosi and Stonefield Trip
September 28	Emerald Coast Preview - Mayflower Tours
October 2	Packers v. Broncos @ Lambeau
October 12	Civil War Museum, Kenosha, WI
October 26	Halloween Costume Party
November 10	<i>A Fireside Christmas</i>
November 10	Senior Meeting
November 13	<i>The Sound of Music</i> , Drury Lane, IL
November 21	Shopping Trip, Fox River Valley Mall
December 7	Christmas Party
December 14	<i>A Fireside Christmas</i>
January 12	Membership Pizza Party & Travel Show
January 19	<i>Viva Vegas - Fireside</i>
March 14	<i>9 to 5 The Musical - Fireside</i>
April 20, 2012	Emerald Coast Getaway
May 10	<i>Legally Blonde - Fireside</i>
July 12	<i>The Rock and The Rabbi - Fireside</i>
September 6	<i>Hello Dolly - Fireside</i>
October	Irish Splendor with Collette Vacations
Nov 15/Dec 12	<i>Scrooge The Musical - Fireside</i>

*Watch for more information on a Packers Game, Irish Splendor and other trips coming soon. Annual Membership

Gift Certificates

When your families are wondering what to get you for your birthday or holiday, tell them to get a gift certificate from the Grafton Senior Center. They can be purchased for any amount and used for any day trip, party or special event.

Generations on Line

Generations on Line is a national non-profit program that promotes Internet access and literacy to elders 65 and over who are not familiar with computers. It provides simplified Internet access and on-screen basic training for elders for FREE! We have a computer set-up for this program in the dining room where you can learn at your own pace.

A few benefits it offers:

- Simplified email, with a free email account
- Internet searching in 36 languages
- Intergenerational section
- Easy links to other websites (Medicare, Social Security, Veterans information and newspapers from around the world).

Senior Friendship Club member, Frances Bigari has offered to help anyone who like to familiarize themselves with this program. Please call her at (262) 377-6428 for an appointment.

Book Club

Enjoy a good book? Ann Vaughan leads a group which meets on **the first Monday of the month at 1:00 p.m.**

Free activity. Pick up books or CD's at the Grafton Public Library. This group took the summer off and will reconvene on October 3 with the book **The Cold Moon** by Jeffery Deaver.

Senior Scrapbook

Help preserve some great memories at our Senior Center! We have photos and newspaper articles we would like to display in our scrapbooks. We will provide the materials. No experience necessary. The group meets on Mondays from 1:00-3:00 p.m. Come when you can. **Free activity.**

Computer Classes Offered

Small classes of 5-8 people with hands-on training. Specific class subjects will be taught by **Sherry** through **Wisdom Technologies** on Friday mornings. Choices: Computer Basics 101 and 201; Internet; Microsoft Word 2010 Parts 1 and 2; Email; Digital Cameras and Facebook. Agendas based on the needs of each class. You must pre-register for these classes. Call 375-5311. Fee \$38. Students are welcome to bring their own laptops to class, or one will be provided for class use.

Computer Basics 201, 9:30-10:30 a.m., Fridays: September 9, 16, 23 and 30. Fee: \$38.00.

After mastering the basics, students will learn how to create shortcuts on the desktop, how to use the Recycle Bin and navigate the Control Panel, personalize the desktop to include wallpaper, screen savers, and the mouse pointer, create, name and organize folders, and navigate the printer dialog box. Knowledge of understanding computer basics is required for this class.

Beginner Facebook, 10:45-11:45 a.m., Fridays: September 9, 16, 23 and 30. Fee: \$38.00.

Keep in touch with family and friends through this social networking application. This class will cover the basics to include creating a Facebook account, understanding privacy settings, how to "friend" people, how to type and respond to messages, how to use Facebook's Inbox for sending and receiving messages, navigate Facebook's photo album, and accessing games. Knowledge of understanding computer basics and Internet is required for this class.

Internet Basics, 9:30-10:30 a.m., Fridays: October 14, 21, 28 and November 4. Fee: \$38.00.

The Internet is a vast resource that the student will learn to explore. Learn the basics of searching and saving favorites. Students will learn how to shop, pay bills, play games, and explore areas of interest. Internet security will also be covered.

E-Mailing, 10:45-11:45 a.m., Fridays: October 14, 21, 28 and November 4. Fee: \$38.00.

Students will learn how to create, send, reply, forward and receive emails, and send attachments. Basic computer knowledge is needed for this class.

Parties

Halloween Costume Party

Wednesday, October 26, 3:00 p.m.

Menu: Lasagna, Bread, Salad, Assorted Pies, Apple Cider and Coffee. Costume contest, door prizes and entertainment. Bob Ropiak will sing songs and play the mandolin, banjo and the guitar. Advance tickets are required. Fee: \$8.00.

Christmas Party

SAVE THE DATE! Wednesday, December 7, 3:00 p.m.

Catered dinner, musical entertainment, door prizes.

Membership Pizza Party

SAVE THE DATE! Thursday, January 12, 2012.

Senior Friendship Club meeting, pizza, soda and ice cream as well as a Travel Show!

Delta Kappa Gamma Book Discussions

1:00 p.m. here on the first Thursday of the month. Delta Kappa Gamma received a grant to purchase large print books, audio books and CD players in order to lead book discussions with groups of seniors residing in Ozaukee County. Next meeting is September 1. The book they are discussing is **The Glass Castle** by Jeanette Walls. October 6th they will discuss **Fried Green Tomatoes** by Fannie Flagg. Sign up in the office. FREE!

Membership Swipe Cards

Membership swipe cards are now being used to "sign-in" each day at the center to track attendance.

Thank you Ozaukee Radio Club!

A great big thank you to the Ozaukee Radio Club for generously donating two wall fans for our fitness room. These men have also donated many hours working on our 1955 Wurlitzer juke box and donated some records too. Thank you!

